



SEPTEMBER 2015 | VOL 15 | NO 9
WWW.OLDFIELD1732.COM

OLDFIELD

NEWSLETTER



SEPTEMBER EVENTS

LABOR DAY POOL PARTY
Saturday, September 5

LABOR DAY LUNCH AT THE POOL
Monday, September 7

COMMUNITY OYSTER ROAST
Friday, October 16



A NOTE FROM THE GENERAL MANAGER

Jamie Selby

September 1, 2015

Dear Oldfield Club Members:

As another beautiful Lowcountry summer comes to an end, I would like to extend a special welcome home to those who were away and traveling over the past few months. While we have continued to stay busy, we have missed seeing many familiar faces. With cooler weather finally in site, I hope that you take the time to enjoy many of the outdoor activities Oldfield has to offer such as boating, shrimping, golf, tennis, outdoor dining, trail riding and more.

Over the past few months I continue to meet with prospective buyers and future members of Oldfield. We've all been in a position where what we say or what we do starts to feel like a canned sales pitch, but that's not the case here. I'm not sure how many times I can say "we are a family"... "it's the fabric of Oldfield"... "what we have is truly special" before it feels old, but I can say with confidence that as long as it remains true, old or not it will remain genuine. I recently did a walk-thru of a member's new home and I had the rare opportunity to see the emotional investment that goes into the commitment to buy, build and dedicate your life to Oldfield. Walking room to room I see the excitement in what each room will be, the view it provides and the plan behind it all for ultimate family enjoyment of the entire space. It was a stark reminder of how important all the little things truly are and how vital it is that our entire team remain committed to those.

We are striving for perfection in delivering the total package of what a Member Experience is in Oldfield. That's a very different experience for each person and by default, is very challenging. Our focus is spread from the front gate to every venue, including all the spaces, sites, structures and interactions between. When we all do it well, it culminates with the unique feeling our community offers when our members come together. We're going to make a few mistakes along the way and we're going to fall short from time to time but as long as we remain committed, we will always be great.

Please know your feedback is always important and if it's something you feel strongly about...I prefer that you deliver to me directly. Your expectations are aligned with my own...and with that, we "Expect" certain things to be done a certain way. We have a tremendous team of employees and committees all working together to create what is the BEST Oldfield, along with the proper planning to sustain that. Thank you all and look forward to seeing you very soon.

See you at the Club!

Sincerely,

Jamie Selby
General Manager, Oldfield Club

Employee of the Month

Congratulations to the following employee who was chosen for displaying exemplary service and going above and beyond in assisting Members and her fellow co-workers:
September: Theanette Holmes – Sports Club

WELCOME TO OLDFIELD

- William and Kristine Ruffner** – Congratulations on your new home - 7 Sandy Hill Lane
- Paul and Marybeth Castraberti** – Congratulations on your new home - 38 Rice Mill Road
- Travis and Elizabeth Fiegle** – Congratulations on your new home - 15 Greeter's Lane
- Christina Healey** – Congratulations on your new home - 103 Great Heron Way
- John Carr** – Congratulations on your new home - 12 Gregorie Neck
- Skip and Sandi Shineman** - Non-Resident Non-Equity Golf
- John and Arnetta Devlin** - Non-Resident Non-Equity Golf
- William and Ann Bradford** - Non-Resident Non-Equity Golf
- Edward and Linda Morris** - Non-Resident Non-Equity Golf
- Gregory and Margaret Humbract** - Non-Resident Non-Equity Golf
- David Curry and Barbara Fields** - Non-Resident Non-Equity Golf

GREETER'S STORE

Fall is right around the corner and everyone is ready for the cooler months. Down at the Greeters Store there is always fresh hot coffee and tea, and we can't forget about the kids who love hot cocoa too! Also

let us know if there something that you would like to see in the store. Whether it be gift items, or a special treat that the kids or grandkids would love!
See you at the Store!

REAL ESTATE UPDATE

Greetings from Gateway Realty, your front gate real estate team at the Greeter's Store. We thought you might appreciate some statistics on the overall real estate market in our Hilton Head MLS which includes all homes and lots in Beaufort County south of the Broad River. Total sales were up 8.2% in the first seven months of 2015 vs. 2014. Homes were up 12.4%, villas up 21.9%, and lot sales down 25.9% in 2015 vs. 2014.

The lot market continues to be a challenging one throughout the Lowcountry with the overall market absorption rate being 26.5 months' supply. Oldfield's lot absorption rate is a 12.71 months' supply, 29 lots for sale with an average of 2.28 lots selling per month in the last seven months.

Oldfield's home market is showing reflections of improvement with an absorption rate of 7.52 months' supply, 16 homes for sale with 2.12 homes selling per month in the last eight months. Gateway continues to lead the Oldfield market in lot and home sales.

We greatly appreciate your continued support and referrals. We are honored to represent Oldfield at the front gate and we look forward to continuing to serve you. Please let us know if we can be of assistance in any way.

Sincerely,

Your Gateway Realty Team
Phone: 843-645-2530
Toll Free: 866-653-3435
Fax: 843-645-2531

THE SPOTLIGHT-



Food & Beverage



A NOTE FROM THE F&B DIRECTOR

Charlie Nolette

I hope that everyone has survived the summertime activities and has adjusted to the start of school.

September looks to be an action packed month with food and beverage events. This year we will have Thursday nights at the Magnolia Grill every week. This is the perfect place to come watch the college or NFL games on Thursday. Kids still eat for just \$1 and we have \$1 drink specials each week. Come on in after work and stay as long as you like, first half or the whole game we have you covered. Hang out with your neighbors and enjoy some bar snacks and perhaps a cold adult beverage!

Speaking of adult beverages, we will be gearing up for several wine club activities. September 3 we will feature a casual tasting event featuring 90 point rated wines that are all under \$25. This will be a great chance to buy some quality wines at reasonable prices. Our first big dinner event will be September 17 as we have a Spanish Wine Dinner at the River Club. Please be on the lookout for the link to this event as space will be limited and reservations will be taken on a first come first served basis.

We will continue to have great weekly offerings at the River Club. If you have not come out to dine with us lately, Chef Jason changes the menu each week with several fish options that are always popular as well as some favorite beef or pork cuts. If you have not seen our wine list, we have a wide variety of bottles offered. We have over 100 different bottles to choose from with prices that range from \$30 to \$130. If you have a favorite wine that you think should be on the list, please let me know and we will see what we can do to stock your favorite!

Sincerely,

Charlie Nolette

Charlie Nolette
Food & Beverage Director
cnolette@oldfieldsc.com
(843) 645-4608

RESERVING OLDFIELD LOCATIONS FOR PRIVATE EVENTS

If you would like to reserve any one of our venues for your special event, please contact Danielle Tosky, Private Events Director, at 843.645.4622 or email her at dtosky@oldfieldsc.com.



F&B RESERVATIONS

To RSVP to any one of our F&B events please click on this event on the calendar at Members. Oldfield1732.com or contact Deb at droller@oldfieldsc.com or (843) 645-4600

CASUAL TUESDAYS AT MAGNOLIA GRILL

Every Tuesday from 6 -7:30 p.m.

Adults: \$15.95 | Children 12 & Under: \$6.95

*Prices are subject to change according to menu.

Don't forget to join us for Casual Tuesdays at Magnolia Grill! Each week's menu will feature a chef-attended station as well as dinner stations and a la carte desserts. Happy Hour is 4:30-6:30 every Tuesday with half priced drinks! Stop in after your round or come to dinner early to catch up with friends before dinner.

A different dinner special will be offered each week:

September 1st: Seafood Night

September 8th: Taste of Italy

September 15th: You Call It Risotto

September 22nd: Crab Cakes

September 29th: Pan-Asian

October 6th: Viva Mexico!

October 13th: Oktoberfest

Please RSVP by clicking on Casual Tuesday on the online Calendar at Members.Oldfield1732.com or to Deb at droller@oldfieldsc.com or (843) 645-4600.

MAGNOLIA GRILL LUNCH HOURS

Tuesday - Sunday | 11:30 a.m. - 3 p.m.

Bar Service

Tuesday - Sunday | 11 a.m. - 4 p.m.

BEGINNING IN SEPTEMBER!

Men's and Ladies Day Golf, & Lunch!

Get 30% off your food order when you dine in after your round of golf on Men's Day or Ladies Day. Remember dine in only and does not include beverages.

FAMILY FUN NIGHT

Friday, September 11 | 5:30 - 7 p.m. | \$14.95 adults, \$1 children (buffet)

Taco Bar, Salad, Fruit, Soup & Desert included! Reservations recommended

LABOR DAY LUNCH AT THE POOL

Monday, September 7 | 12-2 p.m. | *Ala Carte Pricing*
Featuring a variety of made to order sub sandwiches with toppings and condiments. Starting at \$8 with salads priced from \$4.

THURSDAYS AT THE GRILL

Thursdays | 5:30-8 p.m. | *reservations recommended*
Join us for a casual dining experience at Magnolia grill on a brand new night of service: Thursday. We'll be offering \$1 drink specials and a wide selection of pub style favorites including: burgers, salads, pasta, fresh fish, steak and comfort food. Healthy and non-gluten selections are available. All children's menu items are only \$1!

RIVER CLUB DINNER

Fridays | 5:30-8 p.m. *by reservation*
A la carte pricing, \$1 children's menu

Advanced reservations assist us in serving you better! Menu subject to change based on freshness and availability. Please make us aware in advance of any preferences, dietary restrictions or food allergies

COMMUNITY OYSTER ROAST

Friday, October 16 | 6 p.m. Cocktails - 6:30 p.m. Oysters Begin | \$29.95 Adults - \$10.95 Children 12 and under
Sign up by Monday, October 12 for the \$19.95 early sign up discount!

Join your friends and neighbors for the quintessential Lowcountry experience in the perfect setting of the Outfitters Center. While our oysters are second to none, we'll have a full menu to satisfy every appetite. The price includes live entertainment.

MENU INCLUDES:

- Steamed Oysters
- Sausages, bratwurst and hot dogs
- Barbequed Pulled Pork
- Corn Muffins
- Potato Salad
- Spinach Salad
- Corn on the Cobb
- Macaroni and Cheese
- Baked Beans
- Assorted Petite Pies

CLUBS & MEMBER-RUN EVENTS

Fishing & Outdoor Club

Thursday, September 10 | Outfitters Pavilion | 5:30 p.m. \$20++ per person Member Bar will be available. A special wine pairing will be available by the glass.

Chef Jason's "Catch of the Day" and Cooking Demonstration

What a great way to kick off the fall season! We will be having a cooking demonstration and meal that everyone will enjoy.

Chef Michael will highlight his skills during a one hour cooking demonstration of Low Country Pickled Shrimp while Chef Jason prepares our "Catch of the Day" Dinner entree. They will also share their recipe materials with all in attendance. Please look for an upcoming member EVITE for further information.

If you are not a member of the Fishing and Outdoor Club and would like to join, please contact Steve Doyle at smdoyle997@gmail.com for more information.

MENU INCLUDES:

- Catch of the day "Livornese"
- Low Country Pickled Shrimp
- Spinach Salad
- Wild Rice Pilaf
- Seasonal Vegetables
- Lemon Bars with Raspberries

MEN'S CLUB

Wednesday, September 30 | Cocktails 6 p.m. - Dinner 6:30 p.m. | River Club

On Wednesday, September 30 the Men's Club returns to the River Club for the fall. We'll have a great dinner and have an opportunity to catch up with everyone who was away from Oldfield during the summer months. We've added new members during the summer so this will be a great chance for everyone to meet and socialize together. There will continue to be entertaining guests, interesting speakers and unique theme nights throughout the year. An invite will be going out to all members with all the details of September's meeting.

If you are not a member but would like to attend this month's meeting just contact Bob Champigny at bchampigny@lamcotec.com and you will be all set to come and enjoy what is always a wonderful evening here at Oldfield.

OLDFIELD BOOK CLUB

Thursday, September 24 | Social: 5:30 p.m. | Discussion: 6 p.m. | River Club

This month's book: **The Buried Giant By: Kasuo Ishiguro**

Join us for our next Book Club meeting! We meet monthly to discuss a book chosen by our Members. If you have any questions or wish to be added to the Book Club list, please contact Cindi Cannizzaro at 645-2506 or cannizz@hargray.com. You may RSVP online by clicking this event on the calendar at Members. Oldfield1732.com.

TRIVIA NIGHT!

Join us for Trivia night!!!

Wednesday, September 16 | 7 p.m. | Magnolia Grill | \$5 per person
Join us for a fun night of trivia at the Club! Each team may have up to seven players with a max of four players 10 and older. Cash prizes vary depending on the number of players. You can sign up using Members.Oldfield1732.com or contact Deb Roller (843) 645-4600 or droller@oldfieldsc.com. If you'd like to be a guest host, please contact Cindi Cannizzaro at cannizz@hargray.com.

HAND AND FOOT

Thursday, September 3 | 7:30pm | Azalea & Osprey rooms at the Clubhouse.

We play Hand & Foot (a fun card game similar to Canasta) on the 1st Thursday of each month. The game usually lasts about 2 hours and prizes are awarded to the top 2 or 3 scorers. Since we need the number of players to be a multiple of 4, please sign up by Wednesday if you plan to play so we can plan accordingly. If you have never played, but are interested, please contact Cindi Cannizzaro at 645-2506 or cannizz@hargray.com to set up a time to learn the game.

3RD SATURDAY PARTY

7 p.m. | Third Saturday of each month

Location will be emailed once we know how many houses we will need | Please RSVP by the Thursday before
Come meet your new neighbors! Bring something to eat, a bottle of wine and your own wine glass. If you have any questions, would like to be added to the email reminder, would like to host a party or need to RSVP please contact Cindi Cannizzaro at (843) 645-2506 or email cannizz@hargray.com.

Lifestyle Activities

LUNCH & LEARN: ACE HARDWARE

Wednesday, September 23 | 1:00-2:00 p.m. | Outfitters Center | Pricing: \$12 (includes presentation and lunch)

Join an informative and enjoyable Lunch & Learn program! Join Ace Hardware, owned by the Heuser Family (Oldfield members), to learn about new and innovative products for home improvement! Ace Hardware brings you the latest in grilling, lighting, paint, home connectivity, surge protection and bikes!

To RSVP, please contact Jenny: 843-645-4610 or jphelan@oldfieldsc.com

SAVE THE DATE! SPANISH LESSONS STARTING IN OCTOBER

Starting October 6 | Tuesdays and Wednesdays | Sports Club

An exciting opportunity for students to learn Spanish as an extracurricular program, classes are aligned with standards and are proficiency-oriented. Students will actively communicate

in Spanish through paired sharing, small and whole group activities as well as songs, games and kinesthetic movement. Taught by Jenny Phelan (4+ years teaching experience, MA degree in Education, SC teaching certification in K-12 foreign language).

With any questions, please contact Jenny: 843-645-4610 or jphelan@oldfieldsc.com

SAVE THE DATE! ZOMBIE RUN/WALK AND KIDS' PUMPKIN DASH

Friday, October 16 | 6 p.m. | Start: Greeters Store
Finish: Outfitters Center

Let's have some spooktacular fun at Oldfield's 3rd annual Zombie Run! The event will start with the Kids' Pumpkin Dash; then runners and walkers will have some scary fun on the trails! Prizes, post-race refreshments, and fun for all!



SPORTS CLUB

PLEASE NOTE: *The Lagoon Pool is open Tuesday through Sunday 10 a.m. - 10 p.m. The Slide and Cabana service is closed for the season.*

LABOR DAY POOL PARTY

Saturday, September 5 | 12-3 p.m. | Sports Club Pool | All Ages
Summer has come to an end but as always we like to go out with a bang!! The Sports Club is hosting our annual Labor Day Pool Party! Make your way down to the pool for games, contests, and of course the Dino Dollar prize auction!!! The prizes are not just for the children, we have adult prize packs and family prize packs too! There is truly something for everyone! With chances for everyone to win Dino dollars throughout the day, it is an event you won't want to miss! Already have Dino Dollars? Remember to bring them with you so you can bid at the prize auction for young and old!

Please RSVP by 5p.m. on Thursday, September 3 online at Members.Oldfield1732.com!

GUPPY ACADEMY

Tuesdays & Thursdays in September | 9 a.m.-12 p.m. | Age 2-4y | \$20/Child | 8 child max.

The summer has ended but for our smallest learners the adventures will continue throughout the school year! Guppy Academy is a bi-weekly pre-school-like program for toddlers, providing fun learning activities, crafts, lunch and so much more! Held on Tuesdays and Thursdays, children learn the alphabet, numbers, colors, shapes and social skills through a "Montessori Inspired" curriculum. In this nurturing environment each child is encouraged to explore, learn and grow through imagination, creativity, discovery and play! Registration for this program happens monthly and fills up quickly! Please register online each month to guarantee your spot! Lunch is included; parents provide diapers, wipes, snacks, and an extra change of clothes. There is a maximum of 8 children to participate. *Please remember to RSVP no later than 48 hours in advance online at members.oldfield1732.com. Cancellations not made at least 24 hours in advance will still be charged to your account.*

PARENTS NIGHT OUT

Friday, September 18 | 5:30-8:30 p.m. | Age 2y-12y | \$10/child | \$8/siblings | Childcare at Sports Club Dinner at River Club

Parent's Night out is designed to provide a night of fun for children in a safe, nurturing and fun environment while parents enjoy their dinner at the Oldfield River Club! The night features a pizza dinner, and movie with themed games, crafts and other activities!! The only

items children need to bring are diapers, wipes, sippy cups, and a change of clothes if necessary! There is a minimum of 4 and a maximum of 10 children to participate in this event. Member guests are welcome for an additional \$2 and does not include "additional sibling" rate. *RSVP for dinner and childcare please RSVP to Deb Rollerat droller@oldfieldsc.com. Please RSVP no later than Wednesday, September 16 at 5pm.*

Back2School Bash



GRANDPARENT' DAY CRAFT

Wednesday, September 9 | 4:15-5 p.m. | Age 5+ | Sports Club
As many of you may know, National Grandparents Day is on Sunday September 13. We can't wait to get crafting for Grandma and Grandpa again this year!! As always we like to include photos in our crafts and are asking that your child bring his or her favorite picture(s) from home. Materials and stamps will be provided and you will be able to take your crafts home that day. See you there!

RSVP online at members.oldfield1732.com. The length of this event will be dependent upon your child; we ask that you please come at 4:15 so that we can all start together!!



YOGA FIT FOR KIDS

Mondays, September 14, 21, 28 | 4:15-4:45 p.m. | Ages 5-10y | \$40/4 week session

This playful class encourages self-expression as well as building social skills. Children will strengthen their bodies, improve strength, flexibility, and coordination and learn how to focus through breathing and relaxation techniques. The 4 week session will be taught by Nadya Semenova a certified yoga instructor with advanced training in special populations and certified Yogi Beans Kids Teacher. Class is 30 minutes. Classes begin September 14 and end October 5. *Please RSVP online at members.oldfield1732.com no later than Monday September 7 to reserve your spot. There is a minimum of 6 and a maximum of 10 to participate in this class. Once you RSVP you will receive a registration form. This class is 4 weeks in length, completing a registration form means you are committing to attending all 4 weeks. All participants must be able to commit to the entire session. Please contact tholmes@oldfieldsc.com for additional information.*



FITNESS



TIP FROM THE TRAINER

*Mona Ward,
A.F.P.A. Certified*

You're getting sleepy...

I don't know what we were thinking when we were kids.

Every nap, every suggestion of taking a time out and resting met with a huge cry or wail. I wasn't going to lie down; I had too much to do, see. Even in my twenties and thirties, I couldn't fathom the idea of lying down for "just 20 minutes". It made no sense and I convinced myself that I would feel even worse with a tease of a short siesta.

What I wouldn't give to have those naps back. To be able to just rest my eyes for a few minutes, to meditate or loosen up my knotted brain would be a Godsend.

There's power in a quick nap or rest. The ability to re-charge your brain and your body is more of a necessity than a want.

First and for most, a power nap will boost your memory, cognitive skills, creativity, and energy. It's a chance to re-boot your brain and energize your body.

We lean on caffeine, sugar and energy drinks, all in an effort to get that quick pick-me-up. In actuality, it's just a roller coaster effort to keep productive and stay awake.

What would a planned 20-30 minutes of napping do for you?

Many a study has shown that we make better choices, improve our memory and are more apt to make fewer mistakes.

When you sleep, you release growth hormones, the antidote to cortisol which boosts your immune system, primes your sexual function, reduces stress and anxiety, aids in muscle repair and weight loss. Napping gives your brain a chance to rest and your body a chance to heal.

So while we all may think a nap makes you less productive, or that you aren't proving yourself to be a perfect workaholic, a quick cat nap actually makes you a better person both inside and out.

That's something you can put under your pillow and sleep on.

FITNESS CLASSES

NEW TIME! TABATA TUESDAYS-

Tuesdays 8:30 a.m.

This is a high Intensity Interval Training (HIIT) using the 20-10 Microburst Training. We will use intervals consisting of 20 seconds performing specifically chosen exercises at an ultra-high intensity for 20 seconds, followed by 10 seconds of rest. A true Tabata workout is founded on quality, not quantity. In other words, the effect of a workout should not be based on the amount of time devoted to exercising, but rather what the exercise does for your body after the workout is over and the 10 second rest allows for brief recovery before moving on to the next exercise interval. Experience short intervals based on Tabata Bootcamp's training that delivers a calorie drenching workout and post metabolic boost.

YOGA FOR GOLFERS - Mondays at 11:15 a.m.

Learn how to improve your golf game and overall fitness with yoga. This class will help you increase your distance and accuracy from the tee by improving your flexibility and strength. You will learn pre-round sequencing for at home and on the course, mid-round sequencing to keep your swing fluid and post-round sequencing.

RESTORATIVE YOGA - Mondays & Wednesdays at 9:30 a.m.

Classes are approximately 90 minutes and use the ANUSARA Principles of Yoga: Blending muscular and organic energy for alignment of mind and body and connecting strength, balance and flexibility while allowing the release of muscular tensions. Please note: there is a fee for this specialized class. To register contact Janet Lent @ 645-9030 or jmlent@aol.com.

NEW TIME! BOOTYBARRE® - Tuesdays at 9:00 a.m.

Bootybarre® is a fun, energetic, workout that fuses techniques from Dance, Pilates, and Yoga that will tone, define and chisel the whole body. Bootybarre is the perfect combination of strength and flexibility with an added cardiovascular element utilizing the barre. We focus on proper biomechanics for a safe and well structured class that can be modified for any fitness level.

YOGA - Tuesday, Wednesday, & Thursdays at 5:30 p.m.

Fine tune your body and mind at the same time while stretching your way to improved health. You couldn't do anything better for yourself.

ICT (INTERVAL CIRCUIT TRAINING) -

Tuesdays & Thursdays at 10:30 a.m.

This class takes you into the BIG gym. Grab a circuit program guide and watch for the light to turn green. Each exercise lasts four minutes so push yourself to max-out. When the light turns

red, stop and hit the next exercise on your list. Cardio conditioning is included in this 12-exercise program.

BODY WORKS - Wednesdays 8:30 a.m. & Saturdays 9 a.m.

Improve muscle tone, posture, balance and strength with this workout. The 12 timed stations provide functional training that works both sides of the body as well as your core strength.

PIYO - Thursdays at 8:30 a.m.

This is a perfect blend of Pilates, Yoga, sport stretch and toning movements all in one hybrid class. The mind/body format moves fit perfectly together to form a fun, challenging class. If you like Pilates, Yoga or even stretch and strength moves, this is your class.

STRETCH - Thursdays at 9:30 a.m.

Here is a chance to loosen up those tight muscles. This class will help you avoid injuries and relax those overworked muscles and joints.

YOGA EXPLORATION (Co-Ed) - Fridays at 10 a.m.

Applying the time honored traditions of yoga focusing on muscular and joint pain relief while strengthening core, body and spirit. No experience required. This co-ed class is offered to all Oldfield members over 15 without charge.

BLT - Fridays at 9 a.m.

No not Bacon lettuce and tomato, it's Butts, legs and thighs! We're toning and strengthening them using body bars, resistance balls and bands. All levels welcome and plenty of modification for everyone.

ALL ARM ASSAULT - Fridays at 9:30 a.m. Here's your shot at getting the arms you've always wanted. Say goodbye to the "wave" and hello to shapely, toned arms. Class is 20 minutes and uses light weights, bands and your body weight.

ZUMBA - Fridays at 12:30 p.m.

Sculpt your body, fuel your life. This is the complete all-in-one, perfect package class. Great music, step-by-step instruction and a lot of calories burned at the end of the class. See why the Zumba motto is "ditch the workout, enjoy the party."



PREVENT HOME FIRES

Tim Helm, Director of Security

Did you know that most home fires occur in the kitchen while cooking and are the leading cause of injuries from fire! Some of the most common causes of fires at night are carelessly discarded cigarettes, sparks from fireplaces without spark screens or glass doors, and heating appliances left too close to furniture or other combustibles. These fires can be particularly dangerous because they may smolder for a long period before being discovered by sleeping residents. But it comes down to being proactive! Home fires are preventable.

The following are just a few simple steps...many times overlooked, that each of us can take to prevent a tragedy. Our loved ones need us to take the time...to take a closer look!

Twice each year, practice your Home Fire Escape Plan

- Find two ways to get out of each room.
- If the primary way is blocked by fire or smoke, you will need a second way out. A secondary route might be a window onto a collapsible ladder for escape from upper story windows.
- Make sure that windows are not stuck, screens can

be taken out quickly!

- Practice feeling your way out of the house in the dark or with your eyes closed.
- Teach children not to hide from firefighters

Cooking

- Stay in the kitchen when you are frying, grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.
- Always have rated Fire Extinguisher handy in a kitchen.

- Do not cook if you are sleepy, have been drinking alcohol, or have taken medicine that makes you drowsy.
- Position barbecue grills at least 10 feet away from siding and deck railings, and out from under eaves and overhanging branches.

Smoking

- If you smoke, smoke outside. Most home fires caused by smoking materials start inside the home. Put your cigarettes out in a can filled with sand.
- Be alert - don't smoke in bed! If you are sleepy, have been drinking, or have taken medicine that makes you drowsy, put your cigarette out first.

Electrical and Appliance Safety

- Check ALL Smoke and Fire Alarm batteries at least twice a year!

- Frayed wires can cause fires. Replace all worn, old or damaged appliance cords immediately and do not run cords under rugs or furniture.

- Buy electrical products evaluated by a nationally recognized laboratory, such as Underwriters Laboratories (UL).

- Use electrical extension cords wisely; never overload extension cords or wall sockets.

- Immediately shut off, then professionally replace, light switches that are hot to the touch and lights that flicker.

Children

- Keep children away from cooking areas by enforcing a "kid-free zone" of 3 feet around the stove.

- Store matches and lighters out of children's reach and sight, preferably in a locked cabinet.

- Never leave children unattended near operating stoves or burning candles, even for a short time.

- Check under beds and in closets for burned matches, evidence your child may be playing with fire.

These are just a few bullets points but are simple and sometimes are overlooked! You know my saying...You only have one life to live...but if you work it and plan for it right...once is enough!



Tennis

Greg Crosby

The Half Volley

When hitting a half volley, turn sideways with your hips and shoulders perpendicular

to the net and use a continental grip. Step forward with your front foot with your toe pointed towards the net to open your hips. This helps as it frees up your hands to be able to hit a short, quick bounce and respond with feel and finesse. Bending the knees is essential for hitting a nice half volley. Your eyes should be level with the ball, if possible. You will want to make contact out in front between the ankle and the knee. Remain low even after contact while keeping your head still. A half volley is a half swing shot so your follow through will be a bit shorter.

TENNIS CLINIC SCHEDULE

TUESDAYS

Point Play Clinic 9:30-10:30 a.m.

Beginner Clinic 10:30 – 11:30 a.m.

THURSDAYS

9:30 – 10:30 a.m. Doubles Strategy Clinic

10:30 – 11:30 a.m. 2.5-3.0 Level Clinic

FRIDAYS

Stroke and Drill Clinic – 9:30-10:30 a.m.

SATURDAYS

Community Tennis - 9-11 a.m.

EQUIPMENT SERVICES

Racquet Restringing: \$25-40

KIDS TENNIS

Will be held on Thursday and Friday Mornings beginning June 26 and 27

10 a.m. -11 a.m. Ages 5-7

11a.m.- 12 p.m. Ages 8+

LESSONS

GROUP Lessons: \$18 per clinic

PRIVATE Lessons: \$55 per hour

SEMI-PRIVATE Lessons: \$30 per person

GROUPS of 3: \$20 per person

To schedule a lesson outside of these times, please contact Greg at 843.645.4612 or gcrosby88@gmail.com

EQUESTRIAN HORSIN' AROUND

Karah Daly, Equestrian Director

What a summer! My first summer at Oldfield's Equestrian Center has been a blast. It was great to meet the Oldfield kids and their families during our summer horse camps. It was hot and dirty, but we had a lot of laughs and most of all FUN! Check out some of the great moments from our camps...

Fall is the time when we buckle down for learning. Take advantage of our Back to School Lesson Package. During September, all ½ hour beginner lessons are only \$25 per student. This is a great opportunity to try out riding if you're interested in seeing what it's all about, or just pick up some riding time at a reduced rate. We will have afterschool lesson availability on Tuesday, Wednesday and Thursday afternoons beginning at 3:30pm. Please call the Equestrian Center to get started with your lessons today!

EQUESTRIAN TRAIL RIDES, LESSONS AND MORE!

Don't forget to take advantage of everything Oldfield's Equestrian Center has to offer:

- **Trail Rides** - \$40

(Approx. 1-hour and 15-minutes)

- **Lessons** - \$35 per half-hour private lessons

- **Pony Rides** - \$15

For reservations call at least 24 hours in advance. For more information, call (843) 645-2015.





GOLF COURSE UPDATE

*Brian Roller
Director of Grounds*

The month of September is upon us once again. This means that the hot summer months will be soon behind us and some much needed cooler temperatures are on their way. Although we have had a very hot and somewhat wet summer, the course is doing very well. It always seemed to rain at the right time when things were starting to dry out so we could conserve on irrigation usage. These rains made the turf healthy and strong when it usually struggles during the heat of the summer months.

Our last aerification was a great success again this year. Mother Nature cooperated with us and the rains stayed away so we were able to complete everything that was scheduled. Everything has healed up nicely and we can look forward to great playing conditions the rest of the year. We will continue to maintain a verticutting and topdressing schedule on the greens throughout the remainder of the growing season as always to maintain a great playing surface.

Over the next few months we will continue to work on many things around the course. One of these items includes the trimming down wetland areas to provide a better view and help playability of certain golf holes. This is always something we will stay on top of, since everything grows so vigorously during the summer months.

Hope to see you all on the course!



WANT A CONSISTENT SWING!

*Jon Hundley
Head Golf Professional*

The first question I asked my students is how can I help you improve your game? The most common answer is that they would like to have a consistent swing. Unfortunately, a consistent swing is not even possible for even the best players in the world. If PGA tour players had a consistent swing, they would hit every fairway and every green in regulation in a 72 hole tournament.

Why is a consistent swing not possible? Every shot you hit on the course is different. The lie is different the wind changes and sometimes you do not feel the same from day to day.

I tell every student that I can get them gripping the club and their set up to the ball, like PGA or LPGA tour players. I give every student the basic fundamentals; how to align their body parallel

to the target, improve their posture to increase their range of motion, show them the proper ball position for a level lie with every club, and show them how the wrist will hinge and unhinge during the golf swing.

Golf is a game of missed shots, but if you stick to the basic fundamentals and do not over swing, you will find your ball most of the time.

See you on the course!

GOLF CLINICS AND LESSONS

Have you been thinking about learning to play golf? Well, there is no time like the present to begin. Our golf clinics and lessons are available to all Club Members, not just Golf Members. The cost for these weekly clinics is \$15/person and you can contact a member of our golf staff at (843) 645-4601 to get started on learning to play this great game. Why not give it a try? The worst that could happen is you might enjoy the camaraderie, the course, the exercise and maybe even the game itself!

- Men's Clinic** – 11a.m. – Tuesdays
 - Ladies' Clinic** – 11a.m. – Wednesdays
 - Junior Clinic** – 4p.m. – Fridays
- See you on the range!

WEEKLY GOLF EVENTS

- TUESDAYS**
Ladies' Day | 8:30 a.m. Shotgun
Men's Clinic | 11 a.m.
 - WEDNESDAYS**
Men's Day | 9 a.m. Shotgun
Ladies' | 11 a.m. | \$15 per person
 - THURSDAYS**
Play with the Pro | 9 a.m.
Ladies' Day | 8:30 a.m. Shotgun
 - FRIDAYS**
Junior Clinic | 4 p.m. | \$10 per person
9 & Dine | 5 p.m. Shotgun | Dinner to follow at the River Club
 - SATURDAYS**
Men's Day | 9 a.m. Shotgun
- We ask that you sign up a day in advance as courtesy to other members and to allow a more efficiently-run event. Please note that some events may not be held each month due to scheduled course maintenance, tournament play or special events. Contact the Golf Shop for more information.

LABOR DAY SCRAMBLE

*Monday, September 7 | 9 a.m. Shotgun Start
Lunch to follow*

Join us on the course for the Labor Day Scramble. It's a 9 a.m. shotgun start, for 2 person teams. On holes 1-9 it's a Texas Scramble, and on holes 10-18 regular scramble. Sign up as a 2 person team or as a single and the Golf staff will find you a partner.

Lunch to follow event. Menu includes: gourmet sandwich board with a variety of breads, rolls and condiments, gazpacho, tossed green salad
Call the Pro Shop to sign up: 843.645.4601

2015 MEN'S CLUB CHAMPIONSHIP

*September 18 & 19 | 8 a.m. Start | \$40 per player
Lunch and Awards to follow Saturday Round*

36 Hole Stroke Play with 3 Flights
Club Champion Gross – Gold Tees
Senior Club Champion – White Tees – 50+
Net Club Champion – White Tees
Sign up at the Pro Shop: 843.645.4601

MAJOR GOLF EVENTS FOR 2015

MEMBER EVENTS:

- SEPT. 7** Labor Day Scramble
- 18-19** Men's Club Championship
- 22** OWGA Fall Follies
- OCT. 10** OWGA Breast Cancer Tournament
- 15-17** 1732 Cup (Men's Member Guest)
- 29** Ladies' Member Member
- NOV. 6-7** Ladies' Club Championship
- 7** Shark Tournament
- DEC. 5** Holiday Bowl
- 10** OWGA Christmas Dinner

NON-MEMBER EVENTS:

- SEPT. 28** Habitat for Humanity
- 14-15** Carolina tour
- NOV. 14** Cupid's Arrow
- 21** Weichert Realtors tournament



OLDFIELD CLUB

SEPTEMBER 2015 – CALENDAR OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Guppy Academy 1 Casual Tuesday	2	Guppy Academy 3 Hand and Foot Thursday at the Grill	River Club Dinner 4	Nature Bird Walk 5 Labor Day Pool Party
6	Labor Day Scramble 7 Labor Day Lunch at the Pool	Guppy Academy 8 Casual Tuesday	Grandparents Day Craft 9	Guppy Academy 10 Fishing & Outdoor Club Thursday at the Grill	Family Fun Night 11	12
13	Yoga Fit for Kids 14	Guppy Academy 15 Casual Tuesday	Eco River Cruise 16 Trivia Night	Guppy Academy 17 Thursday at the Grill	River Club Dinner 18 Men's Club Championship Parent's Night Out	3rd Saturday Party 19 Men's Club Championship
20	Yoga Fit for Kids 21	Guppy Academy 22 Casual Tuesday OWGA Fall Follies Speaker Series Eco River Cruise with Amanda Keuhn	Lunch & Learn: Ace Hardware 23	Guppy Academy 24 Thursday at the Grill Book Club	River Club Dinner 25 Fourth Friday Field Trip	Sunset Kayak 26
27	Habitat for Humanity Tournament 28 Yoga Fit for Kids	Guppy Academy 29 Casual Tuesday	Men's Club 30	<p>MAKE RESERVATIONS ONLINE <i>Members.Oldfield1732.com</i></p>		

★ OUTFITTERS ★



NATURE TALK

*Jill Kombrink
Naturalist for Youth and
Family Programming*

Audubon update...

It's been about 6 months now since I wrote about Oldfield's plan to achieve the Neighborhood for Nature Award and our progress in that time is impressive! Just to recap, Oldfield was the first neighborhood to hold the honor of Audubon International's Green Neighborhood and since that time the program has evolved to include more recognition awards like the one we are currently applying for. The first step was to form a diverse committee to help in decision making, planning and implementing projects in 5 categories provided by the Audubon, which we have done. Each project idea comes from the categories of wildlife, water, education, resource management and community awareness for a total of 5 projects.

The committee was so excited and energized by all the possibilities we actually have this year's projects as well as plans for 2016 and beyond.

Bluebirds, bee hives and butterflies are all included in the first category of

wildlife. With help from volunteers the existing bluebird houses were cleaned out and monitored during nesting season with impressive results. The bee hives are in and thriving and we hope to have some of our own Oldfield honey at future farmers markets. And the butterfly garden has been planted in front of the Outfitters Center and will be an ongoing project to enjoy as well.

Track 2 is the water category. Oldfield is already very conscientious about stormwater run-off and controlling our water shed but we continue to look at new ways of improving. An

educational but fun event was held in conjunction with the Sports Club back to school pool party in August with environment-themed games and a stormwater run-off demonstration with an enviroscape. The enviroscape is a hands-on town model portraying stormwater run-off to educate on the use of pesticides and fertilizers and even proper ways of disposing dog waste. Also in this category we continue to work with marine biologist Bill Weiss on his research of plankton in the Port Royal Sound, have participated in and held our own river clean-up day and installed a rain barrel at the Outfitters Center.

Track 3, Education, is woven into all the categories and we already have so much in place with the speaker series, nature walks and nature knowledge classes. In addition, the Nature Center is being updated to include descriptions of all the critters living there and our big 2016 project that

has already begun is updating the trail markers. We hope over the next year to improve the current markers and add a trail guide to go along with them.

One of Oldfield's biggest accomplishments this year comes in track 4, Resource Management, and that is recycling at all the venues! If you haven't noticed yet there are recycling bins for your use at the sports club, pool and tennis areas. The

Equestrian and Outfitters Center and the golf club are also

composting the horse manure at the stables which is available for member use for your landscaping and gardening needs.

Track 5, community awareness, is an area your feedback and involvement is needed and appreciated. Within Oldfield we have a community garden, a farmers market and all of the other activities mentioned above which is so amazing. I'm sure you would agree being involved outside of Oldfield is important as well. We have volunteers

at the Maritime Center and participate in community clean ups. Let me know what else we're doing or could we be doing?



As residents of Oldfield you should be proud to call such an amazing place home! All that is currently happening and positive changes that are being made are because of the supportive and involved people living here.



HOOK, LINE & SINKER

Jason Dubose
River Pro

It's traditionally during the month of September that our local fishery transitions from its summer to fall patterns. This means we've got some fantastic inshore fishing coming our way. Despite the continued warm weather of early fall, the days have grown shorter and the nights longer resulting in cooling water temperatures. These changes, along with the influx of a healthy shrimp population, trigger a strong feeding instinct in our speckled trout and redfish populations. The trout, which were widely dispersed just a few months ago, have started to school and become more predictable in their daily routines. The best time to target these Lowcountry delicacies is during the first half of the outgoing tide. It is during this phase of the tide that the trout use ambush tactics to catch their prey. By positioning themselves behind grass points, shell bars, and mud banks located at the mouths of feeder creeks the trout can rest out of the current while waiting for shrimp and mullet to be swept past. When a tasty morsel swims by these voracious predators are quick to attack!

An additional high-light of the month is the arrival of bull redfish into our inshore waters. These 20 to 40 lb mammas and papas of our inshore juvenile redfish population spend most of their year in offshore waters; however, they return to our sounds and rivers for a few months in the fall as part of their spawning migration. These bruisers provide an excellent opportunity to catch big fish without having to leave our calm inshore waters. The fishing grounds where we target bull redfish are also commonly frequented by tarpon meaning that you have a good chance of catching both of these amazing gamefish on the same trip when fishing in September. If you've been waiting for the best time to get out on the water in the Lowcountry, wait no longer. Give us a call at the Outfitters Center and let us help you plan your perfect day on the water!



What's Happening

NATURE BIRD WALK

Saturday, September 5 | 9:15-11:15 a.m. | Meet at the Outfitters | Adults and families | No charge
September is technically the start of fall and bird migration continues in the opposite pattern of spring. In addition to the bird watching, plant life abounds on the trails as well so grab your binoculars and your field guides and let's explore together.

Remember to mark your calendars for the first Saturday of every month to get outdoors and enjoy nature together.

Call or email the Outfitters Center before Friday, September 4 to let the Outfitter's Staff know you'd like to attend. 645-4604 or outfitters@oldfieldsc.com

ECO-RIVER CRUISE

Wednesday, September 16 | 1-2 p.m. | Meet at the Outfitters | No charge

Enjoying Nature from the water never disappoints! Plan to join Capt. Jason and Jill on a guided tour of our local water ways where you're bound to see dolphins and plenty of bird life along with whatever else nature has to offer!

With our new boat we can accommodate 10 guests but these spots will fill quickly so call or email the Outfitters Center soon to let the Outfitter's Staff know you'd like to attend. In fairness of everyone we also ask that if you are bringing a non-resident guest you limit it to 1 guest per member registering. Please call 645-4604 or email outfitters@oldfieldsc.com.

FOURTH FRIDAY FIELD TRIP

Friday, September 25 | 8:30 a.m. - 2 p.m. (approximate times) | Meet at the Outfitters | Everyone is welcome, but more appropriate for adults | No Charge

Let's stay local this month and experience the wildlife at Pinckney Island. Salt marsh, tidal creeks and forestland offer a variety of birdlife to observe. After walking the trails and working up an appetite we can also plan to stop in Bluffton for lunch before heading back to Oldfield!

Call or email the Outfitters Center before Tuesday, September 22 to let Jill know you'd like to attend. 645-4604 or outfitters@oldfieldsc.com,

AWESOME OPPORTUNITY ...

Between May and October the Sea Turtles are briefly returning to land and laying their nests. With connections at Hilton Head and Fripp Island, we may have the opportunity to participate in early morning turtle walks or observe an inventory of hatched nests. We had an "on-call" group last year that I would notify with as little as a day's notice when an invitation was extended. If you'd like to be a part of this group email Jill at the Outfitters Center at jkombrink@oldfieldsc.com or call 645-4604.

SUNSET KAYAK

Saturday, September 26 | 6:30-8:00 p.m. | Meet at the Outfitters | Everyone is welcome but more appropriate for adults | No charge

Add this to your weekend plans and you won't be disappointed! Get a group together or join us on your own, either way it's a fun and healthy way to spend your Saturday evening.

Call or email the Outfitters Center before Thursday, September 26 to let the Outfitters Staff know you'd like to attend. 645-4604 or outfitters@oldfieldsc.com.

THE FALL SPEAKER SERIES HAS RETURNED... AND WITH A BONUS FOR THE SEPTEMBER MEETING!

Tuesday, September 22 | 5:30-7p.m. | Outfitters Center | Appetizers and Member bar 5:30 - 6 p.m. | Speaker: 6-6:45 p.m.

The September speaker is with Amber Kuehn, sea turtle expert and owner and Charter Captain of Spartina Marine Education Charters. Amber's talk will focus on the unique ecosystem in the Lowcountry marshland.

Join us for a special Eco River Cruise with Amanda Kuehn!

4 p.m. | \$20 per person

We are also starting the Fall Speaker Series with a special Eco River Cruise with Amber Kuehn on the Spartina Marine Education Charter, launching right from the Oldfield Docks. What



an exciting way to "launch" the fall speaker series.

You can choose to do both the

cruise and the speaker series or just one, either way we are sure you'll enjoy a great evening!

Mark your calendars for this educational and exciting event and save the date for the October 20 speaker, Al Segars, a retired DNR veterinarian and Naturalist at Bear Island.

Following the talk, make reservations for Casual Tuesday at the Magnolia Grill.



OLDFIELD CLUB

130 OLDFIELD WAY
OKATIE, SC 29909

PRSRST STD
US POSTAGE
PAID
Permit 73
Hilton Head Is., SC



CLUB INFORMATION

CLUB HOURS OF OPERATION

GOLF SHOP

Tee Times/Clinic Reservations 843.645.4601
Tues-Sun | Shop Hours 7:30 am - 5:00 pm
Tues | Thu | Fri | Sat
Practice Range 7:30 am - dusk
Sun & Wed
Practice Range 7:30 am - 5:30 pm

GOLF CLUBHOUSE

Reservations and Information 843.645.4600

MAGNOLIA GRILL

843.379.5054
Tues-Sun | Lunch 11 am - 4:00 pm
Tues | Happy Hour 4:00 pm - 6:30 pm
Tues-Sat | Bar Hours 11:00 am - 4:00 pm
Sun | Bar Hours 9:00 am - 3:00 pm
Tues | Casual Tues Dinner 6:00 pm - 7:30 pm

RIVER CLUB

Reservations (Friday Dinner) 843.645.4600
Thursday & Friday Dinner (Select Dates):
5:30 pm - 8:00 pm
After hours: 843.645.4618

EQUESTRIAN CENTER

Reservations & Information 843.645.2015
Tues - Sun 8:00 am - 5:00 pm

GREETER'S STORE

843.645.4630
Mon-Tues Closed
Wed-Frid 11-5pm
Saturday 10-5pm
Sunday 1-5pm

OUTFITTERS CENTER

Reservations and Information 843.645.4604
Tue - Sun 10:00 am - 4:00 pm
(other hours by appointment)

SALES OFFICE

Toll Free: 866.653.3435
Phone: 843-645-2530
Fax: 843-645-2531
Sunday 1:00 pm - 5:00 pm
Mon-Saturday 9:00 am - 5:00 pm

SECURITY

Front Gate 843.379.2517
Gate Cell Phone 843.540.7063
Patrol Cell Phone 843.540.1368
Fax 843.645.9990

Please contact a member of the front gate security team in case of an emergency or to request a pass for any guests coming to your home or meeting you at one of the Club facilities.

SPORTS CLUB

Information 843.645.4610
Sunday 1:00 pm - 5:00 pm
Tues - Sat 8:00 am - 5:00 pm
To enter the Club during non-staffed hours, please obtain a keyless entry card from a member of the Sports Club staff.

CLUB STAFF

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