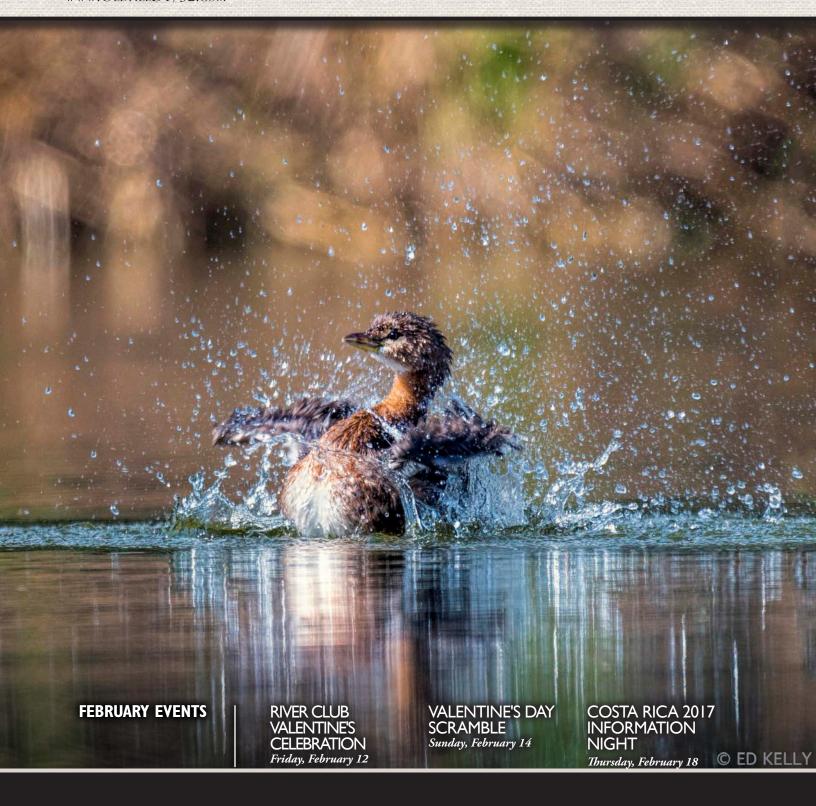


OLDFIELD NEWSLETTER

FEBRUARY 2016 | VOL 16 | NO 2 WWW.OLDFIELD1732.com





A NOTE FROM THE GENERAL **MANAGER**

Jamie Selby

February 1, 2016

Dear Oldfield Club Members:

As we reach the month of February, it is great to see so many members out and about keeping up their New Year's resolutions. No matter the weather, I have seen walkers, runners, and those just catching a breath of fresh air consistently throughout the community.

On behalf of the entire staff, I would like to take the time to thank each of you for your recent generosity. With Valentine's Day approaching we tend to classify love with the way we feel towards our significant other, but the support that each of you have shown takes the word love to a whole new level. As always, you gave generously towards the Employee Christmas fund, and even more recently towards funeral costs for our very own long time employee, Jeff. I have to believe that this type of support is unique to our community and should not be overlooked.

I hope that you are settling in from recent travels, family visits, and holiday fun and are able to kick back and enjoy many of the current opportunities the club has put together for you. Fishing, gardening, cooking, dining events of all kinds and golf programming for any member...you name it, we have it. Get out and enjoy the community you call home.

See you at the Club!

Sincerely,

Jamie Selby General Manager, Oldfield Club

Employee of the Month

Congratulations to the following employee who was chosen for displaying exemplary service and going above and beyond in assisting Members and his fellow co-workers: January: Jeremy Webb

- Outfitters

WIELCOMIE TO OLDFIELD

Forrest and Tonya Dyar - Congratulations on your new home - 6 Carrier Bluff

REAL ESTATE UPDATE

As you know, Gateway Realty has merged with Charter One Realty. This merger enables us to reach even more buyers with the combined resources of both Gateway and Charter One. Your front gate team remains unchanged with the same high level of service and results we have produced over the years.

As of 1/15/2016 there have been three lot sales and three home sales in the first fifteen days of 2016. Charter One Realty is proud to have represented either the buyer, seller, or both in 100% of the home transactions, and two of the three lot sales.

The turnover of the OCA to the home owners, and soon thereafter the club, is a big positive in helping us sell Oldfield as a "one of a kind" community. We continue to interact with Jamie Selby and his outstanding staff as they are an extremely important asset to helping us sell the community.

The walk in, call in, and internet activity we have seen so far this year is up from last year this time. We are honored to continue to serve you at the front gate and look forward to seeing you around the Greeter's Store and throughout the community. Please feel free to call or drop by with any questions you might have and let us know how we may assist you.

Sincerely - Matthew, Derek, Michelle and Bob -Your Gateway Realty Team

Phone: 843-645-2530 Toll free: 866-653-3435 Fax: 843-465-2531



GREETER'S STORE

We have Oldfield Tervis in Stock! Stop down to purchase your very own Oldfield Tervis to show off your community. Available sizes to start are water bottles, 16oz tumblers, and 24oz cups.

RESERVING OLDFIELD LOCATIONS FOR PRIVATE

If you would like to reserve any one of our venues, whether it be our Historic River Club, the Golf Clubhouse, Outfitters Center, or anyone one of our Pavilions for your special event, please contact Danielle Tosky, Private Events Director, at 843.645.4622 or email her at dtosky@oldfieldsc.com.

F&B RESERVATIONS

To RSVP to any one of our F&B events please click on this event on the calendar at Members. Oldfield1732.com or contact Debra Roller at droller@oldfieldsc.com or (843) 645-4600.

F SDOTI IGHT- NEW YEARS CELEBRATION



Food & Beverage



A NOTE FROM THE **F&B DIRECTOR**

Charlie Nolette What's the best wine for Valentine's Day?

Whichever one she likes best!

The end!

No, no there is more to it than that. I think that there are really two different types of wines that should be considered on this ever important occasion. The first one sets the tone for the second and I think both could be reflections of personality and style.

The first wine in my opinion is what you choose to enjoy BEFORE you have any sort of meal or serious food. Guys, this is the perfect place for your lady's favorite wine with one exception. If she loves really big and bold cabernets or malbecs, if you lead with something like this anything that follows will fall flat, and nobody wants to fall flat early on in the evening. I might suggest something softer that creates a little intrigue. If you want to start off with something that is white I would stay away from anything California chardonnay and New Zealand Sauvignon blanc, both have pretty pronounced flavor profiles. I think going back to the classics is the way to go. French whites such as a Sancerre or a white burgundy (chardonnay) that have a more balanced and subtle approach to oak influence, have a complexity of flavors that lend themselves to contemplation. On the red side I really like a Barbera d'Asti, these have good structure and mouth feel but are not overpowering. Depending on the level of quality you may find a very easy drinking bottle or one that can be talked about during a cocktail period or starter courses.

After a glass (or more) of a smooth, contemplative, almost romantic glass of vino dinner is hopefully on or near the table. This second wine is where you get to show of your skills, your wine pairing skills! There are basically two approaches to pairing food and wine, either they are similar and somewhat congruent or they are contrasting. Neither one is better than the other per se, so you may want to consider a couple different options. I couldn't possibly tell you my first pick here without knowing what your menu looks like, so I will give you some general guidelines that I use when making pairings and creating menus.

- Pair regional cuisines with regional wines
- Consider the weight of the dish with the weight of the wine, heavier wines with heavier dishes
- Spicy foods will make tannic wines seem even more tannic, so pair accordingly
- Don't be stuck in the trap of white wines with white meat and red wines with red meat
- Consider the whole dish
- To contrast fat pair against tannic wines (stands up to fats) or high acidity (cuts through fats)

Hopefully you can use this information along with knowing your date, you can select a great second wine that can highlight the meal as well as be enjoyed for the great wine you chose. So to recap, choose a wine to start off with that is easier to drink and reflects you in some way, go with a varietal you know perhaps from old world. Follow that up with a great wine paired appropriately with your dinner and set the stage for some after dinner drinks or subsequent glasses, and a great evening out with your Valentine!

Sincerely,

Charlie Nolette

Charlie Nolette Food & Beverage Director cnolette@oldfieldsc.com (843) 645-4608

"THURSDAYS AT THE GRILL"

Thursdays | 5:30-8 p.m. | Ala Carte Pricing, \$1 Childrens Menu

Reservations recommended

\$1 drink specials and a wide selection of pub style favorites including: burgers, salads, pasta, fresh fish, steak and comfort food. Healthy and non-gluten selections are available. All children's menu items are only \$1!

RIVER CLUB DINNER

Every Friday | 5:30-8 p.m. by reservation A la carte pricing, \$1 children's menu

Special Valentine's Menu on February 12!!

Advanced reservations assist us in serving you better! Menu subject to change based on freshness and availability. Please make us aware in advance of any preferences, dietary restrictions or food allergies

CASUAL TUESDAYS AT **MAGNOLIA GRILL**

Every Tuesday from 6-7:30 p.m. Adults: \$15.95 | Children 12 & Under: \$5.95 A different dinner special will be offered each week:

February 2nd: Taco Night

February 9th: Bananas Foster/Cherries Jubilee

February 16th: Southern Night

February 23rd: Souptacular!

March 1st: Crab Cakes

March 8th: Seafood Night

Please RSVP by clicking on Casual Tuesday on the online Calendar at Members. Oldfield 1732.com or to Deb at droller@oldfieldsc.com or (843) 645-4600.

RIVER CLUB Walentine's Celebration

Friday, February 12 | 5:30-8 p.m. reservations recommended / limited seating

Lobster available by pre-order only (Tuesday February 9th)

FIRST COURSE

Poached Pear Salad with Chevre Mousse with Poblano & Hazelnut Dressing

ENTRÉE COURSE:

2 Pound Whole Coldwater Lobster (pre-order only) Filet Mignon 'Rossini' finished with Foie Gras and Black Truffle Compound Butter

Seared Jumbo Sear Scallops with Grapefruit and Fennel Catch of the Day

Wine-Braised Veal Osso Bucco

DESSERT TRIO FOR TWO

Chocolate Dipped Strawberry with Gran Marnier Syrup Frozen Chocolate & Nutella Mousse Chambord and Cherry Truffle



CLUBS & MEMBER-RUN EVENTS

Fishing & Outdoor Club Thursday, February 11 | River Club | 6:00 PM

SUSTAINABLE AQUACULTURE IN THE **LOWCOUNTRY**

Our guest speaker will be Andrew Carmines who is the Owner of Hudson's Seafood House and Shell Ring Oyster Company. In 2014 Andrew set out to create a local sustainable alternative to our much loved but heavily harvested wild oysters. In 2015 Shell Ring Oyster Company was born and is now growing and harvesting over 70,000 oysters a year. Andrew will discuss the environmental benefits of this activity and his plans to expand and perfect this locally grown resource.

DINNER MENU:

Tossed Green Salad

Collard Greens

Mashed Potatoes

Meatloaf with Mushroom Gravy

Fried catfish with tartar sauce

Banana Pudding

Fishing Club Member Cost: \$15.00++

As always, there will be a member bar.

Please look for an upcoming member EVITE for further information.

If you are not a member of the Fishing and Outdoor Club and would like to join, please contact Steve Doyle at smdoyle997@gmail.com for more information.

WOMEN'S CLUB

Save the Date Every Second Wednesday of the Month Women's Club Dinner

Wednesday, February 10 | 6p.m. Social - 7 p.m. Dinner | River Club

MEN'S CLUB

Wednesday, February 24 | Cocktails 6 p.m. - Dinner 6:30 p.m. | River Club

On Wednesday February 24 the Men's Club will have its monthly meeting. As usual there will be a great dinner for all the members to enjoy and following that we'll be in for a special treat. We will be entertained by Tidal Force, a fantastic barbershop quartet headed by Men's Club member John Devlin. They have been performing throughout the Low Country for the last five years. There will be more details forthcoming in the monthly invitation being sent out to all the members. This promises to be a wonderful event at the River Club.

If you are not a member but would like to attend this month's meeting just contact Bob Champigny at bchampigny@lamcotec.com or 1-843-415-2695 and you'll be all set to come and enjoy what is always a wonderful evening here at Oldfield.

OLDFIELD BOOK CLUB

Thursday, February 25 | Social: 5:30 p.m. | Discussion: 6 p.m. | River Club | Dinner to follow at the Magnolia

This month's book: Secret Sky by Ati Abawi Join us for our next Book Club meeting! We meet monthly to discuss a book chosen by our Members. If you have any questions or wish to be added to the Book Club list, please contact Cindi Cannizzaro at 645-2506 or cannizz@ hargray.com. You may RSVP online by clicking this event on the calendar at Members. Oldfield 1732.com.

TRIVIA AT THE GRILL!

Thursday, February 18 | 7 p.m. | Magnolia Grill Join us for Trivia NOW on the 3rd Thursday of the Month to coincide with Thursday at the Grill!! \$5 per person to play, or free if you eat at the grill beforehand or during trivia. Prizes will be given out each night, with a grand prize winner determined at the end of the year!

You can RSVP for this event on the calendar by visiting Members. Oldfield1732.com.

HAND AND FOOT

Thursday, February 4 | 7:30 p.m. | Azalea & Osprey rooms at the Clubhouse.

We play Hand & Foot (a fun card game similar to Canasta) on the 1st Thursday of each month. The game usually lasts about 2 hours and prizes are awarded to the top 2 or 3 scorers. Since we need the number of players to be a multiple of 4, please sign up by Wednesday if you plan to play so we can plan accordingly.

If you have never played before and are interested contact Cindi Cannizzaro at 645-2506 or cannizz@ hargray.com to set up a time to learn the game.

3RD SATURDAY PARTY

7 p.m. | Third Saturday of each month Location will be emailed once we know how many houses we will need

Please RSVP by the Thursday before

Come meet your new neighbors! Bring something to eat, a bottle of wine and your own wine glass. If you have any questions, would like to be added to the email reminder, would like to host a party or need to RSVP please contact Cindi Cannizzaro at (843) 645-2506 or email cannizz@hargray.com.

Lifestyle Activities

We would like to congratulate Jenny Phelan on her new endeavor.

Jenny has returned back to the classroom as a Full-time English teacher in Bluffton.

We wish her all the best.

Lifestyle programs will continue and we hope you will mark your calendar for the following;

Members Market Friday March 11- 4-5:30 **Greeters Store**

Do you have a great recipe for Grandmas Oatmeal cookies? Are you a Artisan baker, candle maker, basket weaver? If so this is your change to sell your wares.

Join us at the Members Market where you can set up your booth and share your talents. Kids can join in too. There will be a Kids cooking class and the little ones are welcome too to sell lemonade, cookies or handmade crafts. Please

e-mail us at rward@oldfieldsc.com to reserve a spot. No set-up cost. So get out your stock pot or sewing machine and sell your talents to the community.

Ladies Lunch and Learn- Wednesday March 30th 12:00

Powder Puff mechanics.

Do you know how to jump your car? Which end of the charger goes where? Check your washer fluid, add oil to your engine? How about changing a tire?

Well we'll cover it all. This is Powder Puff Mechanics and we are learning the basics and then some. But the afternoon doesn't stop there because we are learning how to build the perfect fire for our grill. Chef will teach us how to stack the coals correctly, how to use indirect heat for roasting and we'll enjoy a delicious grilled lunch. RSVP to rward@oldfieldsc.com



PLEASE NOTE: The Lagoon Pool is open Tuesday through Sunday 10 a.m. - 10 p.m. The Slide and Cabana service is closed for the

GUPPY ACADEMY

Tuesdays & Thursdays in February | 9 a.m.-12 p.m. Age 2-4y | \$20/Child | 8 child max. Guppy Academy is a bi-weekly pre-schoollike program for toddlers, providing fun learning activities, crafts, lunch and so much more! Held on Tuesdays and Thursdays, children learn the alphabet, numbers, colors, shapes and social skills through a "Montessori Inspired" curriculum. In this nurturing environment each child is encouraged to explore, learn and grow through imagination, creativity, discovery and play! Registration for this program happens monthly and fills up quickly! Please register online each month to guarantee your spot! Lunch is included;

parents provide diapers, wipes, snacks, and an extra change of clothes. There is a maximum of 8 children to participate. Please remember to RSVP no later than 48 hours in advance online at members.oldfield1732.com. Cancellations not made at least 24 hours in advance will still be charged to your account.

CHINESE NEW YEAR

(KIDS COOKING CLASS)

Friday, February 5 | 5-6 p.m. | Ages 6+ Clubhouse | \$12 /child

Our favorite cooking class of the year is back! Come celebrate Chinese New Year with us and learn how to cook a Chinese dish with Chef Jason!! We will learn the history of the holiday, and make a craft. The class will conclude with a sit down dinner where we will get to eat what we made!!! So come hungry for knowledge and food!!! There is a minimum of 5 and a maximum of 12 kids to participate in this monthly event. Member-Guests are welcome at \$15/child. A minimal fee is charged for cooking tools and ingredients please RSVP no later than 5pm Tuesday February 2, online atmembers.oldfield1732.com.

FOR MINI CHEFS BIG GAME SNACK

Saturday February 6 | 11:30 a.m. -12:30 p.m.| Age 4-6 | Sports Club | \$10

It's the day before the big game and everyone is getting ready. This means getting out your team jersey, tidying up the house, and of course



preparing some amazing super bowl snacks. This year let the Sports Club help you with that! Send your Mini Chefs to us, they can dress in their favorite team's jersey or colors and we will show them how to craft some scrumptious snacks just right for the occasion! There is a minimum of 4 and a maximum of 12 kids to participate in this monthly event. A minimal fee is charged for cooking tools and ingredients. We ask that you provide one Tupperware container for takeaways! Please RSVP no later than 5pm Wednesday February 3, online at members.oldfield1732.com.

VALENTINES MANI-PEDIS!

Wednesday, February 10 | 4:30 - 6 p.m. | Ages 5+ | Sports Club | \$5/child

Get ready for Valentine's Day with the perfect manicure or pedicure! Send down your daughter for a day of beauty in our pretend spa at the Sports Club. Her Spa day will begin with tea, sandwiches and sweets, followed by having her nails or toes painted and end with a chance to make a one of a kind V-Day craft!

There is a minimum of 4 and maximum of 10 to participate. Please RSVP no later than Wednesday February 3 online at members.oldfield1732.com. ***See Outfitter's Activities for an equally

exciting event for boys occurring at the same time!!

PARENTS NIGHT OUT

Friday, February 19 | 5:30 - 8:30 p.m. Age 2y-12y | Child Care at Sports Club | Dinner at River Club | \$10/child \$8/siblings

It's that time again, get ready for a date night or night with friends at the club!! The children will have their dinner and a movie at the Sports Club in the main lobby while parents enjoy their dinner at the Oldfield River Club! With themed activities and games it will be a night they will talk about for awhile! The only items children need to bring are diapers, wipes, sippy cups, and a change of clothes if necessary! RSVPs for both events will be taken simultaneously by Deb Roller! There is a minimum of 5 and a maximum of 10 childrento participate in this event. Member guests are welcome for an additional \$2 and does not include "additional sibling" rate. To RSVP please contact Deb Roller at droller@oldfieldsc.com. Please RSVP no later than Wednesday February

FAMILY BOCCE TOURNAMENT

Sunday, February 21 | 3 – 4 p.m. | All Ages | Sports Club Gather your family and let's play Bocce! We are turning the tennis courts into Bocce courts for the hour so you can play with your family, friends and neighbors! Come on down and play!

There is a minimum of 5 participants to make this event! Please RSVP online no later than Wednesday February 17 by 5pm so that we know if this event is a go!

Rotar Root Party

Friday, February 26 | 5 - 7:30 p.m. | Ages 7+ | \$12/child It's a pool party like you've never experienced before. We know it's February but polar bears never get cold and neither will you in our heated lap pool. Come have a pool party with us, play a few games, watch a "dive-in" movie, and enjoy some winter snacks!! We know it's a little crazy but everything that's fun is!! Big Kids only for this one of a kind party! Feel free to bring a friend! Please be sure to RSVP no later than Friday February 12th at 5pm online at members. oldfield1732.com. There is a minimum of 5 and a maximum of 10 to participate. An additional \$5 will be charged for guests that RSVP after February 12 due to rush delivery on supplies. Contact Theanette for more information at tholmes@ hamptongolfclubs.com or by phone at 645-4610. Member-Guests are welcome at \$15/guest.

SAVETHE DATE!

EASTER EGG HUNT

Saturday, March 26 | Time TBD

FITNESS

TIP FROM THE TRAINER



Mona Ward, A.F.P.A. Certified

Making the most of your time in the gym.

Find the right time; there isn't a magical time of day

that will get you better or faster results but there is a time that is right for YOU. You just have to find it. That might mean when you feel the most awake, when you are able to grab 30 minutes of "me" time or the only time that is available.

There isn't any evidence that points to more calories burned during a certain time period or that you exercise more efficiently at certain times of day. But if it's possible, try to find a time that works and stick with it. Consistency makes a habit and you'll be more likely to stick with the routine.

Find the equipment that works for you. Maybe you like classes or perhaps you're a solo morning runner. Whatever is your "drug" embrace it. You can't get too much of a good thing. Just get creative with different approaches. For instance, if you are a runner, try intervals or the trails. Like bands, bars and balls; look for different routines that use them. Try a Ball Pilates workout or just get into 30 minutes using all the equipment for upper and lower body resistance.

Stuck in a rut? Shake things up with a 30 minute All Body workout. Put together a list of 30 exercises using the Tabata method for a full body and cardio rush. You could even utilize your everyday routine. Lunge down your hallway, walk up the steps, wax on and off the furniture!

Buy a piece of equipment that excites you. It doesn't have to be a rower or a treadmill; it could be as simple as a kettlebell. When you "own" something, it will become an extension of your routine, your habit or go to. Invest in the smaller things like a mat or a Yoga tape. Besides, it's pretty hard to hang your clothes on a mat!

So make the most out of your time, your equipment and your workout. Invest in a little "me time" and carve out a routine that works for YOU and it really will WORK for you

See you in or out of the gym.

FITNESS CLASSES

TABATA - Tuesdays 8:30 a.m.

This is a high Intensity Interval Training (HIIT) using the 20-10 Microburst Training. We will use intervals consisting of 20 seconds performing specifically chosen exercises at an ultra-high intensity for 20 seconds, followed by 10 seconds of rest. A true Tabata workout is founded on quality, not quantity. In other words, the effect of a workout should not be based on the amount of time devoted to exercising, but rather what the exercise does for your body after the workout is over and the 10 second rest allows for brief recovery before moving on to the next exercise interval. Experience short intervals based on Tabata Bootcamp's training that delivers a calorie drenching workout and post metabolic boost.

YOGA FOR GOLFERS – Mondays at 11:15 a.m. Learn how to improve your golf game and overall fitness with yoga. This class will help you increase your distance and accuracy from the tee by improving your flexibility and strength. You will learn pre-round sequencing for at home and on the course, mid-round sequencing to keep your swing fluid and post-round sequencing.

RESTORATIVE YOGA - Mondays 9:30a.m. & Fridays at 10 a.m

Classes are approximately 90 minutes and use the ANUSARA Principles of Yoga: Blending muscular and organic energy for alignment of mind and body and connecting strength, balance and flexibility while allowing the release of muscular tensions. Please note: there is a fee for this specialized class. To register contact Janet Lent @ 645-9030 or jmblent@aol.com.

BOOTYBARRE* - Tuesdays at 9 a.m.

Bootybarre® is a fun, energetic, workout that fuses techniques from Dance, Pilates, and Yoga that will tone, define and chisel the whole body. Bootybarre is the perfect combination of strength and flexibility with an added cardiovascular element utilizing the barre. We focus on proper biomechanics for a safe and well structured class that can be modified for any fitness level.

YOGA - Tuesdays, Wednesdays & Thursdays at 5:30p.m Fine tune your body and mind at the same time while stretching your way to improved health. You couldn't do anything better for yourself.

ICT (INTERVAL CIRCUIT TRAINING) -

Tuesdays & Thursdays at 10:30a.m

This class takes you into the BIG gym. Grab a circuit program guide and watch for the light to turn green. Each exercise lasts four minutes so push yourself to max-out. When the light turns red, stop and hit the next exercise on your list. Cardio conditioning is included in this 12-exercise program.

BODYWORKS - Wednesdays 8:30a.m & Saturdays 9a.m. Improve muscle tone, posture, balance and strength with this workout. The 12 timed stations provide functional training that works both sides of the body as well as your core strength.

PIYO - Thursdays at 8:30 a.m.

This is a perfect blend of Pilates, Yoga, sport stretch and toning movements all in one hybrid class. The mind/body format moves fit perfectly together to form a fun, challenging class. If you like Pilates, Yoga or even stretch and strength moves, this is your class.

NEW CLASS!

FREESTYLE STRETCH – Thursdays at 10 a.m.

Grab a mat, foam roller, strap or band for this self-led, informal stretch. Take this time to stretch your tight muscles, work out a kink or just loosen up any areas that need attention. The room is quite, and full of all the equipment you'll need.

YOGA EXPLORATION (Co-Ed) - Wednesdays at 10a.m. Applying the time honored traditions of yoga focusing on muscular and joint pain relief while strengthening core, body and spirit. No experience required.

BLT - Fridays at 9 a.m.

No not Bacon lettuce and tomato, it's Butts, legs and thighs! We're toning and strengthening them using body bars, resistance balls and bands. All levels welcome and plenty of modification for everyone.

ALL ARM ASSAULT - Fridays at 9:30a.m.

Here's your shot at getting the arms you've always wanted. Say goodbye to the "wave" and hello to shapely, toned arms. Class is 20 minutes and uses light weights, bands and your body weight.

NEW CLASS! DANCERCIZE - Fridays 11:30 p.m. Our Adult Dancercise class is a combination of exercise and dance moves. Modern & Contemporary dancing is combined with exercises that are designed to get you fit, and have fun. Come along and release the dancer in you. Move and flow with the rhythm of the music, and go home with a smile in your heart, feeling fitter, refreshed, reenergized and deliciously stretched!

Every Friday from 2 pm- Mona will be in the gym as your personal trainer. Sign up for a complementary fifteen minute session. Tweak a routine, learn a new exercise or get some Mona-vation

New to Oldfield? Call the Sports Club at 843-645-4610 or email Mona at rward@oldfieldsc.com to book your complimentary orientation to the facility.

Need special assistance with your workout?

Book a Personal Training session.

Fitness and physical assessment, one on one review and personal workouts start at 45.00.

. Packages, group sessions and special equipment (TRX, Pilates reformer) workouts available at special pricing. See Mona or call 843-645-4611 to book a free consultation or Personal training session.

FIREPLACE AND HOME FIRE SAFETY

Tim Helm, Director of Security

More than one-third of Americans use fireplaces, wood stoves and other fuel-fired appliances as primary heat sources in their homes. And with these fluctuating temperatures we've been experiencing lately, it's never too late to take a look at your home fireplace and/or wood burning stove. Unfortunately, many people are unaware of the fire risks when heating with wood and solid fuels.

Heating fires account for 36% of residential home fires in rural areas every year. Often these fires are due to creosote buildup in chimneys and stovepipes. All home heating systems require regular maintenance to function safely and efficiently.

The U.S. Fire Administration (USFA) encourages you to practice the following fire safety steps to keep those home fires safely burning. Remember, fire safety is your personal responsibility ... Fire Stops With You! Keep Fireplaces and Wood Stoves Clean

- · Have your chimney or wood stove inspected and cleaned annually by a certified chimney specialist.
- Clear the area around the hearth of debris, decorations and flammable materials.
- · Leave glass doors open while burning a fire. Leaving the doors open ensures that the fire receives enough

air to ensure complete combustion and keeps creosote from building up in the chimney.

- Close glass doors when the fire is out to keep air from the chimney opening from getting into the room. Most glass fireplace doors have a metal mesh screen which should be closed when the glass doors are open. This mesh screen helps keep embers from getting out of the
- Always use a metal mesh screen with fireplaces that do not have a glass fireplace door.
- Install stovepipe thermometers to help monitor flue
- Keep air inlets on wood stoves open, and never restrict air supply to fireplaces. Otherwise you may cause creosote buildup that could lead to a chimney fire.
- · Use fire-resistant materials on walls around wood

Safely Burn Fuels

- Never use flammable liquids to start a fire.
- Use only seasoned hardwood. Soft, moist wood accelerates creosote buildup. In pellet stoves, burn only dry, seasoned wood pellets.
- · Build small fires that burn completely and produce less smoke.
- · Never burn cardboard boxes, trash or debris in your fireplace or wood stove.
- When building a fire, place logs at the rear of the fireplace on an adequate supporting grate.
- Never leave a fire in the fireplace unattended.

Extinguish the fire before going to bed or leaving the

 Allow ashes to cool before disposing of them. Place ashes in a tightly covered metal container and keep the ash container at least 10 feet away from your home and any other nearby buildings. Never empty the ash directly into a trash can. Douse and saturate the ashes with water.

Protect the Outside of Your Home

- Stack firewood outdoors at least 30 feet away from your home.
- · Keep the roof clear of leaves, pine needles and other
- Cover the chimney with a mesh screen spark arrester.
- · Remove branches hanging above the chimney, flues

Protect the Inside of Your Home

- Install smoke alarms on every level of your home and inside and outside of sleeping areas. Test them monthly and change the batteries at least once a year. Consider installing the new long life smoke alarms.
- · Provide proper venting systems for all heating equipment.
- Extend all vent pipes at least three feet above the roof. Having a home is a huge expense and keeping it safe and sound is an enormous responsibility...but, you can rebuild a home...you can't rebuild your family. Protect your home for you and your family's sake...and it will keep you warm and safe for many years and many memories to come!



The spring leagues are up and running! Teams are playing on Wednesdays playing on at 12:30pm, Saturdays at

12:30pm and Sundays at 2:00pm. Please check the court sheets on these days before coming out

Each month we talk about tennis players that already have court skills and are experienced ball players. This month I would like to talk to those players that have not made their way out to the tennis courts. Tennis is a great way to meet new people and get a great workout. My recommendation to those of you that would like to "give it a shot", is to go out with a friend and hit a few balls around. Don't worry about how much power you have on your shots, instead stand in the middle of the court and hit softly back and forth. The idea with this is to get an idea for how the ball will react after you hit it and how you should set up for the next ball coming your way. Start slowly! Too many new players get despondent because they don't see progress come soon enough. If you don't have a friend to hit with, please give me a call and I would be more than happy to come out.

This month our Thursday evening mixer is scheduled for February 18th. The spring junior clinics will also start up this month (Thursdays at 4pm) If you need to book lessons or schedule racquet repair, please email plouw@oldfieldsc.com.

See you on the courts!

TENNIS CLINIC SCHEDULE

TUESDAY

9:30-10:30a.m. Point Play Clinic 10:30 – 11:30a.m. Beginner Clinic WEDNESDAYS

9:30 - 10:30 a.m. - Cardio Tennis **THURSDAYS**

9:30 - 10:30am Doubles Strategy Clinic 10:30 - 11:30am 2.5-3.0 Level Clinic 4 p.m. - Junior Clinics **FRIDAYS**

9:30 -10:30 a.m. Stroke and Drill Clinic **SATURDAYS**

9 - 11 a.m. Community Tennis

EQUIPMENT SERVICES

Racquet Restringing: \$25-40

LESSONS

GROUP Lessons: \$18 per clinic PRIVATE Lessons: \$55 per hour SEMI-PRIVATE Lessons: \$30 per person GROUPS of 3: \$20 per person To schedule a lesson outside of these times, please contact Paul at 843.645.4612 or plouw@ oldfieldsc.com

EQUESTRIAN

HORSIN' AROUND

Karah Daly, Equestrian Director

EQUESTRIAN TRAIL RIDES, LESSONS AND MORE!

Don't forget to take advantage of everything Oldfield's Equestrian Center has to offer:

- Trail Rides \$40 (Approx. 1-hour and 15-minutes)
- Lessons \$35 per half-hour private lessons
- Pony Rides \$15

For reservations call at least 24 hours in advance. For more information, call (843) 645-2015.





GOLF COURSE UPDATE

Brian Roller Director of Grounds So far this winter Mother Nature has been throwing everything as us. We have seen everything from unseasonable

high temperature, cold temperatures; also to add to this we have had a record setting amount of rain for 2015. The golf course has handled everything pretty well. We have been on a preventative fungicide program with this wet weather; this will help us manage any disease that may show up this time of the year. Turf disease this time of the year can be very detrimental to our putting surfaces since the turf is growing slow and the recovery time would take much longer.

In late February or early March, we will start the first of many fertilization applications to the course. The Fertilizer will help with spring green up and benefit the turf to help the roots become health and strong. Along with the fertilizer we will be applying a preemergent herbicide that keeps summer weeds from germinating during the warmer spring months. This is a great idea for you do also do to your own home lawn. You can purchase a similar product to use at home at Home Depot, Lowes and John Deere Landscapes in Bluffton. It is very important to read all labels on these products because some are not safe for certain grass types. If you have any questions about these products, please feel free to contact me.

See you on the course!



HE NINE BALL **FLIGHT LAWS**

Jon Hundley Head Golf Professional The golf ball will never lie to you so learn to read your shots. There are 9 things the

golf ball can do after contact is made. You can hit a pull hook, a pull, a pull slice, a hook, straight, a slice, a push hook, a push, or a push slice. I will break down the following so that you can read your shots:

(Right handed player)

The pull hook- the club returns on the downswing from the outside of the target line with the clubface closed. The ball will start left of your target and curve left.

The pull- the club returns on the downswing from outside of the target line with the clubface square. The ball will start left of your target and stay straight but left of your target.

The pull slice- the club returns on the downswing from outside of the target line with the clubface open. The ball will start left of your target and curve back toward your target.

The hook – The club returns on the downswing on the correct path but the clubface is closed. The ball will start at your target and curve left.

Straight - The club returns on the downswing on the correct path and the club is square. The ball will start at your target and stay on path of your target.

The slice – The club returns on the downswing on the correct path but the clubface is open. The ball will start at your target and will curve to the right of your target.

The push hook - The club returns on the downswing from the inside of the target line, strikes the ball, and cross over to the outside of the target line with a closed clubface. The ball will start to the right of your target and curve to the left toward your target.

The push - The club returns on the downswing from the inside of the target line, strikes the ball, and cross over to the outside of the target line with a square clubface. The ball will start to the right of your target and stay right of the target.

The push slice – The club returns on the downswing from the inside of the target line, strikes the ball, and cross over to the outside of the target line with an open clubface. The ball will start to the right of your target and curve to the right.

By watching your ball flight, you can understand what your swing path and clubface is doing in the golf swing.

Now that I have you confused more than ever, sometimes a grip adjustment, alignment adjustment, or a simple set up adjustment could solve the problem.

See you on the course.

GOLF CLINICS AND LESSONS

Have you been thinking about learning to play golf? Well, there is no time like the present to begin. Our golf clinics and lessons are available to all Club Members, not just Golf Members. The cost for these weekly clinics is \$15/person and you can contact a member of our golf staff at (843) 645-4601 to get started on learning to play this great game.

Why not give it a try? The worst that could happen is you might enjoy the camaraderie, the course, the exercise and maybe even the game itself!

Men's Clinic – 11a.m. – Tuesdays Ladies' Clinic - 11a.m. - Wednesdays **Junior Clinic** – 4p.m. – Fridays See you on the range!

WEEKLY GOLF EVENTS

TUESDAYS Ladies' Day | 10 a.m. Shotgun Men's Clinic | 11 a.m. – 2 p.m. WEDNESDAYS Men's Day | 9 a.m. Shotgun Ladies' Clinic | 11 a.m. | \$15 per person THURSDAYS Play with the Pro | 9 a.m. Ladies' Day | 10 a.m. Shotgun FRIDAYS Junior Clinic | 4 p.m. | \$10 per person SATURDAYS Men's Day | 9 a.m. Shotgun We ask that you sign up a day in advance as courtesy to other members and to allow a more efficientlyrun event. Please note that some events may not be held each month due to scheduled course maintenance, tournament play or special events. Contact the Golf Shop for more information.

MAJOR GOLF EVENTS FOR 2016 **MEMBER EVENTS:**

FEB 14 Valentine Scramble

> OWGA Saturday Golf 13

MAR 11-12 Eighteen Hole Match Play -Flight Playoffs

> 12 OWGA Saturday Golf

18-20 Oldfield Ryder/ Solhiem Cup

APR 12 OWGA Opening Day (golf and lunch)

OWGA Friends Day 21

22-24 Oldfield Ryder/ Solhiem Cup

MAY 6-7 Member-Member

> **30** Memorial Day Tournament

JUN 2 OWGA Exchange Day at Oldfield

JUL 4 Flag Day Tournament

SEP 5 Labor Day Scramble

16-17 Men's Club Championship

20 OWGA Fall Follies

OCT 6-8 1732 Cup (Men's Member-Guest)

22 OWGA Breast Cancer Tournament

29 OWGA Member/Member

NOV 4-5 Ladies' Club Championship

Shark Tournament

DEC 3 Holiday Bowl

OWGA Christmas Dinner 8

Notes: ST. Patricks Day MAR 17; Easter MAR 27; Masters APR 4-10; Heritage APR 11-17; Jun6-8 first aerification; Aug 1-7 second aerification. OWGA is Oldfield Women's Golf Association.

NON-MEMBER EVENTS:

FEB 15 HHI Senior Men's Golf Association

HHI Senior Men's Golf Association

MAR 6-8 USCB Sand Shark Classic

MAY 9-10 Carolina Tour

JUN 4 CEF Tournament

Lowcountry Women's Golf Association IUL 18

19-21 United States Amateur Qualifier

SEP 12-13 Carolina Tour

26 Habitat for Humanity

NOV 11 Ladies' Par 6

Cupid's Arrow

OYSTER BOWL CHAMPIONS

Marcus Byler and Roger Brooks with a 63



Couples Winners Gerry & Sue Bowman



FEBRUARY 2016 - CALENDAR OF EVENTS

I L D IN SUNDAY	MONDAY	_ U I U TUESDAY	U / \ L L WEDNESDAY	THURSDAY	FRIDAY	L II I U SATURDAY
	1	Guppy Academy 2 Casual Tuesday	3	Guppy Academy 4 Thursday at the Grill Hand and Foot	Kids Cooking: Chinese New Year 5 Dinner at the River Club	Mini Chefs: Superbowl Snack Evening Under the Stars
7	8	Guppy Academy 9 Casual Tuesday	Valentine's Mani-Pedis Nature Knowledge: Winter Survival Skills for Animals and More	Guppy Academy 11 Thursday at the Grill Fishing & Outdoor Club	Dinner at the 12 River Club: Valentine's Menu	OWGA Saturday 13 Golf Nature Bird Walk Garden Club
Valentine 14 Scramble	15	Guppy Academy 16 Casual Tuesday Group Wreck Fishing Charter	Turkey Hill 17 Sporting Clays Shoot	Thursday at the Grill Mixer Under the Lights: Tennis Costa Rica 2017 Information Night Trivia at the Grill	Parents Night 19 Out Dinner at the River Club	3rd Saturday 20
Family Bocce Tournament 21	22	Guppy Academy 23 Casual Tuesday	Eco River Cruise 24. Men's Club	Guppy Academy 25 Thursday at the Grill Book Club	Fourth Friday 26 Fieldtrip Dinner at the River Club Polar Pool Party	Meet the Author and Book Signing Event
28	29	MAKE RESERVATIONS ONLINE Members.Oldfield1732.com				

OUTFITTERS



OOK, LINE &

Jason Dubose
River Pro
Ask any experienced inshore
fisherman their opinion
regarding the toughest

gamefish species to catch and odds are they will tell you the wily sheepshead. Ask that same fisherman his opinion on the tastiest inshore gamefish and you'll likely get the same response. These black and white striped members of the porgy family have earned the nick name "convicts" due to both their appearance and amazing ability to steal bait from a fisherman's hook without the slightest hint of a bite. In warmer months sheepshead spend their time inhabiting inshore waters feeding on barnacles and other crustations around dock and bridge pilings and other submerged structures. During this time they are dispersed over a relatively large area and generally difficult to catch. As the inshore water temperatures begin to dip into the 50's in response to the colder weather and shorter days of winter a majority of the sheepshead population will leave the rivers and sounds in preparation for the spring spawn and takes up residence at the many near shore wrecks and artificial reefs located just off or our coast. After migrating to the wrecks and reefs the sheepshead really strap on the feedbag. This insatiable appetite combined with a very dense population of sheephead in a relatively small area results in feeding with reckless abandon. While the bite is still very subtle and initially difficult to detect you'll get plenty of opportunities to hone your skills on a typical sheepshead fishing trip. This type of fishing is a very interactive experience with the angler responsible for dropping his bait into position, detecting the bite, setting the hooking, and fighting the fish to the boat. The sheepshead caught on the wrecks average between 2 and 6lbs with fish up to 10lbs being not uncommon. A typical trip will yield plenty of action and more than enough fillets for a great dinner with friends and family. If this sounds like your idea of a good time round up your posse

and let's put some "convicts" in the cooler! While you can schedule a sheepshead fishing charter for you, your family, and friends anytime in February,



we are offering an individual sign-up trip on Tuesday the 16thth at a rate of \$90 per angler! Hurry, spaces are limited!



NATURE TALK

Jill Kombrink
Naturalist for Youth and
Family Programming
Love is in the air... or is it?!

Ahhh February... If you're like most people you tend to associate this month with Valentine's Day and all the images and feelings that go along with that; hearts, Cupid and his arrow, love, romance etc. Well, along those lines, another tendency people have is to personify animals and give them human emotions. So with February being a romantic month and spring and mating season right around the corner, have you ever wondered about animals and their love life? We know there are some amazing mating rituals in the animal kingdom but then what? Do any animals mate for life? The answer to that question is yes-and no. While doing a little research, there's a lot to be said on this topic but I'll just share about a few of the species.

Yes, mating for life in the animal kingdom is rare but some pull it off at least as well as humans if not better! To start with it's important to clarify what we mean by a mate for life. Do we mean choosing a life partner and remaining monogamous with

them until death do us part because there seem to be some creatures that keep a partner for life but that doesn't mean they are monogamous (and no-I'm not trying to personify animals again!)

Let's start with the Gibbon apes as they are the nearest relative to humans. They are an example of social vs. reproductive monogamy.

They will find a partner, mate and form a family unit but they will also mate outside of that family unit and on occasion will leave one family unit to begin another. Unfortunately that is more like the human race than we may like to admit!

Bird species are the most numerous on the list of life-long mates but two that interested me the most are the Bald



Eagle and the Albatross. These birds are said to keep the same mate for life but are confident enough in their relationship to go their separate ways during migration and then return to the same nest together year after year. Sounds romantic right? But when you consider the time and energy needed to migrate, establish and protect territories, and incubate and raise young you realize finding a mate on top of all of this would definitely minimize reproductive time.

These are just a few of the species from a varied list ranging from vultures to prairie voles. Whether these creatures actually mate for life and the reasons why may never be known for sure but one thing I do know is that it is our job to provide the best environment possible for all of them! Happy Valentine's Day!



What's Happening

AN EVENING UNDER THE STARS... (RE-SCHEDULED DATE)

Saturday, February 6 | 6:30-8 p.m. | Outfitters Center | No charge | Adults and Families with school-aged children

An evening of star gazing focusing in on the Winter Hexagon and the life span of stars... This event will include a brief indoor educational presentation and then outdoor star gazing. Dress appropriately.

For more information or to let Jill know you'd like to attend call or email the Outfitters Center before Thursday, February 4 at 645-4604 or outfitters@ oldfieldsc.com

NATURE KNOWLEDGE: WINTER SURVIVAL SKILLS FOR ANIMALS AND MORE...

Wednesday, February 10 | 4:30-5:30 p.m. | Boys 5 & up | No charge

Hey boys! If you like being outside and learning about nature plan to Join Naturalist Jill at the Outfitters Center for a hands-on nature knowledge lesson and experiment about winter and the variety of ways different animals cope with the cold temperatures and lack of food. We'll also be learning about animal tracks and of course heading out to see if we can find any!

Call or email the Outfitters Center before Sunday, February 7 to let the Outfitter's Staff know you'd like to attend. 645-4604 or outfitters@oldfieldsc.com

NATURE BIRD WALK

Saturday, February 13 | 9:15-11:15 a.m. | Adults and Families? | Meet at the Outfitters | No charge Mark your calendars now for the 2nd Saturday of each month!

Catch a glimpse of our winter residents before they head north for spring. We'll be on the lookout for warblers, sparrows and more as well as all of our year round residents.

Call or email the Outfitters Center before Friday, February 12 to let the Outfitter's Staff know you'd like to attend. 645-4604 or outfitters@oldfieldsc.com

GARDEN CLUB 2016!

Saturday, February 13 | 2-3 p.m. | Everyone welcome Outfitters Center | No charge to attend meeting New location, new members and new ideas! All levels of gardeners are welcome from masters to first timers or anyone just interested in hearing about the changes. The first meeting will go over membership information and some basic gardening tips pertaining to what to grow each season. Call or email Jill at the Outfitters Center at 84-645-4604 or jkombrink@oldfieldsc.com.

GROUP WRECK FISHING CHARTER

Tuesday, February 16 | 9 a.m. - 3 p.m. | Meet at the Outfitters Center

February offers spectacular light tackle nearshore wreck fishing opportunities for the hard fighting and great tasting sheepshead. Join Capt. Jason DuBose on an excursion to some of the Lowcountry's most productive wrecks in pursuit of these striped bandits. The rate for participation is \$90 per angler and includes all equipment, bait, license, and fishing cleaning services. Hurry, space is limited. Registration/ cancellation deadline for this program is Saturday, February 13. Please register by contacting the Outfitters Center at 843.645.4604 or outfitters@oldfieldsc.com

TURKEY HILL SPORTING CLAYS SHOOT

Wednesday, February 17 | 1 - 5 p.m. | Meet at the Outfitters

Our hunt club, Turkey Hill Plantation, has one of the finest sporting clays course in the Lowcountry. This 10 station, 50 shot course is designed to mimic the flight patterns of various game birds including springing teal ducks, a rising covey of quail, and doves descending into a field. We'll shoot a warm up round on the 5-stand before shooting the course. The fee is \$50 per person. This fee includes clays, course access, basic shooting instruction and gun rental. Shells are available but not included in the price. Space is limited. Registration/cancellation deadline for this program is Monday, February 15. Please register by contacting the Outfitters Center at 843.645.4604 or outfitters@oldfieldsc.com

COSTA RICA 2017 INFORMATION NIGHT

Thursday, February 18 | 6 p.m. | Everyone Welcome No charge to attend meeting

By now I hope you've heard about the Costa Rica trip planned for next February. Planning a trip for next year's Valentine's Day could be a very romantic idea for this year's gift!

Whether you've been to Costa Rica or have always wanted to go don't miss this opportunity. Naturalist and native Costa Rican, Carlos Chacon will be the guide for the trip and is coming to share information and answer any questions. The trip is being offered to Oldfield residents first for a very short time and there are limited spots

Let Jill know you're planning on attending by calling or emailing Jill at the Outfitters Center at 84-645-4604 or jkombrink@oldfieldsc.com.

ECO-RIVER CRUISE

Wednesday, February 24 | 1-2 p.m. | Adults and families | Meet at the Outfitters | No charge

Who wouldn't enjoy bird watching by boat? Winter waterfowl like loons, buffleheads and even oyster catchers will still be around so grab your binoculars and plan to join Capt. Jason and Jill for a winter afternoon on the water.

Reserve your spot soon by calling the Outfitters at 645-4604 or email outfitters@oldfieldsc.com.

FOURTH FRIDAY FIELD TRIP

Friday, February 26 | 8 a.m. - 2 p.m. (times approximate) | Meet at the Outfitters | No charge You don't want to miss this month's field trip! Not only are we headed to Bear Island where you will see some of the best variety of shorebirds around but we will also be joining Brays Island and their Naturalist for a meet and greet. It's sure to be a fun afternoon. For more information or to let Jill know you'd like to attend call or email the Outfitters Center before Tuesday, February 23 at 645-4604 or outfitters@oldfieldsc.com

IT'S A PARTY...MEET THE AUTHOR AND BOOK SIGNING EVENT!!!

Saturday, February 27 | 10 - 11 a.m. | Outfitters Center | Everyone's invited | No charge

All ages will enjoy this fun and educational open house where you'll meet Oldfield resident,12 year old author Kellen Krittenden . After spending time at the Outfitters Center and on the river Kellen was inspired to write and illustrate a remarkable book titled Creatures of the Okatie River. Books will be available for purchase and refreshments will be served. Come out and support our local talent-you won't be disappointed!

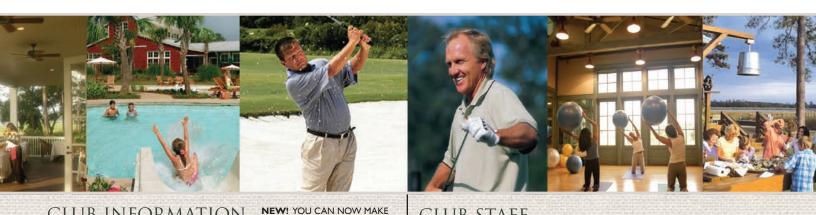
For more information or to let Jill know you'd like to attend call or email the Outfitters Center before Thursday, February 25 at 645-4604 or outfitters@ oldfieldsc.com

SAVE THE DATES....

*Saturday, February 13 the town of Bluffton will be holding their electronics recycling event. If it has a plug it's an electronic and any size can be dropped off at the Ulmer road recycling site. More info can be found on the Beaufort County web

*Calling all nature enthusiasts: save the date for March 9, from 1-4:00. Capt. Jason and Naturalist Jill are planning an extended Eco-River Cruise to view the wildlife of Pinckney National Wildlife Refuge by boat. The cost will be \$25 a person and only 6 spots are available so reserve your spot soon. More information will be available in the March newsletter.





CLUB INFORMATION

CLUB HOURS OF OPERATION

GOLF SHOP

Tee Times/Clinic Reservations 843.645.4601 Tues-Sun | Shop Hours 7:30 am - 5:00 pm Tues | Thu | Fri | Sat Practice Range 7:30 am - dusk

Sun & Wed Practice Range 7:30 am - 5:30 pm

GOLF CLUBHOUSE

Reservations and Information 843.645.4600

MAGNOLIA GRILL

843 379 5054 Tues-Sun | Lunch 11 am - 4:00 pm Tues | Happy Hour 4:00 pm - 6:30 pm Tues-Sat | Bar Hours 11:00 am - 4:00 pm Sun | Bar Hours 9:00 am - 3:00 pm Tues | Casual Tues Dinner 6:00 pm - 7:30 pm

RIVER CLUB

Reservations (Friday Dinner) 843.645.4600 Thursday & Friday Dinner (Select Dates): 5:30 pm - 8:00 pm After hours: 843,645,4618

RESERVATIONS ONLINE AT Members. Oldfield 1732.com

EQUESTRIAN CENTER

Reservations & Information 843.645.2015 8:00 am - 5:00 pm

GREETER'S STORE

843.645.4630

Mon-Tues Closed Wed-Frid 11-5pm 10-5pm Saturday 1-5pm Sunday

OUTFITTERS CENTER

Reservations and Information 843.645.4604 10:00 am - 4:00 pm (other hours by appointment))

SALES OFFICE

866.653.3435 Toll Free: Phone: 843-645-2530 843-645-2531 Fax: 1:00 pm -5:00 pm Sunday 9:00 am-5:00 pm Mon-Saturday

SECURITY

Front Gate Gate Cell Phone 843.379.2517 843.540.7063 843.540.1368 Patrol Cell Phone 843.645.9990 Fax Please contact a member of the front gate security team in case of an emergency or to request a pass for any guests coming to your home or meeting you at one of the Club

SPORTS CLUB

facilities.

Information 843.645.4610 1:00 pm - 5:00 pm Sunday 8:00 am - 5:00 pm To enter the Club during non-staffed hours, please obtain a keyless entry card from a member of the Sports Club staff.

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CLUB STAFF

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