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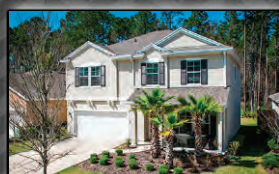
Southern Charm on St. Johns River!
100 Rivers Edge Rd. North - \$624,900



Two-Story Craftsman Style in the Enclave!
81 Hillsong Way - \$339,900



Breath-Taking & Elegant Showpiece
in Palencia! 126 Senora Ct. - \$874,000



5 Bedroom Home w/ Preserve View in
Brookwood! 81 Vestavia Ct. - \$309,900



Private Waterfront Home on Trout Creek!
8215 Hardwood Landing Rd. - \$695,000



Spectacular Lakefront Pool Home in St. Johns
Golf! 272 St. Johns Golf Dr. - \$549,900



Updated Pool Home in Ponte Vedra Beach!
24 Dolphin Blvd. - \$310,000



Immaculate Condo w/ Water View in the
King & Bear! 194 Laterra Links Cir - \$337,500



Double Preserve View + Lake View in
Del Webb PV! 405 River Run Blvd. - \$468,000

Aberdeen Home Sales Snapshot 1/1/2016 through 6/30/2016

Month Sold	Homes Sold	Average List Price	Average Sold Price	Sale to List %	Average Sq. Ft.	Sold Avg. per Sq. Ft.
January	3	\$280,700	\$272,700	.97%	2,248	\$121
February	3	\$216,600	\$208,000	.96%	1,819	\$115
March	6	\$306,000	\$295,400	.96%	2,659	\$115
April	11	\$290,500	\$284,000	.98%	2,624	\$110
May	12	\$289,700	\$286,700	.99%	2,638	\$111
June	12	\$287,900	\$282,500	.98%	2,534	\$113

* Townhomes, condos, and new construction are not included.
* All information provided from NEFAR MLS, and represents averages.
Please contact me if you would like more detail.

THE GOLD STANDARD IN REAL ESTATE



ABERDEEN

Submit Your Stories

Help contribute to your neighborhood magazine!

This newsletter is compiled for the Aberdeen communities by Aberdeen recreation and administration staff. If you'd like to offer content for publication, here's how to get started:

Stories/Photography:

Send your articles and/or high-resolution JPEGs to: amenitycenter@aberdeen.comcastbiz.net — articles must be submitted as Microsoft Word documents. All images must be submitted as attachments. Do not embed images into Word documents or into the body of an email.

September Deadlines:

Content: Monday, August 8
Advertising: Wednesday, August 10

About This Newsletter

Editor: Lauren Egleston
amenitycenter@aberdeen.comcastbiz.net

Living Program Manager: Joe DeSalvo
joe.desalvo@jacksonville.com (904) 359-4366

Advertising Sales:
wecanhelp@jacksonville.com (904) 438-3950

Delivery Inquiries: Trish Webb
trish.webb@jacksonville.com (904)359-4208

Notice of Meetings Aberdeen Community Development District

The Board of Supervisors of the **Aberdeen Community Development District** will hold their regularly scheduled public meetings for **Fiscal Year 2016** at 4:00 p.m. at the Aberdeen Amenity Center, 110 Flower of Scotland Avenue, Saint Johns, Florida 32259 on the fourth Tuesday of each month as follows or otherwise noted:
August 23, 2016 @ 6:00 p.m.

Aberdeen has a website!

If you don't already know about this great site here is how to access it. Go to www.aberdeencdd.com! This site is the most convenient way for residents to keep in touch with what is going on in the community. This site has information on:

- Calendar of Events
- Room Rental Application Forms
- CDD Budgets and Meeting Minutes
- And So Much More!



Publication Policy

The function of Aberdeen Living is to serve the entire community of Aberdeen. Priority will be given to reporting news and activities of neighborhoods, community organizations and other news and events that directly affect the residents of the community developments. Second priority will be given to articles of general interest as space permits. Articles and photos must be received by the deadline date below and may be sent to amenitycenter@aberdeen.comcastbiz.net. Due to space limitation, all articles are subject to editing.

Letters of opinion must be signed, as well as brief and in good taste. Views expressed are those of the writer and do not express the viewpoint of the publisher or Aberdeen CDD.

Aberdeen Living's acceptance of advertising does not constitute an endorsement or approval of any product or services by the publisher or Aberdeen CDD. The publisher reserves the right to refuse advertising that does not meet the standards of the publication.

The publisher of Aberdeen Living agrees to indemnify and hold harmless the Aberdeen CDD from any claims asserted against or financial liabilities incurred by them arising from commercial content of this publication or anything contained in any advertising copy, including without limitation any claims of whatever nature asserted by advertisers or potential advertisers.

Aberdeen Living is published for the residents of Aberdeen. Aberdeen Living is a product of The Florida Times-Union.

Facebook

Be sure to check us out on our Neighbors of Aberdeen St Johns Facebook page. On this site we will post event reminders, event changes, community news.

Just a reminder post as we continue to have lots of new neighbors move in and join our page! First - WELCOME to Aberdeen! Second - let's keep this friendly!

This Aberdeen neighborhood page is for sharing community information and updates for the Aberdeen community. This includes posts such as Amenity Center programs or activities, neighborhood and security issues, HOA & ARC questions/concerns, CDD meetings/updates, school/School Board updates, questions related to our neighborhood and lost pets.

For sale items and or goods/services and personal small business advertisements should **NOT** be posted here and will be removed. Please use Aberdeen Swip-Swap or Aberdeen Small Business for those types of posts. Thanks for your understanding!

Community Development District Board of Supervisors

- | | | | | | |
|--|---|--|---|--|---|
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Chairperson
rklovett@yahoo.com | Angela Andrews
Vice-chairperson
angelaandrews69@yahoo.com | Dennis Clark
Supervisor
dennclarke@gmail.com | Loyd Hogan
Supervisor
lwh5526@comcast.net | Beth Fore
Supervisor
bfore0810@yahoo.com | Jim Oliver
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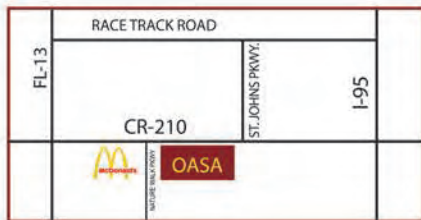


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- 📍 **Julington Creek**
- 📍 **Mandarin**
- 📍 **World Golf Village**
- 📍 **Southside**



ORTHOPAEDIC ASSOCIATES
of St. Augustine





CALENDAR OF EVENTS

AUGUST 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 Aberdeen Office Closed 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot)	2 10 AM - 12:00 PM Senior Women's Coffee Social 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot)	3 6:00 - 7:00 PM Boot Camp 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot) 7:00 - 8:00 PM ZUMBA (all levels)	4 10 - 11:30 AM SJC Book Mobile 10:30 AM - 12:30 PM Men's Social Coffee Meeting 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot)	5 10:00 AM - 2:00 PM Brinson (SH) 2:00 PM - 6:00 PM Espinosa (CP) 6:00 - 7:00 PM Boot Camp	6 Lap Pool/Social Hall — No Rentals Available 9 - 10:00 AM G.O.Y.A. (AB Lot) 2:00 PM - 6:00 PM Andujar (CP) 5 - 10:00 PM Back to School Bash
7 10:00 AM - 2:00 PM Moukhliiss (CP)	8 Aberdeen Office Closed 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot)	9 10 AM - 12:00 PM Senior Women's Coffee Social 2 - 6:00 PM SIMRELL (CP) 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot)	10 6:00 - 7:00 PM Boot Camp 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot)	11 10 - 11:00 AM SJC Book Mobile 10:30 AM - 12:30 PM Men's Social Coffee Meeting 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot)	12 6:00 - 7:00 PM Boot Camp	13 9 - 10:00 AM G.O.Y.A. (AB Parking Lot) 9:30 AM - 12:00 PM Book Sale Bartram Trail Branch Library 2-6:00 PM Rattan (CP) 5-8:00 PM Sonny's by the Pool
14 2 - 6:00 PM Higgins (SH)	15 Aberdeen Office Closed 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot)	16 10 AM - 12:00 PM Senior Women's Coffee Social 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot)	17 6:00 - 7:00 PM Boot Camp 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot) 7:00 - 8:00 PM ZUMBA (all levels)	18 10 - 11:00 AM SJC Book Mobile 10:30 AM - 12:30 PM Men's Social Coffee Meeting 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot)	19 6:00 - 7:00 PM Boot Camp	20 9 - 10:00 AM G.O.Y.A. (AB Parking Lot) 10:00 AM - 2:00 PM Cole (SH) 2-6:00 PM Cole (SH) 6:30-8:30 PM Rays Swim Banquet
21 2 - 6:00 PM Szekeres (CLP)	22 Aberdeen Office Closed 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot)	23 10 AM - 12 PM Senior Women's Coffee Social 6 - 8:00 PM Aberdeen CDD Meeting 6:00 - 7:30 PM G.O.Y.A. (AB Parking Lot)	24 6:00 - 7:00 PM Boot Camp 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot)	25 10 - 11:00 AM SJC Book Mobile 10:30 AM - 12:30 PM Men's Social Coffee Meeting 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot)	26 5:00 - 8:00 PM Food Truck Friday 6:00 - 7:00 PM Boot Camp	27 9 - 10:00 AM G.O.Y.A. (AB Parking Lot) 10:00 AM - 2:00 PM Cason (CP) 2-6:00 PM Spiere (CP) 2-6:00 PM McCormick (SH)
28 10:00 AM - 2:00 PM Tavares (CP) 2-6:00 PM Sylvester (CP)	29 Aberdeen Office Closed 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot)	30 10 AM - 12:00 PM Senior Women's Coffee Social 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot)	31 6:00 - 7:00 PM Boot Camp 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot)	1 10:30 AM - 12:30 PM Men's Social Coffee Meeting 6:30 - 7:30 PM G.O.Y.A. (AB Parking Lot)	2 6:00 - 7:00 PM Boot Camp	3 9 - 10:00 AM G.O.Y.A. (AB Parking Lot)

Reserved Codes: SH — Social Hall, CP — Cabana Playground, CLP — Cabana Lap Pool



Back to School Bash

August 6th 5-10p.m.
Food Trucks 5-8p.m.
Movie, DJ and More

Sonny's Poolside

Have you been over worked? Has the new school year already got you busy? Come enjoy a great dinner and some good company. We are having Sonny's BBQ prepare dinner for you. Dinner platters will include BBQ meats, 2 sides, a dinner roll and beverage for \$10.00 a platter. For more information or to order your meal, contact the Amenity Office.

August 13th, 2016
5-8 p.m.
Under the Main Pool Cabana



SONNY'S
BBQ LOCAL
 PITMASTERS
 SINCE **68**



BOOKS FOR EVERYONE

Here are a few fun books for all ages this summer before the kids head back to school. Open a book and open a world of excitement.

- *Vegetables in Underwear* by Jared Chapman
- *Edmund Unravels* by Andrew Kolb
- *Have You Filled a Bucket Today* by Carol McCloud
- *Diary of a Wimpy Kid Series* by Jeff Kinney
- *Harry Potter Series* by J.K. Rowling
- *The Hunger Games* by Suzanne Collins
- *The Maze Runner Series* by James Dashner



ZUMBA FITNESS

Zumba Fitness is a fusion of Latin and International music - dance themes that create a dynamic, exciting and effective fitness system! The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

Your instructor Nancy will guide you through this dance experience. Nancy has been an instructor for 8 years and loves her goal of getting people healthy and having fun.

Classes are from 7:00-8:00pm and will be every Wednesday night unless stated. Cost is \$5 per class for residents and \$6 per class for non-residents.



BOOT CAMP

Come sweat out your mid-week blues in Boot Camp at Aberdeen! It is a fun-filled hour that is suitable for many fitness and ability levels, all lead by an ACE Certified Personal Trainer.

We focus on strength and endurance, all using only our body weight. Classes are on \$6 per person! Hope to see you there!! The schedule is listed below with the regular schedule starting July 13th.

Wednesday's and Friday's

6 p.m.-7 p.m.

Aberdeen Social Hall



THE BOOKMOBILE IS COMING TO ABERDEEN!

The Bookmobile will be at the Club every Thursday from 10-11:30 a.m. Come on out and connect with your Library on the Bookmobile!

August 4, 11, 18, 25

Sign up for a library card, check out books, DVDs and CDs, pickup items on hold, learn about our many free databases, or ask for reference information at your library on wheels.

For further information call 827-6944, email libbe@sjcfl.us or visit our website at www.sjcpls.org



comcast.net or Come join us at: 151 Scotland Yard Blvd



WONDERFUL WINE WEDNESDAY

3rd Wednesday of the month

**August 17th
7:00 - 10:00p.m.
(Men and Women)**

R.S.V.P. Susan Clarke via email: hsueclarke@



SENIOR WOMEN'S COFFEE SOCIAL

Tuesday Morning at 10:00 am

Coffee will be provided and all of our Women of Aberdeen are welcome — hope to see you there!

SENIOR MEN'S COFFEE SOCIAL

Thursday Morning at 10:30 am

Coffee will be provided and all of our Senior Men of Aberdeen are welcome — hope to see you there!

See our event calendar on page 4 for exact dates.

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Membership is open to anyone who lives or works in the following Florida counties: Saint Johns, Baker, Bradford, Broward, Clay, Columbia, Duval, Flagler, Franklin, Gadsden, Hillsborough, Jackson, Jefferson, Leon, Liberty, Madison, Miami-Dade, Nassau, Orange, Palm Beach, Pinellas, Seminole, Taylor, Union, Volusia, and Wakulla.



How Balance Training Improves Athletic Performance

By Stacey Bone

Movement is essential to perform any daily activity. Your ability to move efficiently requires control of the body's postural alignment. In other words, you need strong balance to move efficiently. Without balance, typical tasks such as lifting a bag of groceries, climbing stairs, or standing and sitting would be extremely challenging to do. For endurance athletes, balance helps you run harder, bike longer, and swim stronger.

Your body reacts to minor divots in the road easily if you have strong balance. In order to improve your balance, it's important to understand the types of balance and incorporate balance exercises into your workouts.

Types of Balance

Balance is divided into two types: static balance and dynamic balance. Static balance refers to the ability to maintain the body's center of mass within its base of support. Dynamic balance refers to the ability to move outside of the body's base of support, while maintaining postural control.

Center of Gravity

A body's center of gravity, also known as COG, is a point around all of your weight that is evenly distributed. It is generally located 2

inches anterior to the spine, but varies by gender, body shape, body size and even age.

The COG in males tends to be slightly higher than in females due to typically greater quantities of upper-body musculature. Additionally, the body's COG continually shifts by changing position, moving, or adding external resistance. Pregnancy tends to change the body's COG too.

Base of Support

The base of support, also known as BOS, can be described as the two-dimensional distance between a body's points of contact with a surface. For example, when you stand tall and your feet are 12 inches apart, the BOS represents the area that the feet contact and the area between the feet. Moving the feet closer together to 6 inches apart reduces the BOS, thereby reducing balance.

You can see that if you have no balance your center of gravity is severely restricted and can cause frequent falls and injury. It's important to include balance exercises in your workouts to prevent injuries.



ADULT PICK-UP BASKETBALL

Want to have a good time and shoot some hoops with your friends? Pick-up Basketball games are going on right now at the Club

Wednesdays at 7:00 p.m. and Sundays at 8:00 a.m.
Aberdeen Basketball Court



OPEN GYM FRIDAYS!
August 12 & 26
2, 5 hours of supervised
activities and fun!




**Gymnastics
Tumbling
Tumbling Skills for Cheerleaders
Preschool Classes
Open Gym Fridays
Boys Classes
Private Classes
Birthday Parties**

Bring this add in
\$1000 off
reg. fee

**Fall Classes Start
August 8th**
Register:
July 27-28 & Aug 3-4
J Creek
At Juling During Camp
and August 8 & 11
at all locations



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JASON EVANS BAND

Despite the weather it was great night. Thank you to Jason and The Jason Evans Band for coming out to Aberdeen for a wonderful concert! Thank you to Suzanne Massey and Robert Rogers of DR Horton and DR Horton and Mike Mayland of Atlantic Coast Bank for sponsoring the night.





To my friends and Aberdeen Neighbors,

I would like to extend a heartfelt thank you for all you who attended the Jason Evans Band concert we had on Saturday night.

Neither blistering heat nor sudden Florida rain shower kept us away from enjoying some great country music, some fabulous food truck yummys, but most of all each other's friendship and company.

Thank you for allowing myself and Atlantic Coast Bank in sponsoring Jason Evans, allowing us to enjoy an evening like we did without running up the cost of our association fees.

This is what makes our community strong - and great - with each of us supporting each other. There are a lot of small business owners, and community companies which offer services, products, and pricing that are very competitive - if not better - than the larger companies. So be sure to show your support and patronage to these companies so we all can continue to give back to our community.

Yours truly,

Michael Mayland
Residential Mortgage Advisor
Atlantic Coast Bank



THE METAMORPHOSIS LIFE

Pat Wanas

Aberdeen resident

One of my favorite movies is a holiday movie, which I enjoy anytime of the year. It is Buddy the Elf. In one of the scenes of the movie, Buddy is describing the diet at the North Pole. It is sugar. Candy corn, candy canes, maple syrup. Now most of us do not eat just candy all day every day but the fact of the matter is that sugar is in just about everything and it is hidden in so many items. With words like maltodextrin, high fructose corn syrup, corn syrup, fructose, just to name a few, it is hard for the average person to know and understand the effects on the body that these chemicals have. Even worse, is the use of artificial sweeteners. Many studies continue to show the dangers of these sugar substitutes with symptoms including blood sugar increase, gastrointestinal problems, seizures, dizziness, migraines, blurred vision and obesity.

Low calorie and sometimes sweeter than table sugar, artificial sweeteners like Splenda and Equal have been appealing to those wanting to lose weight and decrease their sugar intake. Saccharin commonly known by the brand name Sweet 'n Low can trick the body into releasing insulin which can pose problems for those with diagnosed diabetes.

Common sweeteners to watch out for include sucralose, saccharin, neotame, aspartame, and acesulfame potassium. A good sugar substitute with no harmful side effects is stevia. I have found that the brand Sweet Leaf is a real good replacement for sugar, Stevia can be a bit bitter, but this one is not.

Whenever starting a new journey, it is best to start with a small step. A great step to reducing sugar and artificial sweeteners in the diet is to just start drinking water...flavored water that is. Adding essential oil into your water can help break the sugar addiction.

We ingest essential oils all of the time, often without even knowing it. Ever heard of an Altoid? There are two drops of peppermint essential oil per mint. That's the secret to what makes them "curiously strong."

Extracts purchased in your average grocery store are mixtures of essential oils and alcohol. This includes all of the most common flavors: peppermint, clove, vanilla, and cinnamon.

Many foods and beverages derive their signature scents and flavors from essential oils. For example, the complex flavor in Coca Cola, one of the most legendary secrets in the food industry, is derived from essential oils.

When it comes to the internal use of essential oils, purity is crucial. Like wines, the quality of essential oils varies greatly. Just

as there are wines filled with additives and preservatives, there are essential oils, which often contain synthetics or other additives to "extend" the oil. Unlike in wines, however, these oil additives and synthetics may not be safe for the human body to ingest. Essential oils are extremely concentrated. One drop of lavender equals one cup of lavender flowers. Thirty rose blossoms go into every drop of Rose essential oil. The math is staggering. So, as you can see, each drop of an essential oil represents so much landmass! And if you are caring for that land and your body by buying true organic oils, your body and the earth will thank you.

With this in mind, the recommended amount for internal use depends on which essential oil you're using and its quality. The best rule of thumb, however, is to **START WITH ONE DROP**. You can always add more to taste, or as needed.

Safe Guidelines for Daily Drops

1-10 drops per day: Grapefruit, Lemon, Orange 1-5 drops per day: Lavender, Peppermint, Tea Tree

1-2 drops per day: Anise, Basil, Bergamot, Cardamom, Cinnamon Bark, Cocoa in Jojoba, Cypress, Eucalyptus Radiata, Fennel, Rose Geranium, Jasmine Absolute, Jasmine in Jojoba, Lavender Reserve, Lemon Verbena, Lemongrass, Lime, Neroli, Oregano, Pine, Ravintsara, Rose Absolute, Rose in Jojoba, Rose Otto, White Rose, Rosemary Cineol, Spearmint, Thyme Linalol, Thyme Thymol, Vanilla in Jojoba, Ylang Ylang.

It is important to note that because essential oils are so concentrated that they can melt plastic and styrofoam. When using essential oils only use HDPE high density polyethylene plastic container. Or even better, use a glass or stainless steel container.

Essential oils NOT RECOMMENDED for internal use:

Angelica Root, Atlas Cedar, Black Spruce, Blue Chamomile, German Chamomile, Calendula Co2, Carrot Seed, Cinnamon leaf, Cistus, Citronella, Douglas Fir, Balsam fir, Silver, Fir, Eucalyptus Citriodora, Eucalyptus Globulus, Helichrysum, Hyssop, Inula, Lavender Absolute, May Chang, MQV, Mugwort, Patchouli, Rosemary Verbenone, Sage, Spikenard, St. John's Wort, Thuja, Tulsi, Vetiver, Vitex, Wintergreen, Yarrow.

Congratulations on taking these small steps that lead to such big changes.

Marinela M. Nemetz, D.D.S.
Board Certified Pediatric Dentist

Robert J. Nemetz, D.D.S., M.S.
Adult Dentistry • Periodontics • Prosthodontics



Marinela M. Nemetz, D.D.S.



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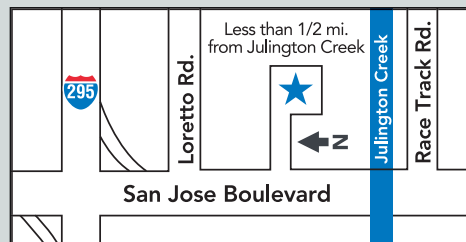


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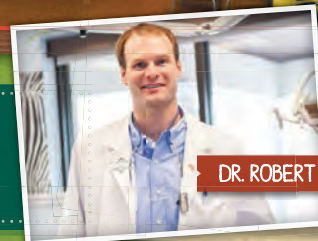


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TECH TIPS

By Brad Sarver

I/O Tech, Owner and resident of Aberdeen

Technology can be a very useful tool. As with most advances, there are also a few setbacks and dark corners to the simplicity it is supposed to offer. Hopefully in reading this, you learn a bit more about our cyber world, both online and offline.

Back to Cyber School

As school begins again shortly, our teens will be back into the daily social grind. Teens are developing socially at a faster rate in this environment partially due to technology. The ease of access for information has empowered our teens to learn, stay in touch, and unfortunately, get into trouble. While this doesn't apply to every teen, it certainly applies to more teens now than ever before. This month's entry in Tech Tips is a quick reminder to the parents of our neighborhoods.

With cellphones being allowed in school and everyone being able to communicate readily outside of school, teens are using their phones more and more. Our job as



parents is to provide a safe environment for our children, and the cyber world is not such a place. Below are a few guidelines that have been suggested by parents in the community.

Photos: With "selfies" and group photos being the thing to do, remind your teen that any photo they take and send to others no longer belongs to them. The cyber world is quick to spread "stay fierce" photos over lunch, a gaggle of friends at the pool, and sexually suggestive photos to others. Recently, very personal photos of female celebrities were hacked from "the Cloud". Nothing online is permanently safe.

Cyber Bullying: While administrators handle as much as they can at school, many teens are still being harassed outside of school hours. This can range from prank calls

with "Restricted" numbers to social media warfare. There are many stories that can be found online of teen suicides due to this.

Sexting: Teens spend time learning to form relationships with others. While dating has always been a thing, more and more teens are beginning to sext each other during and after classes. This could be from joking around, peer pressure from the other party, or an increased interest in sexual activity. Researches point out that teens who sext are more likely to engage in other sexual activities.

These are just a few of the concerns that parents face today. The app markets allow all kinds of applications that allow people to hide their histories, photos, texts etc. We as parents need to remain vigilant. Take some time to talk openly with your teen and always keep a watchful eye on their online activities, for their safety and the safety of others!

If you have any questions or concerns, please feel free to contact me.

Cell: 904-323-0947

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ABERDEEN COMMUNITY NEWS



SAFETY FIRST

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Vehicle burglaries and vehicle thefts are always an issue no matter what neighborhood you live in. A few simple steps could prevent you from losing valuable items or having someone drive away with not just your car but everything in it. These thefts/burglaries occur mostly under the cover of night but can happen anytime. The Sheriff's Office responds to these types of calls throughout the county and believe it or not, most could have been prevented by simply securing your vehicle. Lock your car! Many of our suspects for these type of crimes are young adults in their late teens/early 20's. They go "car hopping" and hit multiple vehicles on one street than move to another area. They are looking for unlocked cars, not locked ones. The thought process is why force entry into a car when there's plenty that are unlocked. Additionally, many people leave their key/key fobs in their cars. Again, why make it easy for the bad guys? Stay safe out there!

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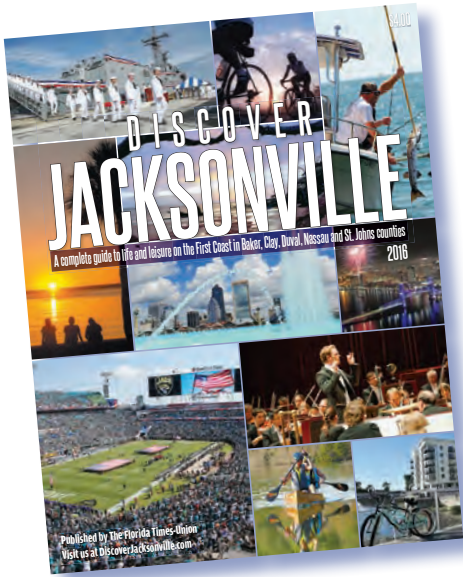
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