

## **Tennis Rules & Regulations**

The Plantation Tennis program is an amenity provided to the residents and tennis members for enjoyment,



friendly competition, a possible stress reducer and a healthy activity to enhance your overall wellbeing. While participating in our tennis program, it's important to follow the rules and regulations for everyone's safety and to ensure a fun, friendly atmosphere. Please <u>click here</u> for the Tennis Rules and Regulations.

### **Court Reservation Notice**

If you wish to play, please make a court reservation. Walk-ons can be accommodated most times, but not all the time. Please be courteous when your court time has expired so others may start on time. All prime time court requests (8-11) must be booked as follows: 8-9:30 a.m. or 9:30-11 a.m.

To reserve a court in Somerset please email the Tennis Director, Mike Brandon, at michaelplantationtennis@yahoo.com.

To reserve a court in Bridgetown please email the Tennis Director, Joel Hampton, at <u>jhampton@evergreen-lm.com</u>.

## Tennis Schedule Somerset

#### Men's Drop in Tennis Tuesdays| 9:30-11 a.m. Wednesdays| 8-9:30 a.m. Thursdays| 9:30-11 a.m. 2 Courts Reserved

Men's Drill Monday and Friday 8-9:30 a.m.

## Tennis Schedule Bridgetown

**Open play** Monday, Tuesday, Thursday and Saturday

> Shot of the Week Clinic Monday | 11 a.m.

**Men's Clinic** Wednesday | 8 - 9:30 a.m. Friday | 8 - 9:30 a.m.

Men's Drop in Wednesday| 9:30 a.m. Friday| 9:30 a.m.

## **Court Reservations**



Next day reservations will be accepted until 12 p.m. the previous day. Requests received after 12 p.m. will not be guaranteed. Please don't take the chance of missing out on a court and not being able to play!

Resident members may reserve a court up to one week in advance and will be allotted up to a 1.5 hour time slot. Please be courteous to those waiting to play at their scheduled time. Back-to-back court reservations are not permitted.

#### Reservations can be made by email only

at <u>michaelplantationtennis@yahoo.com</u> for Somerset and at <u>jhampton@evergreen-lm.com</u> for Bridgetown.

\*Please put request in message area, not subject area.

# Tennis Director Somerset

#### Michael Brandon



Mike is a certified member of the United States Professional Tennis Association (USPTA), the world's oldest and largest association of tennis teaching professionals. He has achieved, the highest rating of: Elite Professional

Michaelplantationtennis@yahoo.com 239-561-0325

## **Racquet Restringing**

Bring in your racquet to have it inspected for restringing. REMEMBER that racquets



should be restrung at least three times per year. A properly strung racquet will aid you in ball striking, and arm troubles will also benefit with new strings.

### Lessons



Let's get those tennis games up and in shape! Form your own small group and take a clinic or a private lesson to address your areas of concern. Lessons will help to improve your weaker areas and build on your strengths. Lessons will help your tennis game - that we can assure you!

Please contact Tennis Director Mike Brandon at <u>michaelplantationtennis@yahoo.com</u> for lessons at Somerset.

For lessons at Bridgetown, please contact Tennis Director Joel Hampton at <u>jhampton@evergreen-</u> <u>lm.com.</u>

Private and group lessons accessible upon request Monday through Saturday at 8 a.m.

### **Closing Words from Mike**

We are currently looking for new players for our teams this fall. Our ladies division has already added a new team that will play in the Nickel Division. Last season we had 6 Ladies Teams and 3 Men's Teams. If you are thinking about joining one of our teams as a new player please contact Mike at <u>michaelplantationtennis@yahoo.com</u>. I will give you an on court evaluation and put you in touch with one of our captains.

## Tennis Director Bridgetown

### Joel Hampton



Joel is an active member of both the USPTA and USTA. Joel has been selected for the Fort Myers Pro League for the past 9 years and the Naples Pro League for the past 4 years. In January Joel won the men's 8.5 State championship. He has also won sectionals in Men's 8.5, 9.0, Open and Mixed doubles 8.5 and 9.0

jhampton@evergreen-lm.com

# **Tennis Tip from Joel**

When playing doubles aim for inside the singles lines. This will create a margin of error and increase your consistency. This will also allow you to gain your rhythm and timing without the pressure of hitting the "perfect shot".