

DECEMBER 2015 | VOL 15 | NO 11 WWW.OLDFIELD1732.com



DECEMBER EVENTS

RIVER CLUB TREE LIGHTING Friday, December 4 BREAKFAST WITH SANTA Saturday, December 12

OLDFIELD N E W S L E T T E R

> RIVER CLUB CHRISTMAS DINNER Friday, December 18



A NOTE FROM THE GENERAL MANAGER

Jamie Selby

December 1, 2015

Dear Oldfield Club Members:

The holidays are most definitely upon us. The cooler temperatures seem to not only spark our recollection of fond holiday memories...but also give us reason to spark the fires! There's simply nothing like the smell of wood burning in the fireplace or outdoors in the fire pit, coupled with the smell of holiday cooking in the air... it's nostalgic in the best of ways. Hoping those sentimental moments are experienced amidst good times with family and friends, it makes you think back to good times throughout all of this year.

As we reflect on our own blessings this holiday season, please take a moment to remember those less fortunate and help support any of the wonderful causes that Oldfield partners with during the holidays. This year, the Sports Club will sponsor a family in need through Hope Haven of the Lowcountry. This organization works tirelessly to help fulfill the needs of children and adults experiencing abuse and sexual assault. At the Clubhouse, we will host a toy drive to benefit CAPA, an organization that exists to break the destructive cycle of child abuse and neglect by equipping parents, children and their caregivers with necessary skills, knowledge and values. Last but not least our Outfitters Center will be helping to spread joy to our four legged friends by collecting pet items for Maranatha Farms, an Animal Rescue Mission in Ridgeland dedicated to responding to the need for compassionate care for injured, abused and abandoned animals.

May each of us cherish what we have this season and reflect on how fortunate we all are. It's easy to take for granted when our daily life experience is so good that we come to expect it as the norm, rather than appreciate how great it really is. As another calendar year comes to an end....here's to all of you, for making 2015 a year to appreciate in so many ways.

See you soon.

Sincerely,

Jamie Selby General Manager, Oldfield Club

Employee of the Month

Congratulations to the following employee who was chosen for displaying exemplary service and going above and beyond in assisting Members and his fellow co-workers: *November:* Corey Clamp - Line Cook

WELCOMIE TO OLDFIELD

Jeffrey Slocum – Non-Equity Non-Resident Golf Steve and Leslie Mitchell – Sportsman and Fitness Members

Lars Larsen and Clair Kelly - Congratulations on your new property - Lot # 344

David & Lynn Ward – Congratulations on your new property - Lot # 260

REAL ESTATE UPDATE

Greetings from your front gate real estate team at the Greeter's Store.

Great news for Oldfield and all of our clients. You may have seen the article in the Island Packet announcing that Gateway Realty and Charter One Realty are merging. Charter One is the #1 company on Hilton Head, and Gateway is the #1 company on the Mainland in the gated communities.

Nothing changes with our front gate team. We will continue to be here to assist and serve you with all your real estate needs. By merging the two companies we will now have an additional 82 agents to help create even more exposure and sales for Oldfield. We are excited about the merger which will take effect January 1st.

We are honored to continue to serve you at the front gate. Please call or drop by with any questions you might have and let us know how we may assist you. And thank you for your continued support and for sharing us with anyone you know who may be considering buying or selling. Thank you!

Sincerely, Your Gateway Realty Team Phone: 843-645-2530 Toll Free: 866-653-3435 Fax: 843-645-2531

RESERVING OLDFIELD LOCATIONS FOR PRIVATE EVENTS

If you would like to reserve any one of our venues, whether it be our Historic River Club, the Golf Clubhouse, Outfitters Center, or anyone one of our Pavilions for your special event, please contact Danielle Tosky, Private Events Director, at 843.645.4622 or email her at dtosky@oldfieldsc. com.

F&B RESERVATIONS

To RSVP to any one of our F&B events please click on this event on the calendar at Members. Oldfield1732.com or contact Deb at droller@ oldfieldsc.com or (843) 645-4600

GREETER'S STORE

The Holidays are here. Be on the lookout as we will be receiving Oldfield Logo'd Tervis Tumblers at the Greeters Store. The perfect gift for family and friends, or even for yourself. See you at the Store!



THE SPOTLIGHT-

WELCOMING COMMITTEE HAVE BEEN ON THE MOVE AGAIN!



Liz and Travis Fiegle 15 Greeters Lane



Kristine and Bill Ruffner 7 Sandy Hill

Food & Beverage



A NOTE FROM THE **F&B DIRECTOR** Charlie Nolette

As we near the end of 2015 we still have tons of fun ahead. The Christmas Tree at the

River Club will be lit on Friday the 4th. This will have a community dinner for all Oldfield members to celebrate the holidays in a fun and casual setting. The following weekend on Saturday the 12th we will have our annual Breakfast with Santa. This is a great event with crafts, Santa, and a great breakfast. You won't want to miss this one!

The annual Christmas Dinner at the River Club will be on the 18th, this is our prix fix evening with a wonderful menu for a nice evening out to relax and enjoy the season. Reservations will fill quickly so be sure to call ahead to get your preferred time to dine.

This year we are doing New Year's Eve a little differently, we will have two separate events this night. We will feature a prix fix menu with several entrée choices at the River Club with reservations being taken from 5:00pm until 8:00pm. Starting at 9 p.m. we will have a cocktail party with a DJ at the Golf Club. There will be no charge for the cocktail party and we will have a champagne toast at midnight. Bring your dancing shoes, watch the ball drop, and keep the party going into 2016! I hope you can make it out to at least one of these events as they are always a great time and a fun way to celebrate the season.

From the Oldfield Food and Beverage family to yours, have a Merry Christmas and a Happy New Year.

Sincerely,

Charlie Nolette

Charlie Nolette Food & Beverage Director cnolette@oldfieldsc.com (843) 645-4608

keibay keurs CHRISTMAS EVE 12/24 CLOSING AT 3PM CHRISTMAS DAY 12-25 CLOSED NEW YEAR'S DAY 1/1/2016 CLOSED

CASUAL TUESDAYS AT MAGNOLIA GRILL

Every Tuesday from 6-7:30 p.m. Adults: \$15.95 | Children 12 & Under: \$5.95 A different dinner special will be offered each week: December 1st: Barbeque Night! December 8th: Hanukkah at Oldfield! December 15th: Crab Cakes December 22nd: Chicken and Waffles December 29th: Viva Italia! Please RSVP by clicking on Casual Tuesday on the online Calendar at Members.Oldfield1732.com or to Deb at droller@oldfieldsc.com or (843) 645-4600.

THURSDAYS AT THE GRILL

Thursdays | 5:30-8p.m. | Ala Carte Pricing \$1 Childrens Menu | Reservations recommended \$1 drink specials and a wide selection of pub style favorites including: burgers, salads, pasta, fresh fish, steak and comfort food. Healthy and non-gluten selections are available. All children's menu items are only \$1!

RIVER CLUB DINNER

Every Friday | 5:30-8p.m. by reservation A la carte pricing, \$1 children's menu Advanced reservations assist us in serving you better! Menu subject to change based on freshness and availability. Please make us aware in advance of any preferences, dietary restrictions or food allergies

Please note there will be no regular Dinner at the River Club Friday, December 4 due to the Tree Lighting and December 18 due to River Club Christmas Dinner.

RIVER CLUB TREE LIGHTING

Friday, December 4 | 6 p.m. cocktails - 6:30 p.m. dinner | River Club | Free to attend for Oldfield Community Members | \$10 guests MENU Roast beef Mashed potatoes Broccoli Salad Rolls Holiday desserts Hot chocolate station

BREAKFAST WITH SANTA

Saturday, December 12 | Magnolia Grill | 9 - 11 a.m. \$19.95 adult/\$9.95 children Please join us for an Oldfield holiday tradition!

Price includes festive activities for the kids, photos and hot chocolate bar

MENU

Waffles Egg and Omelet Station Sausage/Bacon Cheese Grits Fruit Hot Chocolate Bar

Advanced reservations assist us in serving you better! Menu subject to change based on freshness and availability. Please make us aware of any preferences, dietary restrictions or food allergies.

RIVER CLUB CHRISTMAS DINNER

Friday, December 18 5:30-8 p.m. by reservation Price TBD – based on entrée choice Children's options available on request **1ST COURSE** LOW COUNTRY SHRIMP BISQUE

tarragon shrimp toast 2ND COURSE

CANDY-STRIPED BEET 'CARPACCIO' arugula and frisee salad with warm chevre dressing and extra virgin olive oil MAIN COURSE SELECTIONS

ROAST BEEF

CAB Tenderloin roasted to perfection served with a mushrooms, artichokes and gorgonzola brussel sprouts and potato & cauliflower double-bake TURKEY BREAST ROULADE

cranberry gastrique and turkey bordealaise chessnut stuffing and roasted fall vegetables SAUTÉED AMERICAN RED SNAPPER

corn and butternut squash savory custard char-grilled yellow beans

WINE BRAISED LAMB SHANK lamb sausage and appaloosa bean cassoulet

DESSERT

HOLIDAY TRIO eggnog 'who' pudding homemade gingerbread cookies chocolate mousse bombe

RIVER CLUB

NEW YEAR'S EVE DINNER

Thursday, December 31 | 5:30-8 p.m. | by Reservation Price TBD | *Must receive lobster order by 12/28

FIRST COURSE (OPTIONAL) a la carte appetizers Prince Edward Island Mussels steamed in a cider broth with Nueske's bacon

Seafood Gumbo with crawfish, crab, shrimp and Andouille sausage

Mushroom and Veal Cheek Arancini (risotto fritters) with charred tomato coulis

Baked brie with honey-glazed pecans and apricots PRIX FIXE 3-COURSE DINNER

(priced by entrée selection)

SECOND COURSE

Grilled Caesar Salad with parmesan tuile and white anchovies

MAIN COURSE

Cold-water lobster tail (advanced pre-order only*) Market priced

Local Catch of the Day market priced

Chilean Sea Bass tomato and tasso nage

Double-Cut Pork Chop grilled with a rosemary crust and served with a plum demiglace

Bone in Filet Mignon brandy peppercorn sauce DESSERT COURSE

Chocolate Banana Walnut Cheesecake with white chocolate mousse quenelle and walnut anglaise

NYE COCKTAIL PARTY AT THE GOLF CLUB

DJ, dancing, complimentary champagne toast at midnight, ball drop on the tv's.

No Charge! Please RSVP so we can staff the bar accordingly. 9-??



<u>CLUBS & MEMBER-</u> <u>RUN EVENTS</u>

Fishing & Outdoor Club Thursday, December 17 | River Club | 6:00pm

Thursday, December 17 | *River Club* | 6:00pm Let's celebrate the Season with our annual member Holiday Dinner at the River Club. There is no speaker scheduled but we have invited a few special guests to join us. We will have a raffle for a chance to win some very nice bottles of wine along with a few other special items. Dress will be River Club attire. **DINNER MENU:**

Asian Barbecued Chicken and Mushroom Kebabs Grilled Flank Steak w/ Balsamic Shallot Compote Grilled Vegetables Scalloped Potatoes Cheesecake with Berries \$19.95++/PP

Member Bar at 6:00pm followed by Dinner at 6:30.

Please look for an upcoming member EVITE for further information. *If you are not a member of the Fishing and Outdoor Club and would like to join, please contact Steve Doyle at smdoyle997@gmail. com for more information.*

WOMEN'S CLUB IS COMING BACK!

PREVIEW OF COMING ATTRACTIONS Save the Date Every Second Wednesday of the Month Women's Club Dinner | Wednesday, January 13 | 6p.m. Social - 7 p.m. Dinner | River Club

MEN'S CLUB

Wednesday, December 2 | Cocktails 6 p.m. - Dinner 6:30 p.m. | River Club

On Wednesday December 2 the Men's Club will have its monthly meeting. We'll have a great Italian dinner together and afterwards hear from Oldfield resident Dr. Andy Beall who is the Executive Director of the Santa Elena Foundation. Dr. Beall will give us an update on the exciting work going on there, status of his initial exhibit and also the very interesting archaeological work that he has ongoing in Beaufort. An evite has been sent to all members with the appropriate details.

If you are not a member but would like to attend this month's meeting just contact Bob Champigny at bchampigny@lamcotec.com or 1-843-415-2695 and you'll be all set to come and enjoy what is always a wonderful evening here at Oldfield.

OLDFIELD BOOK CLUB

Thursday, December 3 | Social: 5:30 p.m. | Discussion: 6 p.m. River Club | Dinner to follow at the Magnolia Grill This month's book: The Story Hour by Thrity Umrigar

Join us for our next Book Club meeting! We meet monthly to discuss a book chosen by our Members. If you have any questions or wish to be added to the Book Club list, please contact Cindi Cannizzaro at 645-2506 or cannizz@hargray.com. You may RSVP online by clicking this event on the calendar at Members.Oldfield1732.com.

TRIVIA NIGHT!

Join us for Trivia night!!! Wednesday, January 20 | 7 p.m. | Magnolia Grill \$5 per person

Join us for a fun night of trivia at the Club! Each team may have up to seven players with a max of four players 10 and older. Cash prizes vary depending on the number of players. You can sign up using Members.Oldfield1732.com or contact Deb Roller (843) 645-4600 or droller@oldfieldsc.com. If you'd like to be a guest host, please contact Cindi Cannizzaro at cannizz@hargray.com.

3RD SATURDAY PARTY

7 p.m. | Third Saturday of each month Location will be emailed once we know how many houses we will need | Please RSVP by the Thursday before Come meet your new neighbors! Bring something to eat, a bottle of wine and your own wine glass. If you have any questions, would like to be added to the email reminder, would like to host a party or need to RSVP please contact Cindi Cannizzaro at (843) 645-2506 or email cannizz@ hargray.com.



Donation Drives at Oldfield

TOYS FOR CAPA

The Child Abuse Prevention Association (CAPA) exists to break the destructive cycle of child abuse and neglect by equipping parents, children and their caregivers with necessary skills, knowledge and values. All children deserve to be loved, nurtured and kept safe from intentional and unintentional harm. CAPA breaks the destructive cycle of child abuse and neglect by equipping parents, children and their caregivers with the necessary skills, knowledge and values.

This year we would like to make this a special Christmas for wonderful kids by doing a Toy Drive. *You can drop off any new unwrapped toys to the Golf Clubhouse by Wednesday, December 9* so that we can ensure the toys are received in time for Christmas. Just look for the big box with wrapping paper.

MARANANTHA FARMS DONATIONS DRIVE

Help spread a little joy to our 4-legged friends this Holiday Season!

The Outfitters Center will be accepting donations to benefit the efforts of Maranantha Farms, a local animal shelter.

Maranantha Farms is comprised of two small farms devoted to rehabilitation of animals, accepting and working with any breeds, from horses to hamsters! They care for animals that are unable to be placed in foster homes and provide adoption services to try and place suitable animals to good forever homes. They are a 501(c)(3) Organization and rely heavily on both monetary donations and donations of

food, toys and other pet products.

Here is how you can help. To cover the Farms basic expenses as well as extensive medical bills for the animals, Cash Donations are very much appreciated. Other items that are appreciated are pet food for any animal from hamster to horse, left over pet medications, food bowls, brushing and grooming items, blankets & sheets, collars, leashes, toys, and more. Please help us support the efforts of these generous and caring folks who are dedicated to helping injured, mistreated and abandoned animals.Please drop donations off at the Outfitters Center or call Jill at 843-645-4604 for more information! *Please bring your donations by December 20.*

HELP A LOCAL HOPE HAVEN FAMILY THIS CHRISTMAS!

Would you like to spread some holiday cheer this year, while having a large impact on a family in need?

Hope Haven of the Lowcountry, Child Advocacy and Rape Crisis Center, responds to the needs of child victims of abuse and adult victims of rape, sexual assault and incest in the South Carolina counties of Beaufort, Colleton, Hampton, Jasper and Allendale. Hope Haven is accredited by National Children's Alliance. For more information on Hope Haven visit www.hopehavenlc.org.

The Oldfield Community has supported this center for two years. Each year, we sponsor a family that has been impacted by abuse. Hope Haven provides Trauma Focused Cognitive Behavioral Therapy for this family. Though these families struggle financially, they are always positive and appreciative. Our goal is to provide a nice Christmas to all the members of this family. Our Hope Haven Tree is located at the Sports Club. To help, Community members can stop by the Sports Club where our Hope Haven Tree is located and pick a tag or tags from the tree; each of which is a "wish list" tag. These tags list the family members name, age, clothing size and 1 or 2 wish list items. Our goal is to have numerous necessary items as well as some fun wishful things as well. Each year we are excited by the response our Community has for this project. *All gifts need to be delivered to the Sports Club no later than Friday, December 18 by 5 p.m.*



PLEASE NOTE: The Lagoon Pool is open Tuesday through Sunday 10 a.m. - 10 p.m. The Slide and Cabana service is closed for the season.

GUPPY ACADEMY

Tuesdays & Thursdays in Dec 1, 3, 8, 10, 15, 17 | *9 a.m.-12 p.m. Age 2-4y* | *\$20/Child* | *8 child max.* Guppy Academy is a bi-weekly pre-school-like program for toddlers, providing fun learning activities, crafts, lunch and so much more! Held on Tuesdays and Thursdays, children learn the alphabet, numbers, colors, shapes and social skills through a "Montessori Inspired" curriculum. In this nurturing environment each child is encouraged to explore, learn and grow through imagination, creativity, discovery and play! Registration for this program happens monthly and fills up quickly! Please register online each month

to guarantee your spot! Lunch is included; parents provide diapers, wipes, snacks, and an extra change of clothes. There is a maximum of 8 children to participate. *Please remember to RSVP no later than 48 hours in advance online at members.oldfield1732.com. Cancellations not made at least 24 hours in advance will still be charged to your account.*

KIDS TREE TRIMMING

Saturday, December 5 | 2 – 4 p.m. | All Ages (Under 6 must be supervised by an adult) |Sports Club

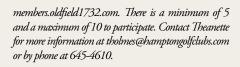
We have been waiting all year for this favorite event!!! Tis the season to be jolly so bring the whole family over to the Sports Club to enjoy this traditional daytime celebration! We will have a morning full of holiday fun for the entire family with ornament making and a cookie decoration station too! Each child will make an ornament to trim the Sports Club tree and one to take home! A hot chocolate bar and light snacks will be provided. Children age 6 and under must be supervised by parent/guardian. *Please be sure to RSVP by 5 p.m. Wednesday, December 2. There is a minimum of 8 to make this event. RSVP online at members.oldfield1732.com.*

POLAR POOL PARTY

Friday, December 11 | 5 - 7:30 p.m. | Ages 8+| \$12/child It's a pool party like you've never experienced before. We know it's December but polar bears never get cold and neither will you in our heated lap pool. Come have a pool party with us, play a few games, watch a "dive-in" movie, and enjoy some winter snacks!! We know it's a little crazy but everything that's fun is!! Big Kids only for this one of a kind party! Please be sure to RSVP no later than Friday, December 4 at 5 p.m. online at







SMORE'S ON THE SHORE AND PARENTS NIGHT OUT

Friday, December 18 | 5:30 - 8:30 p.m. | Age 3y-12y – Parent's Night Out | \$10/child \$8/siblings Child Care at OFC | Dinner at River Club While parents enjoy their dinner at the Oldfield River Club, children will enjoy s'mores, dinner, a movie and Christmas fun at our joint Parent's Night Out, down at the Outfitter's! Children can dress in their Christmas PJ's while they enjoy food, fun and friends! The only items children need to bring are diapers, wipes, sippy cups, and a change of clothes if necessary! RSVPs for both events will be taken simultaneously by Deb Roller! There is a minimum of 5 and a maximum of 15 children to participate in this event. Member guests are welcome for an additional \$12 "additional sibling" rate does not apply. To RSVP please contact Deb Roller at droller@oldfieldsc.com. Please RSVP no later than Wednesday December 16 at 5pm.



MINI CHEFS CHRISTMAS COOKING CLASS

Saturday, December 19 | 11 -11:45 a.m. | Ages 4-6 Sports Club | \$10 /child

Do you have a younger child that loves to help in the kitchen? Just like our big kids cooking class, this special "Christmas Cooking Class" will provide a hands-on experience as well as teaching skills, terminology and, kitchen safety!! The end product will be a delicious Christmas sweet treat! There is a minimum of 5 and a maximum of 10 kids to participate in this event. A minimal fee is charged for cooking tools and ingredients. *Please RSVP no later than 5 p.m. Wednesday, December 16 online at members.oldfield1732.com.* **December Menu: TBD**

KIDS COOKING CHRISTMAS EDITION

Saturday, December 19 | 12 – 1 p.m. | Ages 7+ Sports Club | \$10 /child

Our Junior Master Chefs will continue their culinary experience with a slightly different day and time! Join us at the Sports club for some holiday baking fun! Each child will get hands on cooking experience, a taste of what we are making and a sweet to take home for themselves or Santa their choice!! There is a minimum of 5 and a maximum of 10 kids to participate in this event. A minimal fee is charged for cooking tools and ingredients. *Please RSVP no later than 5 p.m. Wednesday, December 16 online at members. oldfield1732.com.* **December Menu: TBD**

CAMP. F.R.S.T.Y.

Wednesday, December 30 | 9 a.m. – 2 p.m. | Ages 5-12y |\$10/child | Sports Club

Your favorite winter day camp is back! The children are bored and Mom needs some free time to get things done, we have the solution..... Camp Frosty! Send the children to us for a day of freezing cool games, chiller crafts, and overall winter fun! The kids will be dropped off and picked up at the Sports Club. Children should bring a packed lunch. Snacks will be provided!! Please RSVP by 5 p.m. Friday, December 26. RSVP's taken after the deadline will acquire an additional \$5 charge for late fees. For further information please call (843)645-4610. RSVP online at members.oldfield1732.com



<u>FITNESS</u>



TIP FROM THE TRAINER

Mona Ward, A.F.P.A. Certified

Stop the pandemonium

Prepare, prepare and prepare. Lights? Check! Ribbon? Check! Platters plates and china? Check, check and check! Did you eat today???

That's right. Being organized and prepared for the holidays isn't just about decorations and table settings; how do you get thru it all? Well that's where being truly prepared comes in.

It may be a simple statement but having water and a snack at the ready is very important during the busy hustle and bustle of the holidays. Often we "forget to eat" or go too long before drinking water. I've said it before and I'll repeat, "You may not be hungry, you are probably dehydrated." By the time you realize you haven't had something

to drink, you've gone past the point of thirst. Keeping a water bottle with you will help you to remember to hydrate.

Eating correctly and at the right time is important too. I'm not saying breakfast at 9, lunch at 12 and dinner at 5. I'm saying

• Don't go without something to eat for too long. This will set you up for making the wrong food choices or over doing it because you are so hungry.

• If you know you are going to a party and the foods aren't appropriate for your eating style, have something at home before you go. You'll make better and wiser choices at the party.

• We get cranky when we are hungry. Carry an apple, almonds or at least a snack bag of 100 calories with you.

Making poor choices doesn't always mean making them poorly regarding food. We are making choices all day. Traffic, shopping, activities: all need attention so stay on your best game and stay focused, not hungry and thirsty.



FITNESS CLASSES

RESTORATIVE YOGA - Mondays at 9:30 a.m. & Fridays at 10 a.m.

Classes are approximately 90 minutes and use the ANUSARA Principles of Yoga: Blending muscular and organic energy for alignment of mind and body and connecting strength, balance and flexibility while allowing the release of muscular tensions. Please note: there is a fee for this specialized class. To register contact Janet Lent @ 645-9030 or jmblent@aol.com.

YOGA FOR GOLFERS – *Mondays at 11:15 a.m.* Learn how to improve your golf game and overall fitness with yoga. This class will help you increase your distance and accuracy from the tee by improving your flexibility and strength. You will learn pre-round sequencing for at home and on the course, mid-round sequencing to keep your swing fluid and post-round sequencing.

TABATA - Tuesdays 8:30 a.m.

This is a high Intensity Interval Training (HIIT) using the 20-10 Microburst Training. We will use intervals consisting of 20 seconds performing specifically chosen exercises at an ultra-high intensity for 20 seconds, followed by 10 seconds of rest. A true Tabata workout is founded on quality, not quantity. In other words, the effect of a workout should not be based on the amount of time devoted to exercising, but rather what the exercise does for your body after the workout is over and the 10 second rest allows for brief recovery before moving on to the next exercise interval. Experience short intervals based on Tabata Bootcamp's training that delivers a calorie drenching workout and post metabolic boost.

BOOTYBARRE[®] - Tuesdays at 9:00 a.m.

Bootybarre[®] is a fun, energetic, workout that fuses techniques from Dance, Pilates, and Yoga that will tone, define and chisel the whole body. Bootybarre is the perfect combination of strength and flexibility with an added cardiovascular element utilizing the barre. We focus on proper biomechanics for a safe and well structured class that can be modified for any fitness level.

ICT (INTERVAL CIRCUIT TRAINING) -

Tuesdays & Thursdays at 10:30 a.m.

This class takes you into the BIG gym. Grab a circuit program guide and watch for the light to turn green. Each exercise lasts four minutes so push yourself to max-out. When the light turns red, stop and hit the next exercise on your list. Cardio conditioning is included in this 12-exercise program. YOGA – Tuesday, Wednesday, & Thursdays at 5:30 p.m. Fine tune your body and mind at the same time while stretching your way to improved health. You couldn't do anything better for yourself.

BODY WORKS - Wednesdays 8:30 a.m & Saturdays 9 a.m.

Improve muscle tone, posture, balance and strength with this workout. The 12 timed stations provide functional training that works both sides of the body as well as your core strength.

PIYO - Thursdays at 8:30 a.m.

This is a perfect blend of Pilates, Yoga, sport stretch and toning movements all in one hybrid class. The mind/body format moves fit perfectly together to form a fun, challenging class. If you like Pilates, Yoga or even stretch and strength moves, this is your class.

NEW CLASS!

FREESTYLE STRETCH – *Thursdays at 10:00 a.m.* Grab a mat, foam roller, strap or band for this selfled, informal stretch. Take this time to stretch your tight muscles, work out a kink or just loosen up any areas that need attention. The room is quite, and full of all the equipment you'll need.

YOGA EXPLORATION (Co-Ed) - Wednesdays at 10:00 a.m.

Applying the time honored traditions of yoga focusing on muscular and joint pain relief while strengthening core, body and spirit. No experience required.

BLT - Fridays at 9 a.m.

No not Bacon lettuce and tomato, it's Butts, legs and thighs! We're toning and strengthening them using body bars, resistance balls and bands. All levels welcome and plenty of modification for everyone.

ALL ARM ASSAULT - Fridays at 9:30 a.m.

Here's your shot at getting the arms you've always wanted. Say goodbye to the "wave" and hello to shapely, toned arms. Class is 20 minutes and uses light weights, bands and your body weight.

NEW CLASS!

DANCERCIZE - Fridays at 11:30 p.m.

Our Adult Dancercise class is a combination of exercise and dance moves. Modern & Contemporary dancing is combined with exercises that are designed to get you fit, and have fun. Come along and release the dancer in you. Move and flow with the rhythm of the music, and go home with a smile in your heart, feeling fitter, refreshed, reenergized and deliciously stretched!

HOME SECURITY Christmas Holidays

Tim Helm, Director of Security

Christmas holidays are a special time when families and friends come together to celebrate the season. It is also the time of year where families and friends are most generous and practice the tradition of gift giving. It should be a joyous and happy time for all of us.

Unfortunately for us, home burglars view the holiday season a little differently. For them, it is a time of opportunity to burglarize your home for cash, credit cards, and all the new gifts of small electronics, computers, jewelry, and easily sold valuables.

Here are a few tips of what they look for when shopping for a house to burglarize. These tips will help you enjoy the holidays without incident.

· Burglars look for an easy entry with good

Tennis



Paul Louw

I would like to start this note off by wishing everyone a very Merry Christmas. If you are staying around Oldfield for the holiday season please come out and join the clinics, round robins and socials that we have

going on at the tennis courts. If you have guests in town, bring them too!

This month I would like to talk about one of the most neglected parts of the tennis game. Footwork! Most people think that in order to have good footwork you need to be "speedy" around the tennis court. While this is important to get you to within reach of the ball, most people make mistakes with the ball already within reach. The problem most people have is that they only react to the ball when they see it coming instead of "expecting" the ball to come to them. By expecting that the ball will be coming, the player will ready themselves by shifting their weight to the balls of their feet instead of the heels. This promotes a forward step to the oncoming ball instead of an "open stance" sidestep (Sumo style) Moving towards the ball is always going to make for a better athlete! Good footwork comes from being aware of how you are addressing the ball and reinforcing this behaviour.

This month we will be doing a Mixer under the lights on December 17th. Community tennis will go on as usual (every Saturday morning) for the month and remember, guests are always welcome to come out as well. For those of you that have juniors that have been coming out on Thursdays, please note that we will not be doing junior clinics in December, but will be starting them up again in the spring.

See you on the courts!

escape routes. Don't openly display your Christmas tree and gifts in the front window so it's easily visible from the street. It's too tempting for them to smash the window and grab the wrapped packages.

• Burglars look for occupancy cues like outdoor lights burning 24 hours a day, piled up newspapers, or advertising flyers hanging on the door knob. Use an inexpensive light timer when you are away and ask a neighbor to keep the front of your home clean of papers and debris.

Burglars know to look for the hidden door key near the front entrance. Don't hide spare keys under rocks, in flowerpots, or above door ledges. Instead give the spare key to a trusted neighbor.
Burglars prefer to enter through unlocked doors or windows. Sliding windows that are not secure can be seen from distance. One holiday problem can occur when exterior Christmas light extension cords are run inside through a window and prevent it from being secured. Hire an electrician or handyman to install an inexpensive

exterior outlet for your holiday lights.

TENNIS CLINIC SCHEDULE TUESDAY 9:30-10:30a.m. Point Play Clinic

10:30 – 11:30a.m. Fond Flay Chine 10:30 – 11:30a.m. Beginner Clinic THURSDAY 9:30 – 10:30AM Doubles Strategy Clinic 10:30 – 11:30AM 2.5-3.0 Level Clinic FRIDAY 9:30-10:30 - Stroke and drill clinic SATURDAY 9:00-11:00 - Community tennis

EQUIPMENT SERVICES

Racquet Restringing: \$25-40 LESSONS GROUP Lessons: \$18 per clinic PRIVATE Lessons: \$55 per hour SEMI-PRIVATE Lessons: \$30 per person GROUPS of 3: \$20 per person To schedule a lesson outside of these times, please contact Paul at 843.645.4612 or plouw@oldfieldsc.com • Don't leave descriptive telephone answering machine messages like, "You've reached the Wilson's...we're away skiing for the Christmas holidays...please leave a message." Burglars love to hear that they have plenty of time to break in and completely ransack your home.

• After Christmas day, don't pile up empty gift boxes from your new computer, DVD player, or stereo receiver on the street for the garbage man. Burglars appreciate knowing that you have expensive gifts inside for them to steal. Break them down or cut them up to conceal the items better. After a lucrative burglary, the chances of being burglarized again are increased to steal the new replacement products.

Last, but not least, fortify your home by installing solid core doors, heavy duty locks, longer screws in the lock strike plates and door hinges, and install secondary security devices on all accessible sliding windows.

Have a Safe and Secure Christmas Holidays.

EQUESTRIAN HORSIN' AROUND

Karah Daly, Equestrian Director

For a child, there is no greater experience (as far as I am concerned) than having a relationship with horses. Horses and ponies are majestic and beautiful; it's what lures most to the barn. For some kids, it's just the beginning. The beginning of daily trips to the barn, dirty jeans, messy hair, slobber stained shoulders, and melted peppermints in the pocket. It's also the beginning of responsibility and work. Those kids fortunate enough to love horses, to have horses, will tirelessly clean up hay and horse poop, brush their horse's coat to a sheen of perfection, clip hair and braid manes until midnight, and lug hay and water buckets that are too heavy for them to carry. They do it all for one thing...to be able to ride. All the love and respect that goes into a horse or pony's care is reciprocated in the ride. I have been fortunate enough to be one of these lucky kids and even more fortunate to see it happening at Oldfield with yet another generation of horse-crazed tiny humans.

One of Oldfield's kids, Lourdes Low, is to be commended on her hours put in at the barn. She and her partner, Roxy, have had quite a year in the show ring and it is all due to a 10 year old girl who has

devoted her afternoons and weekends to care for, condition and show her pony, her partner. Help me in congratulating Lourdes and Roxy for their accomplishments this year in the PSJ as they were awarded Year End Short Stirrup Equitation Division Champion, Year End Short Stirrup Hunter Division Champion, and Year End high point Medal Champion. It was quite a year indeed!

On behalf of the Equestrian Center staff and all our four legged critters, Happy Holidays Oldfield family and friends!

EQUESTRIAN TRAIL RIDES, LESSONS AND MORE!

Don't forget to take advantage of everything Oldfield's Equestrian Center has to offer:

- Trail Rides \$40 (Approx. 1-hour and 15-minutes)
- Lessons \$35 per half-hour private lessons
- Pony Rides \$15

For reservations call at least 24 hours in advance. For more information, call (843) 645-2015.



GOLF COURSE UPDATE

Brian Roller Director of Grounds The month of December usually means cold mornings with the possibility of the dreaded frost delay. The golf

maintenance staff will be out monitoring the conditions of the golf course each morning and will open the course as soon as possible. Some days may take much longer for the frost to melt away all depending on the air temperatures along with the amount of frost that has accumulated on the turf. Once the frost is gone we will open up the course as soon as possible.

Why does frost cause problems? Basically, frost is frozen dew that forms when the temperature is near or below freezing. Ice crystals form on the outside of the plant that harden or freeze the cell structure of the grass plant, which makes the plant cells brittle and therefore they can be easily crushed. When the plant is damaged by foot traffic, it loses its ability to function normally. You will not see the damage from walking on frosted turf for a couple of days, but the leaves will eventually die and turn brown.

Thanks for your patience during the winter months, and the golf maintenance staff wishes everyone a safe Holiday Season.



Jon Hundley Head Golf Professional Male and female golfers that play in at least two golf tournaments a year need to have the following items:

- Rain suit
- Extra glove
- Dry socks
- Extra pair of shoes
- Towel
- Tees
- Balls
- Ball markers
- Sharpie (to mark your ball)
- Divot repair tool

- Dry clothes on site
- Umbrella
- Hat (rain hat)

The tournament list is not only a necessity for tournament golf, but great Holiday gift ideas. Please do not hesitate to call the golf shop if we can assist you in completing this list for your significant other.

See you on the course.

GOLF CLINICS AND LESSONS

Have you been thinking about learning to play golf? Well, there is no time like the present to begin. Our golf clinics and lessons are available to all Club Members, not just Golf Members. The cost for these weekly clinics is \$15/person and you can contact a member of our golf staff at (843) 645-4601 to get started on learning to play this great game. Why not give it a try? The worst that could happen is you might enjoy the camaraderie, the course, the exercise and maybe even the game itself!

Men's Clinic – 11a.m. – Tuesdays Ladies' Clinic – 11a.m. – Wednesdays Junior Clinic – 4p.m. – Fridays See you on the range!

WEEKLY GOLF EVENTS

TUESDAYS Ladies' Day |10 a.m. Shotgun Men's Clinic | 11 a.m. WEDNESDAYS Men's Day | 9 a.m. Shotgun Ladies' Clinic | 11 a.m. | \$15 per person THURSDAYS Play with the Pro | 9 a.m. Ladies' Day | 10 a.m. Shotgun FRIDAYS Junior Clinic | 4 p.m. | \$10 per person 9 & Dine | 5 p.m. Shotgun | Dinner to follow at the River Club SATURDAYS Men's Day | 9 a.m. Shotgun

We ask that you sign up a day in advance as courtesy to other members and to allow a more efficientlyrun event. Please note that some events may not be held each month due to scheduled course maintenance, tournament play or special events. Contact the Golf Shop for more information.

MAJOR GOLF EVENTS FOR 2015 MEMBER EVENTS:

DEC. 5 Holiday Bowl 10 OWGA Christmas Dinner



OVER \$23K RAISED AT OLDFIELD FOR BMH FOUNDATION

Friday (Nov.) 13th turned out to be a GOOD luck day as neighbors at Oldfield raised more than \$23,000 to help fund new 3-D mammography at Beaufort Memorial Hospital. The community event, planned and presented by the Oldfield Womens Golf Association, raised an historic amount for the fight against Breast Cancer. OWGA will present a check for the proceeds to the BMH Foundation shortly. The all-day event began with a golf tournament. Players faced special challenge holes such as the one devised by Chris & Betsy Adams on #3, a "Drive for Cash" with our Golf Pros on #5 and #12, and even a "lemonade" stand along the course. Every activity was an opportunity to raise money for the cause. The evening events featured a Lowcountry Boil Dinner and Live Auction. Speaking at the opening of the evenings program, Beaufort Memorial Hospital CEO Richard Toomey noted the important role of community-based fundraising for Beaufort Memorial Hospital Foundation and breast cancer screening. Also in attendance was the Foundations Executive Director, Alice Moss. Sports Club Director Mona Ward served as auctioneer and set a lively, competitive pace for the 40-plus items offered for bid, which included PGA event tickets, music and theater tickets, restaurant giftcards, catered parties, items donated by local Bluffton vendors, and beautiful artwork and items donated by neighbors. "I have never been more proud of my community than I was tonight," said Event Chair Lisa Smith. "So many people took up the cause and supported this effort in a huge way. Breast cancer seems to touch everyone whether personally or through family and friends, and it is no respecter of gender. It was gratifying to be part of the fight to diminish its effects on all of us. We have already begun to plan an even bigger, more inclusive event for NEXT October. We want everyone in the Oldfield family to feel a part of this: children, adults, golfers and non-golfers...neighbors



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	DEGEN sunday	VIBER monday	20]5 – TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
and the second se	MAKE RESE ONI Members.Old	LINE	Guppy Academy 1 Casual Tuesday		Thursday at 3 the Grill Book Club	Nature Bird Walk 4 and Field Trip River Club Tree Lighting and Dinner	Kid's Tree 5 Trimming 5 Holiday Bowl
	6	7	Guppy Academy 8 Casual Tuesday	Eco-River Cruise 9	Thursday at the Grill OWGA Christmas Dinner	Polar Pool Party 11	Breakfast 12 with Santa 12
	13	14	Guppy Academy 15 Casual Tuesday	Turkey Hill 16 Sporting Clays Shoot	Thursday at the Grill Mixer Under the Lights:Tennis	River Club Christmas Dinner S'mores on the Shore and Parent's Night Out	3rd Saturday Party19Annual Christmas Bird CountMini Chef's Christmas Cooking ClassKids Cooking Class: Christmas Edition
	20	21	Guppy Academy 22 Casual Tuesday	23	24	25	26
	27	28	Guppy Academy 29 Casual Tuesday	Camp Frosty 30 New Year's Dinner at the River Club New Year's Celebration at the Golf Clubhouse	31		

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OUTFITTERS



OOK, LINE & SINKER

Jason Dubose River Pro Come December it's easy for calendars to fill up quickly with traditional holiday

activities such as family get-togethers, shopping, and parties. While all of these events help us celebrate the season, let's face itsometimes we just need a break. What better way to shake off some of that holiday stress than by spending a little time on the water or in the field. The Outfitters Center offers a number of options for our sporting men and women to enjoy the outdoors in December.

For our shot gunning enthusiasts we've arranged a Wednesday afternoon group sporting clays shoot on December 16th at our beautiful hunt club Turkey Hill Plantation. Keep in mind that private sporting clay shoots can also be arranged and are a great way to entertain visiting friends and family.

Oldfield anglers may want to take advantage of the great wreck fishing that December offers. Bull Redfish, black drum, sheephead, summer tout, bluefish, black sea bass, and shark all take up residence at the nearshore wrecks this time of year providing prime fishing opportunities. Don't forget that December is also considered one of the most productive times of year to target redfish on the low tide flats. While poling the shallow waters of the marsh flats in search of schools of redfish you'll be surrounded by some of the Lowcontry's most breath taking vistas. A day on the flats in December is a must for any light tackle saltwater fishing enthusiast.

If fishing and hunting are not your thing but you would still like to get out and enjoy the outdoors how about a sightseeing boat excursion or a lunch cruise to Beaufort or Hilton Head? The Outfitters Center offers numerous options for half and full day destination boating excursions. Don't forget that gift certificates for any of these activities make great gifts for that hard to shop for person on your list. To make your holiday shopping even easier we are offering a 10% discount on all fishing charter and boat excursion gift certificates purchased during the month of December. Please call or visit us down at the Outfitters Center. We'll be happy to arrange your perfect day in the Lowcountry outdoors!





NATURE TALK

Jill Kombrink Naturalist for Youth and Family Programming

December 2015 Christmas Bird Count

Unless you're a bird enthusiast you may not consider the Christmas Bird Count a holiday tradition and more than likely you haven't even heard of it! It is however, a tradition that has been around since the turn of the century. Prior to the Christmas Bird Count (CBC) people engaged in a Christmas "Side Hunt" where once sides were chosen the groups would set off to see who could come back with the biggest pile of feathers (and fur!). Not surprisingly scientists began to notice a drop in the bird population and became concerned. Christmas Day 1900 Ornithologist Frank Chapman proposed a new holiday tradition- a "Christmas Bird Census" that would count birds instead of hunt them. The suggestion caught on and to this day a yearly Christmas bird count is held world-wide between December 14 and January 5.

Over the years Oldfield has participated in this exciting Citizen Science event and this year the date has been set for Saturday, December 19. Mark your calendars and check with Jill for more details.

Last year over 50 different species of birds were identified from the salt marsh, around the ponds and on the trails and wooded areas. It's that time of year again so be watching for some listed here.



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What's Happening

NATURE BIRD WALK AND FIELD TRIP

Friday, December 4 | 9 a.m-2 p.m. (times approximate) | Meet at the Outfitters | No charge We're changing it up this month to fit everything in around all the holiday festivities. The first Saturday bird walk and the 4th Friday field trip will be combined this month and held on the first Friday instead! Plan to join Jill for a day trip to Donnelly Wildlife Management Area for its diverse winter birding. From Warblers to waterfowl we'll hope to see it all.

More details for those interested

Call or email the Outfitters Center before Wednesday, December 2 to let the Outfitter's Staff know you'd like to attend. 645-4604 or outfitters@ oldfieldsc.com

ECO-RIVER CRUISE

Wednesday, December 9 | 2-3 p.m. | Adults and families | Meet at the Outfitters | No charge Winter waterfowl can be seen from the shore but it's even better by boat. By this time of year the loons and buffleheads have returned for the winter and are always entertaining to try and spot ducking under the water or flying overhead. Come join the fun with Captain Jason and Jill and see what else we'll spot.

With our new boat we can accommodate 10 guests but these spots fill quickly so call or email the Outfitters Center soon to let the Outfitter's Staff know you'd like to attend. In fairness of everyone we also ask that if you are bringing a non-resident guest you limit it to 1 guest per member registering. Please call 645-4604 or email outfitters@oldfieldsc. com.



TURKEY HILL SPORTING CLAYS

Wednesday, December 16 | 1 p.m. – 5p.m. | Meet at the Outfitters Center

What better way to spend a fall afternoon than by shooting clays at our 18,000 acre hunt club Turkey Hill Plantation. We'll start the afternoon off warming up on the 5-stand before shooting the 10 station 50 round sporting clays course. The participation fee is \$50 per shooter. Gun rental is included. Shotgun shells are not included; however 20 gauge shells are available for purchase.

Registration/cancellation deadline for this program is Sunday, December 13. Please register by contacting the Outfitters Center at 843.645.4604 or outfitters@ oldfieldsc.com

S'MORES ON THE SHORE

Friday, December 18 | 6:30-7:30m. | Adults and families | Meet at the Outfitters | No charge

Family fun at the Outfitters Center...School's out for winter break so let's celebrate the season with hot chocolate, marshmallows and a toasty fire! All supplies will be provided.

Call or email the Outfitters Center before Wednesday, December 16 to let the Outfitter's Staff know you'd like to attend. 645-4604 or outfitters@oldfieldsc.com

The Sports Club will be hosting Parents Night Out in conjunction with this event as well so make sure to RSVP to Deb if you'll be dropping your child off.

ANNUAL CHRISTMAS BIRD COUNT

Saturday, December 19 | 8 a.m.-12 p.m. | (times approximate) | Adults | Meet at the Outfitters | No Charge For over a century, Audubon's Christmas Bird Count has been a time-honored tradition. Citizen Science data collected during the CBC have uncovered critical information for bird conservation and you can help! Oldfield is a part of the data collection so save the date and plan to spend the morning with some local birding experts. Call or email the Outfitters Center before Thursday, December 17 to let the Outfitter's Staff know you'd like to attend. 645-4604 or outfitters@oldfieldsc.com

OLDFIELD OUTFITTERS BELIZE FISHING EXCURSION 2016

This September twenty-one Oldfield Club members and guests accompanied Capt. Jason DuBose on a fishing trip of a lifetime to El Pescador Lodge on Ambergris Caye, Belize. The trip was such a huge hit that Capt. Jason has set up another trip to El Pescador Lodge for 2016. The dates are August 26th though August 31st of 2016 and the rate is an incredible \$2100 per person based on double occupancy. Included at this rate are 5 nights lodging, 4 full days of guided fishing, all meals, local beer and rum drinks, and ground and air transportation from Belize City to El Pescador Lodge. Only a few spots remain open as most of this year's anglers are returning for next years trip. Please contact Capt. Jason (843.645.4604 or jdubose@oldfieldsc.com) for additional information or to reserve your spot!







The Outfitters Center has its own website. Keep up with all that is going on at the Outfitters Center!

www.oldfieldoutfitterscenter.com

WWW.OLDFIELD1732.COM





CLUB INFORMATION CLUB HOURS OF OPERATION

GOLF SHOP

Tee Times/Clinic Reservations 843.645.4601		
Tues-Sun Shop Hours	7:30 am - 5:00 pm	
Tues Thu Fri Sat		
Practice Range	7:30 am - dusk	
Sun & Wed		
Practice Range	7:30 am - 5:30 pm	

GOLF CLUBHOUSE Reservations and Information 843.645.4600

MAGNOLIA GRILL

843.379.5054			
Tues-Sun Lunch	11 am - 4:00 pm		
Tues Happy Hour	4:00 pm - 6:30 pm		
Tues-Sat Bar Hours	11:00 am - 4:00 pm		
Sun Bar Hours	9:00 am - 3:00 pm		
Tues Casual Tues Dinner	6:00 pm - 7:30 pm		

NEW! YOU CAN NOW MAKE **RESERVATIONS ONLINE AT** Members. Oldfield 1732.com

RIVER CLUB

Reservations (Friday Dinner) 843.645.4600 Thursday & Friday Dinner (Select Dates): 5:30 pm - 8:00 pm After hours: 843.645.4618

EQUESTRIAN CENTER

Reservations & Information 843.645.2015 8:00 am - 5:00 pm Tues - Sun

GREETER'S STORE 843.645.4

4630	
s	Closed
	11-5pm
	10-5pm
	1-5pm

866.653.3435 843-645-2530

843-645-2531

1:00 pm -5:00 pm

9:00 am-5:00 pm

OUTFITTERS CENTER Reservations and Information 843.645.4604 10:00 am - 4:00 pm Tue - Sun (other hours by appointment))

SALES OFFICE

JALLS O
Toll Free:
Phone:
Fax:
Sunday
Mon-Saturday

Mon-Tues

Wed-Frid

Saturday

Sunday

SECURITY

Front Gate Gate Cell Phone 843.379.2517 843.540.7063 843.540.1368 Patrol Cell Phone 843.645.9990 Fax Please contact a member of the front gate

security team in case of an emergency or to request a pass for any guests coming to your home or meeting you at one of the Club facilities.

SPORTS CILLIB

JI OILI J CLOD	
Information	843.645.4610
Sunday	1:00 pm - 5:00 pm
Tues - Sat	8:00 am - 5:00 pm
To enter the Club during n	on-staffed hours, please
obtain a keyless entry card f	rom a member of the
Sports Club staff.	

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CLUB STAFF

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OCA ACCOUNTANT & ARB ADMINISTRATOR Lesa Johnson 843.645.4626 liohnson@oldfieldsc.com

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