



The Plantation

S O M E R S E T

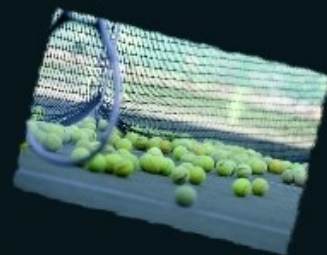
March

2019



TENNIS

Newsletter



BLACKWOOD TENNIS
AT SOMERSET

SOMERSET
at The Plantation



COURT RESERVATION POLICY

- All courts must be reserved.
- All morning reservations are limited to 1.5 hr. time slots, starting at 8:00am through 12:30pm. All afternoon reservations are up to 2 hr. time slots.
- Extended play is permitted, after your expired time, if no reservations are in place for that court.
 - Reservations can be made 7 days in advance.

TENNIS & PICKLEBALL RATES	½ hour	1 hour
Private Lesson Rate		
Somerset Plantation Resident	\$35	\$60
Clinic Rate		
Somerset Plantation Resident	-	\$20

CLINIC LENGTH 1 player - ½ hour ♦ 2-6 players - 1 hour

Reservations are required - 6 player maximum per clinic

CLINICS ARE SUBJECT TO CANCELLATION WHEN NO RESERVATIONS ARE PRESENT.

SERVICE Racquet Re-Stringing - \$15+

†Labor only, contact the pro shop for string types and charges.

BALL MACHINE

The Ball Machine is to be reserved by appointment at least 24 hours in advance. Ball machine reservations are made Monday through Friday 12:00 pm – 4:00 pm by emailing somerset@blackwoodtennis.com

RESERVATIONS

Court reservations are handled by Reservemycourt.com (log into HOA website for more directions)

All lessons, clinics, round robin, mixers, and ball machine reservations can be made by emailing somerset@blackwoodtennis.com with your request.

Racquet Stringing

Make sure you string your racquet as many times a year that you play in a week, so if you play 5 times a week = 5 times a year. Stringing your racquet at higher tensions will give you more control, but also you will experience more



shock on your arm from a tighter string bed. Lower tensions will give you more power and you will experience less shock on your arm, especially when combined with a thinner gauge string. The higher the string gauge number is, the thinner the string. Our most popular string, Wilson NXT (16 or 17 gauge), happen to also be one of the best for over-all arm comfort. Another option is to have your racquet strung hybrid with 2 different kinds of strings (gauge, construction, tension) in the mains/crosses. Most touring professionals do this every match depending on their opponent or what surface they're playing on that day.

If you have any questions about your racquet or stringing, please feel to reach out to Andy Deluna: andrew@blackwoodtennis.com

Andy will be on site 1 day a week beginning in February to string. If you need a racquet re-strung now please email somerset@blackwoodtennis.com and we will schedule to pick up, string and deliver your racquet back to you. Most racquets can be done within two days (includes delivery time).



SOMERSET
at The Plantation

TENNIS
**PAST &
present**
MIXER

SATURDAY,
MARCH 9th
11:00am-noon

Those assigned to a "past" court will be provided a wooden racquet and those on the "present" court, will use their own racquet.

Somerset Resident: \$20/Clinic (*Guests are an additional \$5*)

Reservations are required for all clinics.
Email somerset@blackwoodtennis.com
or call 239.472.3522 (Mon - Fri, 9:00am-4:00pm)

BLACKWOOD  TENNIS
— AT SOMERSET —

TENNIS

Mixer



You don't
have to
have a
partner
to come.

All Levels
Welcome!

Every Tuesday

Followed by a
Social at Stevie
Tomatoes for 1/2
off Pizza

Join us!
This is a fun night

START TIME
6 p.m.

We switch on the half hour

Please RSVP to Cyndi and Ron Myers at
Myfloridahappyplacerc@gmail.com

Wednesday Night Women's Open Tennis

Every Wednesday from 6 - 8 p.m.

Meet at the courts for "girls just
want to have fun tennis"

Drop in Women's tennis is open to all levels

Tennis Tip - Understanding Errors By: Nick Blackwood



Errors... all players make them, but few understand them. Let's start by defining exactly what errors are and their differences. An error is broken down into two categories, a forced error and an unforced error. A forced error is as it sounds, out of your control. Understanding unforced errors is the fastest way to improve your game, because it is there that you have the most control over how points end.

Not all unforced errors are equal. There are good unforced errors and bad unforced errors. The difference being decided by three factors, the score, your court position, and your shot selection. If the score is in your favor, you can afford to take more risks and unforced errors made at that time can be positive if the next two rules are followed: you are in a good court position and you are attempting a shot that you can consistently execute. This is what we call playing to win and not allowing your opponent to find a rhythm and mount a comeback against you.

Bad unforced errors are the ones when you are trying a shot that you have not yet mastered and you are behind in the score. An average match consists of about 20% winners and the remaining 80% are errors! By focusing on better score management you can effectively cut down on your unforced errors and thus increasing your chance of winning more points and matches.

With all of that being said there is still no better way to cut down on your unforced errors than to improve your technical skills. Book a lesson today with anyone of our great Tennis Professionals or join a clinic for assistance with your strokes.

miami open TENNIS OUTING

The new home of the Miami Open, presented by Itau, will take place at the Hard Rock Stadium in Miami Gardens, Florida from March 18 - 31, 2019.

The top 96 men and women in the world are lining up to dethrone 2018 champions John Isner and Sloane Stephens.

The new venue will include 30 competition and practice courts, a tennis oasis with the largest video screen, expanded and upgraded entertainment spaces, retail and culinary plaza and improved Wi-Fi – there's so much to see and do!



Where: Hard Rock Stadium,
Miami Gardens

When: Thursday, March 21, 2019

Cost: \$90 per person
before December 31, 2018
\$110 per person
after January 1, 2019

Payment: At time of
reservation (limited space)

Package includes:

Stadium seating tickets as well as grounds pass. Non Stop bus ride to the Miami Open. Bus features, restroom, TV's and WIFI. Refreshments and snacks will be provided for trip to Miami.

**Please RSVP to jean@blackwoodtennis.com
if interested in reserving a seat to this
exciting international event.**

BLACKWOOD TENNIS
MANAGEMENT



The bus will depart from TBA at 7:30am and arrive to Miami Gardens at 10:30am then depart from Miami Gardens at 5:30pm and arrive TBA at 8:30pm.

SHOT OF THE WEEK

SOMERSET
at The Plantation

Wednesdays • 6:30pm - 7:30pm

FEBRUARY

FEBRUARY SCHEDULE

- 6th • Serve Mechanics
- 13th • Return of Serve
- 20th • Overhead
- 27th • Ground Stroke Slice

MARCH

MARCH SCHEDULE

- 6th • Ground Strokes Topspin
- 13th • 1st Serve (adding power & placement)
- 20th • Approach Shots
- 27th • Serve & Volley

APRIL

APRIL SCHEDULE

- 3rd • Special Edition 2 Handed Backhand
- 10th • Special Edition 1 Handed Backhand
- 17th • Drop Shot
- 24th • Offensive & Defensive Lobs

\$20/person

Guests are an additional \$5

BLACKWOOD  TENNIS
— AT SOMERSET —

To make a reservation, email
somerset@blackwoodtennis.com

2019





WEEKLY TENNIS PROGRAM SCHEDULE

Somerset Resident: \$20/Clinic
(Guests are an additional \$5)

CARDIO CLINIC

Sunday, 8:00am - 9:00am

BEGINNER CLINIC

Sunday, 9:00am - 10:00am

INTERMEDIATE CLINIC (3.0+)

Sunday, 10:00am - 11:00am

SHOT OF THE WEEK

Wednesday, 6:30pm - 7:30pm

3 & A PRO

(3 players per clinic max)

**Call to schedule
a time.**

To make a reservation or
find out more about the
program descriptions, email
somerset@blackwoodtennis.com
or call **239.472.3522**
(Monday - Friday, 9:00am-4:00pm)

**Reservations are required
for all clinics.**

Private Lessons are available 7 days a week,
mornings and evenings. Call 239.472.3522 for
available times and to schedule your lesson.

BLACKWOOD  TENNIS
— AT SOMERSET —





The Plantation
S O M E R S E T

March
2019



Pickleball Newsletter



SOMERSET
at The Plantation

WEEKLY PICKLEBALL PROGRAM SCHEDULE

2019
JANUARY -APRIL

WEEKLY DROP-IN PLAY (no charge)
Advanced & Beginners/Intermediate
Monday-Friday (rotating schedule)
8:00am-10:00am & 10:00am-Noon

*(pdf schedule available
from Somerset)*

Somerset Resident: \$20/Clinic

BEGINNERS/INTERMEDIATE
PICKLEBALL CLINIC

Monday, 5:00pm - 6:00pm

ADVANCED PICKLEBALL CLINIC

Wednesday, 5:00pm - 6:00pm

THEMED PICKLEBALL CLINIC

Saturday, Noon - 1:00pm

Proper Court shoes are required
to join all pickleball programming.

Maximum 6 players per clinic

Reservations are required for clinics.

To make a clinic reservation or find out
more about the program descriptions,
email somerset@blackwoodtennis.com
or call 239.472.3522

Monday - Friday, 9:00am-4:00pm



We offer private lessons at \$60/hour. If interested,
email somerset@blackwoodtennis.com

BLACKWOOD TENNIS
— AT SOMERSET —

Temporary Pickleball Entrance

Please note that, until further notice, the north side of the pickleball courts will be used temporarily as the entry and exit until the drainage issues are completed.



Guest Policy

- Guests are all individuals who are not residents of Somerset at The Plantation.
- A maximum of three (3) guests per residential household are allowed on Pickleball Courts.
- A resident must be on the court with guest at all times.



PICKLEBALL OPEN COURT POLICY

First Come, First Serve!

- Limit one game to 11 (when people are waiting to play)
- Players waiting to play, line paddles up in sets of 4. Rotation continues as long as people are waiting.
 - ONLY Players, Paddles, and Balls are allowed on courts.
 - Court use are for Somerset Residents and invited Guests only.
- A Somerset Resident must accompany the Guest.
- Smoking or use of tobacco products are prohibited on the tennis/pickleball courts, or surrounding spectator areas.

PICKLEBALL CLASSES & CLINICS

PICKLEBALL RATES	½ hour	1 hour
Private Lesson Rate		
Somerset Plantation Resident	\$35	\$60
Clinic Rate		
Somerset Plantation Resident	-	\$20

CLINIC LENGTH 1 player - ½ hour ♦ 2-6 players - 1 hour

Reservations are required - 6 player maximum per clinic

CLINICS ARE SUBJECT TO CANCELLATION WHEN NO RESERVATIONS ARE PRESENT.

CONTACT INFORMATION

All lessons, clinics, round robin and mixer reservations can be made by emailing somerset@blackwoodtennis.com
Monday through Friday 12:00 pm – 4:00 pm

PICKLEBALL SHOT OF THE DAY

SOMERSET
at The Plantation

Saturdays • Noon - 1:00pm

FEBRUARY

FEBRUARY SCHEDULE

- 2nd • Court Coverage
- 9th • Reading the Court and your Opponents
- 16th • 3rd Shot Drops and Drives
- 23rd • Hitting Swinging Volleys

MARCH

MARCH SCHEDULE

- 2nd • Returning Balls Hit at Feet and Body
- 9th • 1st Serve and Service Returns
- 16th • Squeezing the Middle
- 23th • 3 Types of Dinks
- 30th • Various Types of Blocking

APRIL

APRIL SCHEDULE

- 6th • Hard Drive vs Soft Touch
- 13th • Hitting Lobs and How to Cover the Lob
- 20th • How to Properly Hit an Overhead
- 27th • Learning to Use Angles Instead of Power

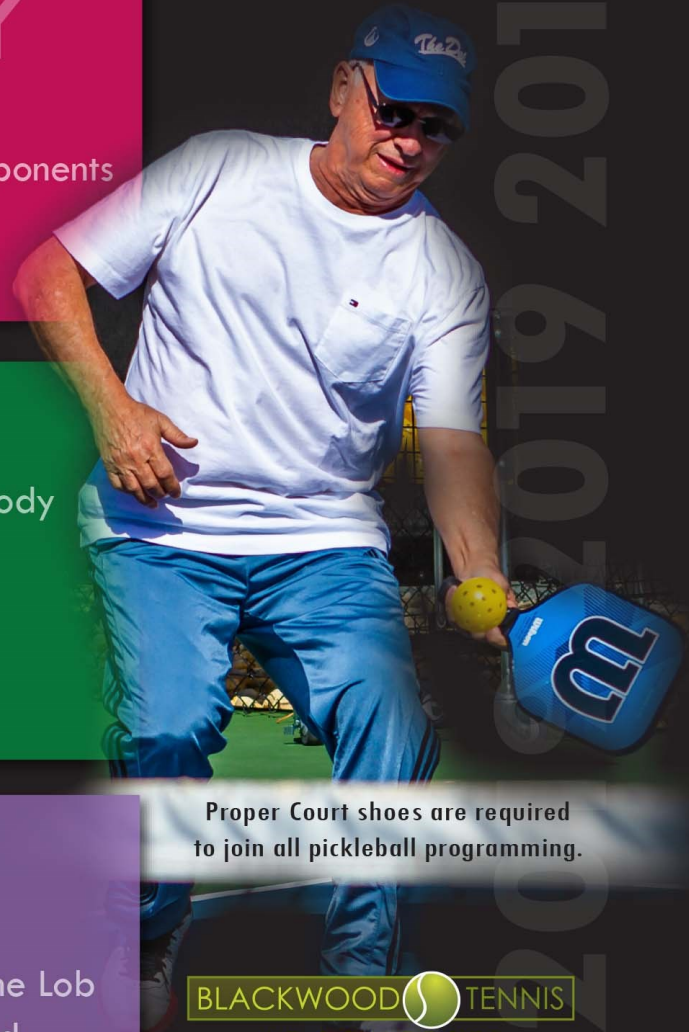
\$20/person Maximum of 6 players per clinic

Proper Court shoes are required to join all pickleball programming.

BLACKWOOD TENNIS
— AT SOMERSET —

To make a reservation or to find out more about private lesson availability, email

somerset@blackwoodtennis.com



Pickleball

March 2019



Color Coding

B/Int. -> Beginners/Intermediate
 Adv. -> Advanced

Please see ReserveMyCourt for lessons, clinics and special events not on calendar.

* Afternoons are OPEN PLAY every weekday except for clinics, lessons, and special events.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Adv. 8–10 a.m. B/Int. 10 a.m.–12 p.m.	2 OPEN PLAY Clinic 12– 1 p.m.
3 OPEN PLAY	4 B/Int. 8–10 a.m. Adv. 10 a.m.–12 p.m. B/Int. Clinic 5–6 p.m.	5 Adv. 8–10 a.m. B/Int. 10 a.m.–12 p.m.	6 B/Int. 8–10 a.m. Adv. 10 a.m.–12 p.m. Adv. Clinic 5-6 p.m.	7 Adv. 8–10 a.m. B/Int. 10 a.m.–12 p.m.	8 B/Int. 8–10 a.m. Adv. 10 a.m.–12 p.m.	9 OPEN PLAY Clinic 12– 1 p.m.
10 OPEN PLAY	11 Adv. 8–10 a.m. B/Int. 10 a.m.–12 p.m. B/Int. Clinic 5–6 p.m.	12 B/Int. 8–10 a.m. Adv. 10 a.m.–12 p.m.	13 Adv. 8–10 a.m. B/Int. 10 a.m.–12 p.m. Adv. Clinic 5-6 p.m.	14 B/Int. 8–10 a.m. Adv. 10 a.m.–12 p.m.	15 Adv. 8–10 a.m. B/Int. 10 a.m.–12 p.m.	16 OPEN PLAY Clinic 12– 1 p.m.
17 OPEN PLAY	18 B/Int. 8–10 a.m. Adv. 10 a.m.–12 p.m. B/Int. Clinic 5–6 p.m.	19 Adv. 8–10 a.m. B/Int. 10 a.m.–12 p.m.	20 B/Int. 8–10 a.m. Adv. 10 a.m.–12 p.m. Adv. Clinic 5-6 p.m.	21 Adv. 8–10 a.m. B/Int. 10 a.m.–12 p.m.	22 B/Int. 8–10 a.m. Adv. 10 a.m.–12 p.m.	23 OPEN PLAY Clinic 12– 1 p.m.
24 OPEN PLAY	25 Adv. 8–10 a.m. B/Int. 10 a.m.–12 p.m. B/Int. Clinic 5–6 p.m.	26 B/Int. 8–10 a.m. Adv. 10 a.m.–12 p.m.	27 Adv. 8–10 a.m. B/Int. 10 a.m.–12 p.m. Adv. Clinic 5-6 p.m.	28 B/Int. 8–10 a.m. Adv. 10 a.m.–12 p.m.	29 Adv. 8–10 a.m. B/Int. 10 a.m.–12 p.m.	30 OPEN PLAY Clinic 12– 1 p.m.