

NOVEMBER 2015 | VOL 15 | NO 11 WWW.OLDFIELD1732.com

## NOVEMBER EVENTS

WINE FAIR Thursday, November 5 OWGA BREAST CANCER EVENT Friday, November 13

**DESTRETATION** 

THANKSGIVING AT THE RIVER CLUB Thursday, November 26



A NOTE FROM THE GENERAL MANAGER

Jamie Selby

November 1, 2015 Dear Oldfield Club Members:

Deep breath, then exhale. Maybe to relieve a bit of stress which could be good, but hopefully to take in some of the precious things in your life and around it. The community is full of life, everything looks amazing and the weather is now perfect. You simply have to get out and enjoy it. Sometimes it's the simplest things that can mean so much and help us all appreciate what we have, where we are and who we share it all with. My son Pierce is now 9 months old. He is uttering words, smiles and runs toward me in his walker when I come home at night and last month he clapped his hands copying what Daddy was doing. Never thought I would be so happy about clapping and even more noise coming from my little nugget. Now that I have a family of my own, I have an even greater appreciation for all that our team puts together for our members. Every month when I review the newsletter or some of my family and friends read the copy that I keep at home, "Wow" seems to be a common response. There's so much to enjoy and all in this beautiful setting that is our community.

Our annual Member Guest Tournament weekend was a huge success, and one of the best ever. Beautiful weather all week, fantastic course conditions and great food. Aside from all of that, our members and guests are what make this event truly unique. It feels comfortable and casual, that makes it fun for everyone, and also a pleasure for our staff to creatively move the needle on what the Oldfield Member Guest experience is about. Special congratulations to our overall tournament winners, David Glasscock and Jeff Queen. Our Halloween festivities were fun for all ages and offered a safe place for our little goblins and their families to celebrate.

We hope that you will continue this holiday season by participating in the many upcoming events at the club.

See you soon.

Sincerely,

Jamie Selby General Manager, Oldfield Club

#### Employee of the Month

Congratulations to the following employee who was chosen for displaying exemplary service and going above and beyond in assisting Members and her fellow co-workers: *October*: Adam Brackman - F&B

#### **GREETER'S STORE**

Fall is in the air! The smell of pumpkin spice, apple cider, and the cool crisp air is upon us. At the Greeters Store we always have coffee, apple cider, and hot cocoa to warm you during your morning commute.

#### WELCOMIE TO OLDFIELD

John & Gloria Hoffman – Welcome to Oldfield! Hayes Lanford – Non-Resident Young Executive + Country Club

Atlantic Slipper LLC – Congratulations on your new property - Lot # 304

John & Tonia Welling – Congratulations on your new property - Lot # 5

## REAL ESTATE UPDATE

Greetings from Gateway Realty, your front gate real estate team at the Greeter's Store.

Good news is that due to the fact we have sold a lot of homes this year, we are experiencing a low inventory of homes for sale. A lower inventory of homes has translated into slower foot traffic but that is to be expected with only 15 homes currently for sale.

Our lot inventory is good and there are some great buys in terrific locations. Lots and homes that are priced to the market continue to sell.

The headway we have made on raising the lot prices and selling lots has translated into a lot of construction now in Oldfield. In addition to builders buying lots to build spec houses, there are also a lot of custom homes being built for future Oldfield residents, which is exciting.

Per the club, we have 14 homes in the ARB process, 15 homes under construction, 8 homes already completed in 2015, and another 9 expected to be completed before year end. These numbers are excellent to share with potential

buyers confirming that Oldfield is a wonderful place to live.

Our buyer demographic continues to be the early retiree or the younger family with children due to the very reasonable dues, great school district, and amenity package that Oldfield offers.

We greatly appreciate your continued support and referrals. We are honored to represent Oldfield at the front gate and we look forward to continuing to serve you. Please let us know if we can be of any assistance in any way.

Sincerely,

Your Gateway Realty Team Phone: 843-645-2530 Toll Free: 866-653-3435 Fax: 843-645-2531

#### RESERVING OLDFIELD LOCATIONS FOR PRIVATE EVENTS

If you would like to reserve any one of our venues, whether it be our Historic River Club, the Golf Clubhouse, Outfitters Center, or anyone one of our Pavilions for your special event, please contact Danielle Tosky, Private Events Director, at 843.645.4622 or email her at dtosky@oldfieldsc. com.

#### **F&B RESERVATIONS**

To RSVP to any one of our F&B events please click on this event on the calendar at Members. Oldfield1732.com or contact Deb at droller@ oldfieldsc.com or (843) 645-4600

## A Message from THE INFRASTRUCTURE COMMITTEE

Several years ago the Oldfield Community Association chartered a sub-committee to provide advisory and project management support for the ongoing Maintenance & Repair of existing Oldfield infrastructure and assets. The Oldfield Infrastructure Committee (OIC) works closely with Jamie Selby and other Oldfield venue/resource management personnel to assure repair and maintenance needs are scheduled and completed in a timely fashion. The OIC also seeks to ensure the quality of work performed sustains the high quality of appearance and performance expected by Oldfield residents. The OIC meets bi-monthly with Jamie and Staff.

Oldfield members may inform the committee of infrastructure issues that they wish to be addressed by writing to a newly established Member's Drop-Box at oldfieldic@gmail.com. We will continually monitor the Drop-Box and appropriate items will be added to the Maintenance & Repair Project List. The Maintenance & Repair Project List is published for all Oldfield members to view on Oldfield's Member's website (http://oldfieldclubonline.com/main). Members can click on the "Committee" tab and then on Infrastructure Committee. There you will have access to meeting agendas, meeting minutes and the project list. The project list contains information about all items being tracked as well as committee member names and the areas/facilities of the community each are responsible for.

OIC MEMBERS Steve Doyle Dan Hoffman Hank Johnston Jon Memsic Mike Todd Steve Massas Bob Shaw Frank O'Sullivan

(Co-Chairman) (Co-Chairman)



Before

After

## Food & Beverage



## A NOTE FROM THE F&B DIRECTOR

Charlie Nolette

#### Tis the season

November is a great month for most people. It's a month to really soak up the fall

and beginning of winter, football is in full swing, Thanksgiving, elections (not that the politics are worth celebrating just the reprieve in campaigns and propaganda), Veterans Day, and in general it's the start of the "Holiday Season" whatever religious day you observe. The Season that prevails over all these occasions however is the Season to Eat! And with eating comes socializing!

We have several events this month that are sure to satisfy both, from our Wine Fair on the 5th to our Thanksgiving Feast or the Oyster Roast on the day after. There are plenty of chances to indulge in the variety of culinary creations that Chef Jason and his team have put together. The thing that makes these events great though is not the great food or the great wines, but it is the great time you get to have with your friends and family. While we chose our career paths knowing we would work holidays and weekends, one of the justifications is that we get to participate and facilitate the making of memories and relationships for those who come to our events. We take great pride and have fun watching an event unfold where families get together, generations and social circles cross and share experiences with each other, and memories are made.

If what I am talking about seems strange to you then perhaps you have yet to experience an event such as this here at Oldfield. If you are new to the neighborhood these are some of our annual events that are a great time and really exemplify what being part of a community is all about. Obviously the kids can't make it to the wine fair, but this will be our third one and thus far I have yet to see anyone leave without a smile. Thanksgiving, what's better than having 30 feet of buffet at your fingertips, no dishes, and home in time to watch football? Perhaps one of my favorite events is our Oyster Roast on the Friday after Thanksgiving. Even if you don't like oysters this is a great time with the fires lit, some music, family and friends gathered together, and it has a fun and laid back approach to a good time. So if you haven't been to one of these three annual November events maybe this is the year to come on out to one or more of them. Regardless of which one, it will be sure to get you into a festive spirit and start the Holiday Season off right!

Sincerely,

Charlie Nolette

Charlie Nolette Food & Beverage Director cnolette@oldfieldsc.com (843) 645-4608



#### CASUAL TUESDAYS AT MAGNOLIA GRILL

Every Tuesday from 6 -7:30 p.m. Adults: \$15.95 | Children 12 & Under: \$5.95 \*Prices are subject to change according to menu. Don't forget to join us for Casual Tuesdays at Magnolia Grill! Each week's menu will feature a chef-attended station as well as dinner stations and a la carte desserts. Happy Hour is 4:30-6:30 every Tuesday with half priced drinks! Stop in after your round or come to dinner early to catch up with friends before dinner.

A different dinner special will be offered each week: **November 3rd:** Seafood Night \$19.95 ++ **November 10th:** Risotto Station- *Let's Celebrate the Marines and Navy's 240 years of Tradition. All complete with great fanfare!* 

November 17th: Cheeseburger in Paradise! November 24: Crab Cakes

December 1st: Barbeque Night!

**December 8th:** Hanukkah at Oldfield! Please RSVP by clicking on Casual Tuesday on the online Calendar at Members.Oldfield1732.com or to Deb at droller@oldfieldsc.com or (843) 645-4600.

#### THURSDAYS AT THE GRILL

Thursdays | 5:30-8 p.m. | reservations recommended Join us for a casual dining experience at Magnolia grill on a brand new night of service: Thursday. We'll be offering \$1 drink specials and a wide selection of pub style favorites including: burgers, salads, pasta, fresh fish, steak and comfort food. Healthy and non-gluten selections are available. All children's menu items are only \$1!

#### **RIVER CLUB DINNER**

Fridays | 5:30-8 p.m. by reservation A la carte pricing, \$1 children's menu NOTE: There will be no Dinner on Friday, November 13 & 27.

Advanced reservations assist us in serving you better! Menu subject to change based on freshness and availability. Please make us aware in advance of any preferences, dietary restrictions or food allergies

#### WINE FAIR

Thursday, November 5 | 5 p.m. Wine Club Members Preview Tasting – 6 p.m. Doors Open | River Club | \$50 per person - \$10 Discount for Wine Members We will feature over 70 different wines for you to taste and enjoy. All wines will be available for purchase through the club at preferred pricing. This is a great chance to stock up for the holidays if you entertain, get some nice reds for the cold winter, or simply add to your cellar or everyday wine rack. All wines will be ready to pick up on Friday November 13, well before the Thanksgiving week. RSVP's are required for this event. You can RSVP to Debna Roller at 843.645.4600 or droller@oldfieldsc.com.



#### THANKSGIVING AT RIVER CLUB

Thursday, November 26 | 11 a.m. – 2 p.m. by Reservation Only | Adults: \$32.95 plus tax and service charge Children 12 and Under: \$11.95 plus tax and service charge Early Sign Up Discount! Sign up by November 18 and adults pay only \$22.95 – a savings of \$10! MENU:

Roasted Turkey with Gravy and Cranberry Chutney Maple Cured Ham with whole grained mustard sauce Cornbread Dressing Mashed Potatoes Sauteed green beans with caramelized onions and bacon Sweet potato souffle Fall squash gratin Rolls Cornbread with bacon and cheddar Tossed green salad Pumpkin Pie with Chantilly cream Chocolate Bourbon Pecan Pie with Chantilly Cream Dutch apple pie

NOVEMBER COMMUNITY OYSTER ROAST (AND LOW COUNTRY BOIL!) FRIDAY, November 27 | Outfitter's Center

Cocktails 5 p.m., Oysters start at 5:30 p.m. \$34.95 adults, \$10.95 Children 12 and under \$10 EARLY SIGN UP DISCOUNT sign up by November 24th for only \$24.95

#### live entertainment

Join your friends and neighbors for the quintessential low country experience in the perfect setting of the outfitter's center. While our oysters are second to none, we'll have a full menu to satisfy every appetite. MENU INCLUDES: Corn muffins Kale and Vegetable slaw Corn Pudding Baked Beans Sausages and peppers, hot dogs Barbequed Chicken leg quarters Steamed oysters Low Country Boil

### RIVER CLUB () R E E LIGH () I R G

Friday December 4 | 6 p.m. cocktails - 6:30 p.m. dinner | River Club Free to attend for Oldfield Community Members | \$10 guests MENU

Roast beef Mashed potatoes Broccoli Salad Rolls Holiday desserts Hot chocolate station

## Breakfast with Santa

Saturday, December 13 | Magnolia Grill | 9-11 a.m. \$19.95 adult/\$9.95 children Please join us for an Oldfield holiday tradition! Price includes festive activities for the kids, photos and hot chocolate bar MENU

Waffles Egg and Omelet Station Sausage/Bacon Cheese Grits Fruit Hot Chocolate Bar Advanced reservations assist

Advanced reservations assist us in serving you better! Menu subject to change based on freshness and availability. Please make us aware of any preferences, dietary restrictions or food allergies.

### SAVE THE DATE

December 18, 19(2 nights) *River Club Christmas dinner* December 31st Oldfield New Year's Eve Celebration *River Club dinner* 

**December 31st** Oldfield New Year's Eve Celebration Party (Magnolia Grill) free of charge!

Oldfield Food and Beverage holiday hours: Thanksgiving: open at River club only, closed Christmas day & New Year's Day, Closing at 3pm Christmas Eve

# Lifestyle Activities

#### LUNCH & LEARN: DECORATING YOUR LOWCOUNTRY HOME FOR THE HOLIDAYS

Sunday, November 8 | 1 p.m. | Magnolia Grill Pricing: \$12

Learn about some fun ways to decorate your Lowcountry home for the holidays during this month's Lunch & Learn program. Join Ann Higgins, owner of Scout Southern Market, and learn about holiday decorating that captures the contemporary southern lifestyle. Scout Southern Market will have a pop-up shop after the luncheon! *Please RSVP in advance: 843-645-4610 or jphelan@oldfieldsc.com* 



#### FARMERS MARKET

Friday, November 20 | 3 p.m.-5:30 p.m. Outside of Greeters Store

At the Oldfield Farmers Market, you can find produce, specialty items and prepared foods – all within the convenience of our community! This Market will also feature a kid's cooking class and pony rides! *Any questions? please contact Jenny:* 843-645-4610 or jphelan@oldfieldsc.com

## CLUBS & MEMBER-RUN EVENTS

#### **Fishing & Outdoor Club** Thursday, November 12 | Outfitters Pavilion | 6 p.m. **OLDFIELD AUDUBON INITIATIVE** -

## OUR GREEN NEIGHBORHOOD

Our guest speaker will be Jill Kombrink who in addition to her many duties at the Outfitter's Center has headed the Oldfield Audubon Green Neighborhood effort over the last year. Jill will discuss the Audubon International Program and our recent accomplishments as well as upcoming plans to broaden efforts and promote community involvement. Did you realize that Oldfield is one of only fifteen communities in the entire country that is registered as a Green Neighborhood? Please come and get informed.

#### DINNER MENU

Lasagna - Bolognese and Veggie Rolls and Butter Plantation House Salad Cookies \$15.00++ PP *As always, there will be a member bar.* Please look for an upcoming member EVITE for further information.

If you are not a member of the Fishing and Outdoor Club and would like to join, please contact Steve Doyle at smdoyle997@gmail.com for more information.

## WOMEN'S CLUB IS COMING BACK!

PREVIEW OF COMING ATTRACTIONS Save the Date Every Second Wednesday of the Month Women's Club Dinner

Wednesday, January 13 | 6p.m. Social - 7 p.m. Dinner | River Club

### MEN'S CLUB

Wednesday, December 2 | Cocktails 6 p.m. - Dinner 6:30 p.m. | River Club

On Wednesday December 2 the Men's Club will have its monthly meeting. We'll have a great dinner together and afterwards hear from Oldfield resident Dr. Andy Beall who is the Executive Director of the Santa Elena Foundation. He'll give us an update on the exciting work going on there, status of his initial exhibit and also the very interesting archaeological work that he has ongoing in Beaufort. An evite will be going out to all members shortly with all the details and the evening's menu.

If you are not a member but would like to attend this month's meeting just contact Bob Champigny at bchampigny@ lamcotec.com or 1-843-415-2695 and you'll be all set to come and enjoy what is always a wonderful evening here at Oldfield.

### OLDFIELD BOOK CLUB

Thursday, December 3| Social: 5:30 p.m. | Discussion: 6 p.m. River Club | Dinner to follow at the Magnolia Grill This month's book: **The Story Hour by Thrity Umrigar** Join us for our next Book Club meeting! We meet monthly to discuss a book chosen by our Members. If you have any questions or wish to be added to the Book Club list, please contact Cindi Cannizzaro at 645-2506 or cannizz@ hargray.com. You may RSVP online by clicking this event on the calendar at Members.Oldfield1732.com.

## TRIVIA NIGHT!

#### Join us for Trivia night!!!

Wednesday, November 18 7 p.m. |Magnolia Grill |\$5 per person Join us for a fun night of trivia at the Club! Each team may have up to seven players with a max of four players 10 and older. Cash prizes vary depending on the number of players. You can sign up using Members.Oldfield1732.com or contact Deb Roller (843) 645-4600 or droller@oldfieldsc.com. If you'd like to be a guest host, please contact Cindi Cannizzaro at cannizz@hargray.com.

#### HAND AND FOOT

Thursday, November 5 | 7:30pm | Azalea & Osprey rooms at the Clubhouse.

We play Hand & Foot (a fun card game similar to Canasta) on the 1st Thursday of each month. The game usually lasts about 2 hours and prizes are awarded to the top 2 or 3 scorers. Since we need the number of players to be a multiple of 4, please sign up by Wednesday if you plan to play so we can plan accordingly. *If you have never played, but are interested, please contact Cindi Cannizzaro at 645-*2506 or cannizz@hargray.com to set up a time to learn the game.

### **3RD SATURDAY PARTY**

7 p.m. | Third Saturday of each month

Location will be emailed once we know how many houses we will need | Please RSVP by the Thursday before

Come meet your new neighbors! Bring something to eat, a bottle of wine and your own wine glass. If you have any questions, would like to be added to the email reminder, would like to host a party or need to RSVP please contact Cindi Cannizzaro at (843) 645-2506 or email cannizz@ hargnay.com.



PLEASE NOTE: The Lagoon Pool is open Tuesday through Sunday 10 a.m. - 10 p.m. The Slide and Cabana service is closed for the season.

#### GUPPY ACADEMY

Tuesdays & Thursdays in November | 9 a.m.-12 p.m. Age 2-4y | \$20/Child | 8 child max. **No Guppy** Academy Thursday, November 26

The summer has ended but for our smallest learners the adventures will continue throughout the school year! Guppy Academy is a bi-weekly pre-school-like program for toddlers, providing fun learning activities, crafts, lunch and so much more! Held on Tuesdays and Thursdays, children learn the alphabet, numbers, colors, shapes and social skills through a "Montessori Inspired" curriculum. In this nurturing environment each child is encouraged to explore, learn and grow through imagination, creativity, discovery and play! Registration for this program happens monthly and fills up quickly! Please register online each month to guarantee your spot! Lunch is included; parents

provide diapers, wipes, snacks, and an extra change of clothes. There is a maximum of 8 children to participate. *Please* remember to RSVP no later than 48 hours in advance online at members.oldfield 1732.com. Cancellations not made at least 24 hours in advance will still be charged to your account.

#### PARENTS NIGHT OUT AND OWGA LIVE AUCTION

AND LOW COUNTRY BOIL

Friday, November 13 | 5:30- 9p.m. | Age 4y-11y \$10/child| Childcare at Sports Club

This month's PNO has a little twist. Join us for the Live Auction-Low Country Boil that follows the Oldfield Women's Golf Association Tournament. This event Benefits the Beaufort Memorial Hospital Foundation. Proceeds will help to provide additional 3D mammography equipment for BMH Women's Center. You don't have to participate in the tournament to enjoy a great night of food, fun and bidding. Gift Baskets, tickets for events, services and food as well as items from some of your favorite Tanger Stores will be auctioned. So while you enjoy the auction, we'll take care of the kids! The kids night features a pizza dinner, and movie with themed games, crafts and other activities!

RSVPs for both events will be taken simultaneously by Deb Roller! There is a minimum of 5 and a maximum of 15 children to participate in this event. *Member*  guests are welcome for an additional \$2 and does not include "additional sibling" rate. To RSVP please contact Deb Roller at droller@oldfieldsc.com. Please RSVP no later than Wednesday November 11 at 5pm.



### GLOW IN THE DARK SPORTS NIGHT

Tuesday, November 10 | 6:30 – 8:00 p.m. | Ages 7+| Sports Club | Minimum of 6 to participate It's the night before Veterans Day and there is no school in the morning!! Let's celebrate with some good old fashioned sports, with a little twist, Glow style!! The clocks have turned back and it will be dark but the fun will just be beginning as we don our glow apparel and have a blast playing with our friends. Get out there, get glowing and have a great time!!! RSVP online at members.oldfield1732.

com. Please remember to RSVP no later than Friday November 6 at 5:00pm, so that we can appropriately staff this event!!

## kids cooking

Friday, November 20 | 4:30 -5:30 p.m. | Ages 7+ |Greeters Store| \$10/child

Get your young chefs ready. Kids Cooking is back in full gear. Join us for this special class, where we really get cooking. From learning terminology to kitchen safety, to techniques tips and tricks your child will craft a culinary masterpiece each time.

#### November's Menu: Farmer's Market Fare Fresh ingredients purchased at the Farmer's Market will be used to prepare this special meal!

There is a minimum of 4 and a maximum of 10 kids to participate in this monthly event. A minimal fee is charged for cooking tools and ingredients. We ask that you provide one Tupperware container for takeaways!! Please RSVP no later than 5pm Wednesday November 18th online at members. oldfield1732.com.

#### CAMP PILGRIM

Wednesday, November 25 | 9 a.m -2 p.m. |Ages 5+ Outfitters Center|\$15/child

Join us for one of our most popular camps of the year! Ready to eat, play and craft like a pilgrim?!? We sure are!! What better way to spend the day before Thanksgiving than scavenging for your lunch, eating around the campfire, creating a thanksgiving masterpiece, and playing games?!?! All while enjoying the amazing scenery Outfitters has to offer, you can't beat this camp and we can't wait to show you what Camp Pilgrim has in store!! Come join us and earn your Dino Dollars early to save for summer!!

There is a minimum of 8 and a maximum of 20 kids to participate in this event. Lunch is included, please pack a snack, weather appropriate clothing (jackets may be needed) and a water bottle. Rain and Inclement Weather Location is the Sports Club. RSVP will be taken online at members. oldfield1732.com no later than 5pm Friday, November 20th. For additional information contact Theanette by phone at 645-4610 or by email at tholmes@hamptongolfclubs.com.

#### CRAFT FRIDAY ON BLACK FRIDAY

Friday, November 27 | 10 a.m. – 12 p.m. | Ages 5+ | Sports Club| \$ 10

It's the biggest shopping day of the year and everyone is scrambling to get their Christmas presents in line. We know that the children need help getting their presents for mom, dad, or their favorite relative in order too and we'd like to help them! We will make and wrap a present with the children for a special someone. We can't tell you what.... It's a secret not to be discovered until Christmas day, but it will be something great! So come down and craft with us!!

There is a minimum of 5 and a maximum of 15 kids to participate in this event. A very light snack is included and costs covers food and craft supplies. RSVP will be taken online at members. oldfield1732.com no later than 5pm Friday, November 20th. For additional information contact Theanette by phone at 645-4610 or by email at tholmes@hamptongolfclubs.com

## <u>FITNESS</u>



#### TIP FROM THE TRAINER

#### Mona Ward, A.F.P.A. Certified Back to the basics Breakfast: Important, needed, or not necessary?

In the past, we were pounded with how important breakfast was. How it started your metabolism, how you needed to stoke that "furnace to burn calories. How the most important meal of the day was a mandatory meal or you were condemned to a day of utter discombobulation!!!

WE also found out that research could be bought and paid for by the Dairy Association (Got Milk!), the poultry Industry (2 Eggs over easy) and the wheat farmers (slice of wheat toast lightly buttered.) Well the research now leans towards groups.

What I mean is this; the science of eating breakfast isn't the same for everyone.

#### The "Children's" group

Children need to use their fuel to grow at night. In the morning they need to replenish what they've depleted. So for kids, the morning meal restores the essential sugars that give them cognitive functioning energy. Breakfast for them will increase their memory, and attention span.

A breakfast of protein, fiber and calcium works best.

#### The "Teen or college student "group

The National Health and Nutrition Examination survey found that this group, when skipping breakfast tended to have bigger waists and higher rates of obesity.

For this group, protein is more essential. Less protein shows metabolism slowing, putting them at a risk for weight gain. Greek yogurt is a great starter.

#### The "Exercisers" group

This is where the waters get a little muddy. If you aren't a big breakfast eater, don't eat it. You aren't going to sabotage your weight goals according to the majority of the research. If you think you need to eat to keep your weight in check then eat a breakfast within the 350-400 calorie mark. Make sure the emphasis is on protein. I know some people who can't eat and exercise without feeling nauseas. Some can only function on coffee or a piece of toast.

There is great evidence too that working out in a fasted state burns the calories you've already eaten

I'm old school and I know for me, oatmeal or yogurt gives me the energy I need to be mentally and physically ready to start my day. BUT, I may give the fasting routine a try given that research states you burn 20% more body fat on an empty stomach. In the end, you should be listening to your body. It will tell you. I wouldn't however listen to the voice that says "2 Dunkin Donuts and a Pumpkin Spice Latte".

## FITNESS CLASSES

**YOGA FOR GOLFERS** – *Mondays at 11:15 a.m.* Learn how to improve your golf game and overall fitness with yoga. This class will help you increase your distance and accuracy from the tee by improving your flexibility and strength. You will learn pre-round sequencing for at home and on the course, mid-round sequencing to keep your swing fluid and post-round sequencing.

## **RESTORATIVE YOGA -** Mondays & Fridays at 9:30 a.m.

Classes are approximately 90 minutes and use the ANUSARA Principles of Yoga: Blending muscular and organic energy for alignment of mind and body and connecting strength, balance and flexibility while allowing the release of muscular tensions. Please note: there is a fee for this specialized class. To register contact Janet Lent @ 645-9030 or jmblent@aol.com.

#### **BOOTYBARRE®** - Tuesdays at 9:00 a.m.

Bootybarre<sup>®</sup> is a fun, energetic, workout that fuses techniques from Dance, Pilates, and Yoga that will tone, define and chisel the whole body. Bootybarre is the perfect combination of strength and flexibility with an added cardiovascular element utilizing the barre. We focus on proper biomechanics for a safe and well structured class that can be modified for any fitness level.

**YOGA** – *Tuesday, Wednesday, & Thursdays at 5:30 p.m.* Fine tune your body and mind at the same time while stretching your way to improved health. You couldn't do anything better for yourself.

#### ICT (INTERVAL CIRCUIT TRAINING) – Tuesdays & Thursdays at 10:30 a.m. No Class Thursday, November 26

This class takes you into the BIG gym. Grab a circuit program guide and watch for the light to turn green. Each exercise lasts four minutes so push yourself to max-out. When the light turns red, stop and hit the next exercise on your list. Cardio conditioning is included in this 12-exercise program.



#### BODY WORKS - Wednesdays 8:30 a.m & Saturdays 9 a.m. No Class Saturday, November 28

Improve muscle tone, posture, balance and strength with this workout. The 12 timed stations provide functional training that works both sides of the body as well as your core strength.

#### PIYO - Thursdays at 8:30 a.m.

This is a perfect blend of Pilates, Yoga, sport stretch and toning movements all in one hybrid class. The mind/body format moves fit perfectly together to form a fun, challenging class. If you like Pilates, Yoga or even stretch and strength moves, this is your class.

#### **FREESTYLE STRETCH** – Thursdays at 10:00 a.m. New Offering

#### No Class Thursday, November 26

Grab a mat, foam roller, strap or band for this selfled, informal stretch. Take this time to stretch your tight muscles, work out a kink or just loosen up any areas that need attention. The room is quite, and full of all the equipment you'll need.

## **YOGA EXPLORATION (Co-Ed)** - Wednesdays at 10:30 a.m.

Applying the time honored traditions of yoga focusing on muscular and joint pain relief while strengthening core, body and spirit. No experience required. This co-ed class is offered to all Oldfield members over 15 without charge.

#### **BLT -** Fridays at 9 a.m.

#### No Class Friday, November 27

No not Bacon lettuce and tomato, it's Butts, legs and thighs! We're toning and strengthening them using body bars, resistance balls and bands. All levels welcome and plenty of modification for everyone.

#### ALL ARM ASSAULT - Fridays at 9:30 a.m. No Class Friday, November 27

Here's your shot at getting the arms you've always wanted. Say goodbye to the "wave" and hello to shapely, toned arms. Class is 20 minutes and uses light weights, bands and your body weight.

#### ZUMBA - Fridays at 12:30 p.m.

Sculpt your body, fuel your life. This is the complete all-in-one, perfect package class. Great music, stepby-step instruction and a lot of calories burned at the end of the class. See why the Zumba motto is "ditch the workout, enjoy the party.



## You're Being Watched!

#### Tim Helm, Director of Security

Ok, you aren't literally being watched in the traditional sense, but you are absolutely being tracked every time you are online! Every web page you visit records and stores text data in your computer called cookies. Cookies are often used to track patterns in your internet surfing for the purposes of user-specific advertising, and while most are harmless enough, some malicious parties can use them to make your computer more susceptible to hacks, scams, viruses, and malware.

All browsers give users the option to delete their browsing history, generally under the "Tools" tab of their menu options. Surprisingly, however, very few internet surfers take advantage of the function. As a result cookies and tracking information build up in computers over time, not only making them vulnerable to attacks, but also taking up disk space and slowing down functionality. Following are the top reasons to regularly clear your browsing history, cookies, and caches.

#### **Cover Your Tracks!**

I don't know about you, but I don't like the idea that advertisers or anyone else has any right to know what web pages I visit. But the information is collected...



Tennis

Paul Louw Attacking the Serve An aggressive return can put tons of pressure on your opponent, even if they have a

good serve. Against a player with a good serve, with pace, a smart returner can neutralize a good serve with a shorter backswing, with a smaller, quicker loop. Anticipate where the ball is being served and step in to cut off the angle of the serve. Use the pace of the ball to redirect the ball away from the server. This will also reduce the amount of time the server has to respond to the ball.

Always try to hit the ball in front of your body, while shifting your weight from your back foot to your front foot upon contact. Early preparation is the key. Get your racket back early, while taking small, quick steps to be able to be in the right place while contacting the ball.

Make sure to completely follow through on your return. Extend through the shot and keep your momentum moving forward towards your target. This will help to put you in control of the point and put you in an offensive position for the next shot.

#### TENNIS CLINIC SCHEDULE

TUESDAY 9:30-10:30a.m. Point Play Clinic 10:30 - 11:30a.m. Beginner Clinic THURSDAY 9:30 - 10:30AM Doubles Strategy Clinic 10:30 - 11:30AM 2.5-3.0 Level Clinic

From every web page, every time you visit. Cookies are small text files that are sent to your web browser whenever you're on a page. Your browser stores that information and reuses it if you visit that page again. While in theory this form of tracking is designed and explained as a way to recall your preferences and enhance your browsing experience, in reality, these data files are little more than a way for people to know what you're up to and find a way to sell you something. To keep from being attacked through annoying pop-ups and online ads, simply delete your history and stored cookies regularly.

#### Simple Security

Deleting your browser history is a simple way to not only maintain your online privacy, but also make you less vulnerable to hackers. While a few cookies in your computer aren't likely to cause you any problems, leaving a long history sitting online can make you an easy target to those who wish you harm. Viruses, malware, spyware, all these things can be more easily snuck in to your computer if you don't regularly clear your history and cookies.

#### Keep Current

In addition to cookies, your web browser also collects data files called caches while you surf. Caches are essentially saved versions of how web pages that you visit look and function. So basically, if you haven't cleared your caches in some time, you may actually be viewing an outdated version of the web page you are trying to visit. Deleting your browsing history, cookies, and caches, is a simple way to ensure that the sites you're visiting are the most up-to-date versions available.

#### Performance Boost

Ultimately, cookies and caches are not needed. While the files are quite small, they can still build up and bog down your system performance. If web pages are taking longer to load then usual or you are encountering a lot of network timeouts our crashes, you can boost performance by clearing your browsing history, cookies, and caches. Doing this once a week or at least every other week will keep your browser operating at optimum speed and performance.

#### Free Up Disk Space

By simply deleting your history, caches, and cookies, you can free up considerable memory and hard disk space. The information collected by your browser is often stored in your hard disk, and over time, this unnecessary data can inhibit your ability to install new programs or save documents. While you may not think it would make a large impact, the accumulation of these files can be a real hard disk hog!

We're calling November, MOVEmber at

the Equestrian Center as we are encouraging

What's our best recommendation for

people think the horse does all the work, but

the truth is horseback riding will help you

improve stability and balance,

coordination, flexibly, and did

I mention thighs of steel! If

you're interested in learning

more about how horseback

riding can improve your fitness, please take advantage

Have a Safe and Enjoyable Thanksgiving Day!

FRIDAY 9:30-10:30 - Stroke and drill clinic

SATURDAY 9:00-11:00 - Community tennis EQUIPMENT SERVICES Racquet Restringing: \$25-40 LESSONS

GROUP Lessons: *\$18 per clinic* PRIVATE Lessons: \$55 per hour SEMI-PRIVATE Lessons: \$30 per person

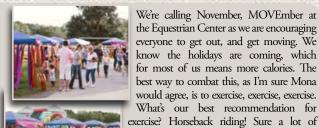
GROUPS of 3: \$20 per person To schedule a lesson outside of these times, please contact Paul at 843.645.4612 or plouw@oldfieldsc.com

### euues i kian HORSIN' AROUND

Karah Daly, Equestrian Director Fall is my absolute favorite time of year. Cooler weather, pumkin spice everything, and fuzzy horses! Back home, Fall also meant one thing, THE FAIR! We came as close to the fair as we could this year

at our 1st Annual Harvest Jubilee. Thank you to all our members who came out to

support the Equestrian Center at this very successful event. It was great to see all our Oldfield kids having a wonderful time playing games, decorating pumpkins, and riding ponies. We are already looking forward to next year!







of our November trail riding special. All trail rides for Oldfield members and your guests are 25% off. Never ridden before? It's OK! We have horses that are safe for beginners and just as fun for more experienced riders. So get outside, enjoy the weather, make a new furry friend, and enjoy the workout.

#### EQUESTRIAN TRAIL RIDES, LESSONS AND MORE!

Don't forget to take advantage of everything Oldfield's Equestrian Center has to offer: • Trail Rides - \$40

- (Approx. 1-hour and 15-minutes)
- Lessons \$35 per half-hour private lessons
- Pony Rides \$15

For reservations call at least 24 hours in advance. For more information, call (843) 645-2015.





## GOLF COURSE

Brian Roller Director of Grounds With winter rapidly approaching, the golf

approaching, the golf course maintenance staff will be preparing the turf

to withstand the colder months. The two most important things that we will do are to raise the height of the fairways, approaches and greens and to apply the correct amount of potassium fertilizer. Even though the turf isn't growing strong during this time of year, it is still important to apply this type of fertilizer. This will ensure a hearty root system for the turf grass to sustain life throughout the colder weather and give it a little extra kick coming out in the springtime. It's also important that we raise the height of cut before the first frost or the greens will become extremely fast and more susceptible when the turf begins to grow in the spring time. Also, to maintain an acceptable speed and smoothness, we will continue to roll the greens throughout the winter months, and mow them when they need to be cleaned up.

One other thing that is very important to the course is cart traffic. During the winter months, the turf takes a much longer time to recover from damage. Watching cart signs and minimizing the amount of cart traffic on the course is very important. We will be keeping a close eye on traffic patterns and will put up rope stakes and more signs where we think they are needed.

Thanks and hope to see you on the course.



#### TIGHT LIES Jon Hundley

*Head Golf Professional* It is that time a year again when the grass is dormant, and the lies can get a little skinny.

Tight lies can be intimidating, especially around the green when you have to navigate your ball over a bunker and stop it quick. The first thing to do is stop reading articles about how tour players hit the shot. It is not that they do anything wrong, but they leave out the fact that they spend countless hours practicing. When tour players write about a pitch shot over a bunker, they say play the ball forward, open the face and follow through. This technique usually puts the ball in the next county when a weekend golfers tries it.

If you do not get adequate time to practice the pitch shot, play the ball back of center, open your stance, keep your grip pressure light as possible, and make sure you hinge your wrist as your body turns. By playing the ball back of center, will provide better club to ball contact and eliminate most of the low line drives that fly the green at mock 4.

#### GOLF CLINICS AND LESSONS

Have you been thinking about learning to play golf? Well, there is no time like the present to begin. Our golf clinics and lessons are available to all Club Members, not just Golf Members. The cost for these weekly clinics is \$15/person and you can contact a member of our golf staff at (843) 645-4601 to get started on learning to play this great game.

Why not give it a try? The worst that could happen is you might enjoy the camaraderie, the course, the exercise and maybe even the game itself!

Men's Clinic – 11a.m. – Tuesdays Ladies' Clinic – 11a.m. – Wednesdays Junior Clinic – 4p.m. – Fridays See you on the range!

#### WEEKLY GOLF EVENTS

TUESDAYS Ladies' Day |10 a.m. Shotgun Men's Clinic | 11 a.m. WEDNESDAYS Men's Day | 9 a.m. Shotgun Ladies' Clinic | 11 a.m. | \$15 per person THURSDAYS Play with the Pro | 9 a.m. Ladies' Day | 10 a.m. Shotgun FRIDAYS Junior Clinic | 4 p.m. | \$10 per person 9 & Dine | 5 p.m. Shotgun | Dinner to follow

at the River Club SATURDAYS

Men's Day | 9 a.m. Shotgun

We ask that you sign up a day in advance as courtesy to other members and to allow a more efficientlyrun event. Please note that some events may not be held each month due to scheduled course maintenance, tournament play or special events. Contact the Golf Shop for more information.

#### THE OWGA IS SPONSORING AN OLDFIELD COMMUNITY BREAST CANCER FUNDRAISING EVENT



Thursday, November 12: Preview Show and Cocktail hour Friday, November 13 |1 p.m. Shotgun Start | 6 p.m. Lowcountry Boil Dinner - Auction to follow immediately after dinner

Plan to join the OWGA and your friends and neighbors of Oldfield in supporting Breast Cancer Awareness

with a Golf Tournament, Lowcountry Boil and Auction. Your participation will help provide additional 3D mammography equipment for BMH Women's Center. 3D mammography is a more accurate screening tool in the fight against breast cancer. The event is open to all Oldfield Members, Residents and Guests. Please come support all the women you care about... play, dine and bid!

Golf/Dinner/Auction - \$125 per person - \$500 (team of 4)

#### Dinner/Auction Only - \$35 per person Hole Sponsorship - \$100

The forms are available for pick up at the Golf Clubhouse Ladies and Men's Locker Rooms, Sports Club, and Pro Shop.

#### SPECIAL PARENTS' NIGHT OUT DURING THE DINNER AND AUCTION!

Would you like to participate in the dinner and auction, but not sure what to do with the kids? The Sports Club will be hosting a special Parents Night Out so that you can help support this great benefit. For more details, see the Sports Club section "Parents Night Out" in the newsletter to RSVP. Contact Debra Roller at 843.645.4600 or droller@olfieldsc.com to RSVP for this special Parents Night Out. You must be signed up to particitpate in the golf tournament and/or the auction lowcountry boil to rsvp for parents night out. *Contact the Pro Shop at 843.645.4601 for more information on the day's events and to sign up. Deadline is November 1, 2015.* 

#### MAJOR GOLF EVENTS FOR 2015 MEMBER EVENTS:

NOV. 6-7	Ladies' Club Championship			
7	Shark Tournament			
13	OWGA Breast Cancer Tournament,			
	Auction & Lowcountry Boil			
DEC. 5	Holiday Bowl			
10	OWGA Christmas Dinner			
NON-MEMBER EVENTS:				
NOV. 14	Cupid's Arrow			
21	Weichert Realtors tournament			







Hogan Flight

Jay Barr &

Jones Flight Duke Delcher & Alan Van Horn

Palmer Flight Tim Stewart & Brian Shepherd

Player Flight Paul Castraberti & Thomas Withers

Putting Champions Jaime & Brian Matthews

## www.OldfielD1732.com

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		101	DFII CLUP			
NOVEN sunday	MBER monday 2	TUESDAY Guppy Academy 3	- CALE wednesday 4	THURSDAY	FRIDAY	ENTS SATURDAY
		Casual Tuesday		Hand and Foot Thursday at the Grill Wine Fair	Ladies' Club Championship S'mores on the Shore	Bird Walk ' Ladies' Club Championship Shark Tournament
Lunch & Learn: Decorating Your Lowcountry Home for the Holidays	9	Guppy Academy 10 Casual Tuesday Glow in the Dark Sports Night	11	Guppy Academy 12 Fishing & Outdoor Club Thursday at the Grill OWGA Breast Cancer Auction Preview Show and Cocktail Hour	OWGA Breast 13 Cancer Tournament Auction/Lowcountry Boil and Parents Night Out	Cupid's Arrow <b>14</b> Wingin' it at the OFC
15	16	Guppy Academy 17 Casual Tuesday Savannah Boat Caravan	Eco River Cruise18 Trivia Night	Guppy Academy 19 Thursday at the Grill	Farmers Market 20 Kids Cooking Dinner at the River Club	3rd Saturday 21 Party
22	23	Guppy Academy 24 Casual Tuesday	Camp Pilgrim 25	Thanksgiving 26 at the River Club	Fourth Friday 27 Field Trip: Savannah Wildlife Refuge Craft Friday on Black Friday Community Oyster Roast & Lowcountry Boil	28
29	30			KE RESERVATIC ONLINE pers.Oldfield173		

# \*OUTFITTERS\*



## OOK, LINE & NATURE TALK SINKER

Iason Dubose River Pro There's no shortage opportunities in November

for the Lowcountry sportsman to get out and enjoy a little time on the water. The spotted sea trout and redfish continue to feed voraciously in anticipation of the quickly approaching winter and can be effectively targeted with live and artificial baits. The near shore wrecks provide great opportunities to tangle with gamefish such as gray trout, bull redfish, bluefish, blackdrum, and sea bass. Live bottom areas located 35 to 45 miles offshore are teaming with a variety of species ranging from hard pulling, and great tasting, grouper, snapper, and triggerfish to drag burning king mackerel and amberjacks. If you want to try your hand at a true Lowcountry fall tradition join us on a deep-hole shrimping excursion. When the currents are reduced to a trickle just before and after the slack tide shrimp will settle down into the deep holes often found at creek mouths and bends. Modified "taped" cast nets with extended tether lines are used to reach the shrimp as they lie on the river bottom often in 30 to 50 feet of water. This method of shrimping can be very productive! If you go have your Old Bay seasoning and cocktail sauce ready and invite the neighbors over for an old fashion shrimp boil! Don't forget that aside from fishing charters the Outfitters Center offers lunch/sight seeing excursions by boat to destinations such as Beaufort, Daufuskie Island, and Savannah. Call or stop by the Outfitters Center to set up your perfect day on the water!





of

Jill Kombrink Naturalist for Youth and Family Programming

Oyster Season is upon us... Got shell?

I guess it goes with the territory that since I'm writing nature articles I continue to

relate to all the "seasons". A couple of months ago I mentioned one of my favorites; "turtle season" and of course we know just around the corner is "holiday season" but today's focus as the title may have hinted at is "oyster season". You may have heard the saying that oyster season includes all months containing an "R" so basically September through April.

Being on the east coast we have the Eastern Oyster and although some may see it just as a seafood delicacy it is actually extremely important to our local estuaries. The oyster is referred to as a keystone species for several reasons. The first being, oysters create structures which are home to 130 species of finfish and macro invertebrates. Second, oyster reefs form natural breakwaters that protect the salt marsh by reducing wave action and erosion and actually help expand the marsh. Finally, oysters most important feature is they are filter feeders and maintain water quality by filtering about 2.5 gallons of water an hour which adds up to about 50 gallons of filtered water a day!

Currently, South Carolina has a critical shortage of oyster shell. Can you think of why this may cause a severe drop in our oyster population? Adult oysters release millions of fertilized eggs in the summer months and after 2-3 weeks of development these young free-swimming oysters called spat need a hard substrate to attach themselves to. Studies have shown the most successful material for them to cling to is oyster shell but less than 25% of our oyster shells are being recycled and instead are being thrown away where they will uselessly sit in landfills without bio-degrading. Shells need to be re-used to create man-made oyster reefs.

> The South Carolina Department of Natural Resources (SCDNR) has organized a state-wide oyster shell recycling program and Oldfield is now a part of it! Our first Oyster Roast was October 16 and with the help of members and staff, the shells were delivered to 1 of the 5 recycling locations. If you would



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like more information on how to be involved, visit the DNR website or contact Jill at the Outfitters

Center. Complete the cycle by recycling!!



Image from the SC DNR Website http://score. dnr.sc.gov/deep.php?subject=6&topic=1





http://saltwaterfishing.sc.gov/maps/SitesMap.pdf



# What's Happening

#### S'MORES ON THE SHORE

Friday, November 6 6:30-7:30 p.m. Adults and families | Meet at the Outfitters | No charge There's a chill in the air and it is perfect fire pit, hot chocolate and s'more weather! All supplies will be provided so just plan to stop by the Outfitters Center for food and fun.

Call or email the Outfitters Center before Wednesday, November 4 to let the Outfitter's Staff know you'd like to attend. 645-4604 or outfitters@ oldfieldsc.com

#### NATURE PHOTOGRAPHY BIRDWALK

Saturday, November 7 | 9:15-11:15 a.m. | Meet at the Outfitters | Adults and families | No charge

Days are getting shorter; temperatures are dropping and migrating birds will be passing through or staying for the winter. In order to capture the moment we have an exciting addition to our usual walk this month. A local photographer will go over some basic outdoor photography techniques and then we'll hit the trails to test out what we've learned. Whether you're a photo enthusiast or not plan to come for the nature we're bound to experience.

Remember to mark your calendars for the first Saturday of every month to get outdoors and enjoy nature together.

Call or email the Outfitters Center before Friday, November 6 to let the Outfitter's Staff know you'd like to attend. 645-4604 or outfitters@oldfieldsc. сот

#### ECO-RIVER CRUISE

Wednesday, November 18 | 2-3 p.m. | Adults and Families | Meet at the Outfitters | No charge It's a little too chilly for some water activities this time of year but our monthly river cruise is a great way to enjoy the outdoors from the water and learn something new! Join Capt. Jason and Jill for this month's exiting and educational Eco-Cruise. With our new boat we can accommodate 10 guests but these spots will fill quickly so call or email the Outfitters Center soon to let the Outfitter's Staff know you'd like to attend. In fairness of everyone we also ask that if you are bringing a non-resident guest you limit it to 1 guest per member registering. Please call 645-4604 or email outfitters@oldfieldsc.com.

#### WINGIN' IT AT THE OFC

Saturday, November 14 | 2-3 p.m. | Adults and families | Meet at the Outfitters | No charge

The Outfitters Center is excited to welcome Lowcountry Raptors, "Bring the Wild Alive" program. A variety of raptors and owls will be the stars of the show so be sure to save the date for this educational presentation on these fascinating creatures.

Call or email the Outfitters Center before Friday, November 13 to let the Outfitter's Staff know you'd like to attend. 645-4604 or outfitters@oldfieldsc.com

#### SAVANNAH BOAT CARAVAN

Tuesday, November 17 | 9 a.m. – 5 p.m. | Meet at the **Outfitters** Center

Load up your boats and follow your River Pro, Capt. Jason DuBose, on a cruise through the Lowcountry's scenic creeks, rivers, and sounds all the way to the historic Savannah riverfront.

Once there you'll enjoy shopping and dining on River and Bay Streets before cruising back home. There are a limited number of spots available for members who would like to ride along with Capt. Jason. The fee for this program is \$25 per vessel and \$75 per person for those riding with the River Pros.

Registration/cancellation deadline for this program is Friday, November 13. Please register by calling the Outfitters Center at 843.645.4604 or by email at outfitters@oldfieldsc.com.

#### FOURTH FRIDAY FIELD TRIP: SAVANNAH WILDLIFE REFUGE

Friday, November 27 | 9 a.m. - 2 p.m. (times approximate) | Meet at the Outfitters | More details available for those interested in attending No charge

It's the day after Thanksgiving and you may need a reason to get outdoors and walk off some of yesterday's feast! I have the perfect solution and it's just down the road! Plan to join me on a bird walk through Savannah National Wildlife

Refuge where no matter how many times you go you'll always see something new.

If you're interested call or email the Outfitters Center before Wednesday, October 14 to let Jill know you'd like to attend. 645-4604 or outfitters@ oldfieldsc.com,

#### OLDFIELD OUTFITTERS BELIZE **FISHING EXCURSION 2016**

This September twenty-one Oldfield Club members and guests accompanied Capt. Jason DuBose on a fishing trip of a lifetime to El Pescador Lodge on Ambergris Caye, Belize. The trip was such a huge hit that Capt. Jason has set up another trip to El Pescador Lodge for 2016. The dates are August 26th though August 31st of 2016 and the rate is an incredible \$2100 per person based on double occupancy. Included at this rate are 5 nights lodging, 4 full days of guided fishing, all meals, local beer and rum drinks, and ground and air transportation from Belize City to El Pescador Lodge. Only a few spots remain open as most of this year's anglers are returning for next years trip. Please contact Capt. Jason (843.645.4604 or jdubose@oldfieldsc.com) for additional information or to reserve your spot!





**Outfitters Center!** 

www.oldfield1732.com | 11





#### **CLUB INFORMATION** CLUB HOURS OF OPERATION

#### **GOLF SHOP**

Tee Times/Clinic Reservations 843.645.4601	
Tues-Sun   Shop Hours	7:30 am - 5:00 pm
Tues   Thu   Fri   Sat	
Practice Range	7:30 am - dusk
Sun & Wed	
Practice Range	7:30 am - 5:30 pm

#### **GOLF CLUBHOUSE** Reservations and Information 843.645.4600

#### MAGNOLIA GRILL

843.379.5054	
Tues-Sun   Lunch	11 am - 4:00 pm
Tues   Happy Hour	4:00 pm - 6:30 pm
Tues-Sat   Bar Hours	11:00 am - 4:00 pm
Sun   Bar Hours	9:00 am - 3:00 pm
Tues   Casual Tues Dinner	6:00 pm - 7:30 pm

NEW! YOU CAN NOW MAKE **RESERVATIONS ONLINE AT** Members. Oldfield 1732.com

#### **RIVER CLUB**

Reservations (Friday Dinner) 843.645.4600 Thursday & Friday Dinner (Select Dates): 5:30 pm - 8:00 pm After hours: 843.645.4618

EQUESTRIAN CENTER

Reservations & Information 843.645.2015 8:00 am - 5:00 pm Tues - Sun

#### **GREETER'S STORE** 843.645.4

4630	
s	Closed
	11-5pm
	10-5pm
	1-5pm

866.653.3435 843-645-2530

843-645-2531

1:00 pm -5:00 pm

9:00 am-5:00 pm

#### **OUTFITTERS CENTER** Reservations and Information 843.645.4604 10:00 am - 4:00 pm Tue - Sun (other hours by appointment))

#### SALES OFFICE

JALLS O
Toll Free:
Phone:
Fax:
Sunday
Mon-Saturday

Mon-Tues

Wed-Frid

Saturday

Sunday

SECURITY

Front Gate Gate Cell Phone 843.379.2517 843.540.7063 843.540.1368 Patrol Cell Phone 843.645.9990 Fax Please contact a member of the front gate

security team in case of an emergency or to request a pass for any guests coming to your home or meeting you at one of the Club facilities.

#### SPORTS CILLIB

JI OILI J CLOD	
Information	843.645.4610
Sunday	1:00 pm - 5:00 pm
Tues - Sat	8:00 am - 5:00 pm
To enter the Club during n	on-staffed hours, please
obtain a keyless entry card f	rom a member of the
Sports Club staff.	

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## CLUB STAFF

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