



American Red Cross



Lifeguard Training Class

MONDAY, JULY 18 TO FRIDAY, JULY 24

Interested in becoming a lifeguard? Eagle Harbor offers the American Red Cross Certification for Professional Rescue CPR, first aid and Lifeguarding. The Lifeguarding program trains lifeguards to act with speed and confidence in emergency situations both in and out of the water.

Topics include water rescue skills, surveillance and recognition, first aid, breathing and cardiac emergencies, CPR, AED and more. This program reflects the latest ECC science and findings from the 2011 United States Lifeguard Standards Coalition Report. Participants must be able to pass a pre-course swim evaluation and attend every scheduled session to become certified. Participants must be at least 15 years of age by the first of class.

\$210

RESIDENTS

\$245

NON-RESIDENTS

*Obtaining your certification does not guarantee or secure a position with Eagle Harbor Aquatics, but considerations will be taken to those students who are 16 years of age and over and demonstrate strong skills.

Professionally Managed By

HamptonGolf
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For More Information and Class Schedule Call Waterfront Park: **(904) 621-8362**