



SOUTH HAMPTON Living

Your guide to the good life

APRIL 2014 • VOLUME 8 • ISSUE 4

INSIDE

Board Meeting Minutes	PAGE 6
Keep it Clean	PAGES 10-12
Fun Factor	PAGE 16
Lettuce Introduce the Greens	PAGE 18
Retention Ponds	PAGES 21



think before you do

Stop contributing to pollution. It is within your control. Commit to end further pollution.



Letter from the editor

These are the gifts: our Earth, Florida, and our Saint Johns County waterways.

Our friends and neighbors in South Hampton love these things. The question is, do we love nature enough to be her caretaker at our own homes? Happily, many of us do care and do more to protect the beauty and prevent all kinds of pollution.

In this April issue of the South Hampton Living Newsletter we will explore the impact we all have on our world. Contributors to this newsletter sent personal reflections, thoughts on these important topics. Their articles are both humorous and melancholy at once. Please use this issue to find pollution ending ideas that are easy to incorporate into your everyday routine.

Find out what kind of person you are when it comes to pollution and the ability to protect resources.

The intention is to give our community opportunity to control the ramifications to non-action.

Together, we can care more, do more and enjoy more of our precious gift – our lovely world.

Kelly Papineau
Editor
South Hampton Living Newsletter

If you would like to suggest subject matter that is important to you and our surrounding community, please send submissions or ideas to: Heather Hill, SH Lifestyles Director at heather.hill@firstresidential.com or go to our website to find more information at: www.esouthhampton.com

Please get involved and send in ideas or articles. You are an important resident of the best community in North Florida, The Neighborhood of South Hampton.





South Hampton Living

Publication Policy

The function of South Hampton Living is to serve the entire South Hampton community. Priority will be given to reporting news and activities of South Hampton neighborhoods, community organizations and other news and events that directly affect the residents of South Hampton.

Second priority will be given to articles of general interest as space permits. Articles and photos must be received by the due date prior to publication. Due to space limitations, all articles are subject to editing.

Letters to the editor must be signed, brief and in good taste. Views expressed are those of the writer and do not express the viewpoint of the editorial staff, the South Hampton Homeowners Association Board or FirstService Residential.

South Hampton Living's acceptance of advertising does not constitute an endorsement or approval of any product or

services by the publisher, South Hampton Homeowners Board of Directors or FirstService Residential. The publisher reserves the right to refuse advertising that does not meet the standards of the publication.

The publisher of South Hampton Living agrees to indemnify and hold harmless South Hampton residents, South Hampton Homeowners Association Board and its directors and committees, FirstService Residential directors and members from any claims asserted against or financial liabilities incurred by them arising from commercial content of this publication or anything contained in any advertising copy, including without limitation any claims of whatever nature asserted by advertisers or potential advertisers.

South Hampton Living is published for residents of South Hampton. South Hampton Living is a product of The Florida Times-Union.

about this newsletter

South Hampton Living Editor: Kelly Papineau
kellypapi@comcast.net (904) 230-4091

South Hampton Management Company:
FirstService Residential
Tim Scholl, Community Association Manager
904-733-3334 ext 3733
Tim.Scholl@fsresidential.com • www.fsresidential.com

South Hampton Web Site: www.esouthhampton.com

Advertising Sales: Karen Ritchie
karen.ritchie@jacksonville.com (904) 359-4582

Living Program Manager: Joe DeSalvo
joe.desalvo@jacksonville.com (904) 359-4366

Delivery Inquiries: Trish Webb (904) 359-4208
trish.webb@jacksonville.com

Editorial Design: Beth Blacker
beth.blacker@jacksonville.com

Help contribute to your neighborhood magazine!

South Hampton Living is produced for South Hampton residents by South Hampton residents just like you! If you'd like to offer content for publication, here's how to get started:

Stories/Photography: Send your articles and/or high-resolution jpegs to Heather Hill at heather.hill@firstresidential.com. Microsoft Word documents must be saved as ".doc" files. Please do not use the "e-mail" function offered through photo software or Web sites when sending photos. Do not embed photos in documents.

Stories/photographs due: May Issue – Mon., Mar. 31
Advertising Deadline: March Issue – Wed., Apr. 2



Presidents Message

By Derek Cioffi

Dear Neighbors,

Its wonderful to smell the fresh spring air again. The grass is getting greener and the flowers are back in bloom. Neighbors have been coming out of the cold and catching up with one another. Many neighbors have asked the Board to help take action on improving the look of our community - we have listened. There are multiple efforts underway to drive this change and we are excited for everyone to begin to see that change. With the theme of this issue, taking care of our earth, it's appropriate to mention a highlight for our community. Find out the good news in an article that describes a big change for the better.

While we are on that topic, the winter weather has had its usual effect on our community. It has affected our landscape, blown trash around the neighborhoods, and generally limited our ability to maintain our homes the way we are all accustomed. This is an opportune time for all of us to take a look at our own property and ensure that we are each doing our part and take pride in our community. Items that are typical, but have a big impact in our look, include tasks such as painting mailboxes, replacing freeze-damaged sod, or washing mildew off of roof soffits. Beside the obvious benefits of us doing our part, we also help create a virtuous cycle that is infectious with our neighbors. This has a secondary benefit of reducing our neighborhood operating expense, by limiting the number of letters that our Property Management team needs to send out.

Speaking of Property Management, Tim Scholl and Heather Hill are fantastic resources for our community. They are charged with the day-to-day oversight of our community and are helping make the change we all desire. The South Hampton Board is tasked with running the business and administrative side of our neighborhood. This means if you have needs or concerns, your quickest and most successful path to resolution is reach out to Tim or Heather - that is why they are here and they are empowered to support you.

As always, please feel free to reach out with questions or comment.

Warm Regards,

Derek

derek_cioffi@comcast.net

Security Committee Report

The April issue of South Hampton Living includes ways we can improve our neighborhood through community participation. Stay aware of both good and bad things occurring and keep your families and property in tiptop shape! We have had an increase recently in theft of personal property. Items have been stolen or damaged due to thieves taking advantage when residents haven't kept things out of site and locked up.



Several cars on 210 corridors have been broken into with things being stolen from them. Even when your car is locked, potential for break in exists if it's left out of a protected area.

It's a good idea to keep window shades down at night or cover areas of the home that can be easily seen into from far away. It's been reported that a suspicious person had been looking in

windows in one of our neighboring communities. If you see something strange or out of the ordinary, CALL 911 IMMEDIATELY.

Another important safety measure is to use common sense in regard to your vehicle. Cars parked on both sides of the street make it hard for everyone to travel. Not only is it hard but also by doing so you could inhibit safety and ability to move in a life and death situation. People might not think of this - if a car is blocking a fire lane it's automatically ticketed. Police assume it will obstruct a rescue or fire truck from helping to a person in need. The easiest thing all of us can do to protect everyone is to drive at the speed limit and follow signs in the school zones. The Saint Johns County Sheriffs Department patrols the community and they report, on average writing more than 2-3 speeding tickets a day.

Pets are important too and we all want them safe. Many residents have reported seeing dogs being walked or running freely on the golf course. The golf course is not a dog park and the golf course owners will fine anyone for trespassing. Other wild animals are in the area too so if Fido or kitty are on the same turf with a Coyote, we might not want to see that outcome.

The South Hampton Security Committee team works to keep residents safe and secure. These articles are designed to keep current information accessible to all. Note: Paul Andruzzi is in need of members for the 2014 Security Committee. Please help by volunteering today! Contact Heather Hill, FirstService Residential Email heather.hill@fsresidential.com

Community Association Manager Message

By Tim Scholl

Happy April South Hampton Residents,

It makes me proud to see all the good that has been happening since January and I notice when residents put the community in high regard. Thank you South Hampton for doing a great job keeping things beautiful. As promised in my last note, I have been travelling the community sending violations to owners who haven't complied with maintenance of their yard and home. In my travels, I have noticed yards that need some TLC. Many homes have turf that will need replaced in the coming weeks. There are trees, shrubs, and gardens that need some attention too.

I also want to let folks know that parking on community grass is prohibited. There are irrigation lines that can be damaged. Please

DO NOT PARK on community grass or your own yard. Violations will be issued to those parking in these areas and we will have any cars towed from community grass areas at the owner expense.

IMPORTANT Trash Schedule Information

Tuesdays

Garbage pickup. These items can only go to the curb no more than 12 hours maximum prior to pick up. They must be bagged properly and stored in animal proof containers. Violations and fines will be issued for non-compliance.

Thursdays

Recyclable & yard waste pick-up. Garden and tree clippings or large household waste can only go to the curb no more than 12-24 hours maximum prior to recycle pick up. Please store these items in your garage or back yard until ready to move to the curb. Violations and fines will be issued for non-compliance.

Thank you again for your help

Tim Scholl

South Hampton Community Association Manager



February 4, 2014 HOA Meeting Notes:

Call to Order: The Board of Directors called to order this meeting on Tuesday, February 4, 2014 by Derek Cioffi at 5:35 p.m. at the South Hampton Golf Course clubhouse.

Roll Call: Present: Derek Cioffi (President), Dan Beasley (Vice President), Paul Lentine (Secretary), Larry Ingalls (Treasurer), Paul Andruzzi (Parliamentarian), Tim Scholl (Community Association Manager), Quorum established.

Approval of Previous Meeting Minutes: MOTION: Motion by Paul Lentine to approve the January 21, 2014 meeting notes. Dan seconded the motion. All in favor. Motion passed 5 – 0.

Manager's Report: presented by Tim Scholl

Re-Cap of the maintenance activities

- A. Light pole by the West entrance. The existing light pole that is not providing enough light located in the middle of the entrance is not FPL. At some point in the past one SH contractors installed it. Furthermore there is no way of telling how the light is being powered. FPL is suggesting that two poles with lights be installed on either side of the entrance. They are willing to provide all the material including the new lights if SH agrees to put in the conduit that FPL will furnish. Tim is getting a price from Liberty Electric. The plan is to install two new 150 w Metal Halide Fixtures that FPL will maintain. The other option is to try and replace the existing fixture with a new bigger fixture.
- B. Violations - All but 12 of the forty violations reported at the last meeting have been taken care of. Tim to follow up on the rest.
- C. Violations - the back yard of houses on the golf course are subject to the same rules as the fronts of all the houses in SH. FSR will start patrolling the backs of the houses on the golf course
- D. Pool leaks - Investigation/repairs being delayed due to the cold weather. The pool will be drained during the first or second week of February. This is weather dependent.
- E. Cypress Trees – the county does not want these trees cut down until we tell them where the new trees will be planted. We told the County the new trees would be planted once the new Amenity Center building is complete. This is not acceptable to them. This project is now on hold until a location for the new trees is decided on.
- F. Tim submitted a modification application to Paul L and the ARC for review.
- G. At the last board meeting a homeowner informed the board about a hydrant flush that occurred at Lynhurst and Landguard on Jan 13th that caused a soil washout. Tim did follow up with JEA and they said they did not cause it. If anyone has more information regarding this contact Tim Scholl
- H. Residences with any problems, issues or concerns should contact Tim Scholl. First Service Residential office number is (904) 733-3334, ext. 3733 and his email address is Tim.Scholl@fsresidential.com

Committee updates:

Architectural Committee Report: A total of six projects have been submitted and reviewed to date. Four were submitted to the board for approval and additional information has been requested on the other two.

	Address	Project	Submittal Date	Comments	ARC Review Date	Board Approval Date
1	411 N. Landguard Rd.	Pool, Spar & Deck	12/26/13	Resubmittal Requested Resubmittal Approved	1/25/14	2/4/14
2	2136 W Quay Rd.	Enclosure	12/20/13	Add. Info Requested	1/9/14	2/4/14
3	1258 Garrison Dr.	House Painting	12/20/13	Approved	1/9/14	Pending
4	2623 Turnbridge Ln.	Pool & Deck	12/17/13	Approved	1/9/14	2/4/14
5	1306 Garrison Dr.	Shed	1/13/14	Resubmittal Requested	1/20/14	Pending
6	2358 W. Clovelly Ln.	Solar for Pool	1/25/14	Add. Info Requested Resubmittal Approved	1/27/14	2/4/14

MOTION: Motion to accept above ARC recommendations by Derek Cioffi. Dan seconded the motion. All in favor. Motion passed 5 – 0.

Construction Committee Report: Brian Schulz provided an update on the General Contractor the Civil Engineering firm for the Amenity Center. After receiving proposals from several Civil Engineering Consultants, the Construction Committee recommended hiring EnVision Design + Engineering. They came highly recommended by both Brian Schulz and ELM. They were also the low bidder.

A Request for Proposal (RFP) was sent out to 10 General Contractors. The list was compiled from the Business Journal and discussed with Brian Schulz, ELM, and BB&T. Of the final list of 10, several were too busy to take on our project. The top four proposals included:

1. Auld & White Constructors



South Hampton News

HOA Meeting Notes continued from page 6

2. CPPI
3. Carlton Construction
4. The Hardy Group

After extensive conversation with all parties, the Construction Committee recommended to hire Auld & White as the General Contractors for the Amenity Center.

MOTION: Motion by Larry Ingalls to approve Auld and White as the General Contractors for the Amenity Center Project. Dan seconded the motion. All in favor. Motion passed 5 - 0.

MOTION: Motion by Larry Ingalls to approve EnVision as civil engineers for the Amenity Center Project. Paul Lentine seconded the motion. All in favor. Motion passed 5 - 0.

Clubhouse and Recreational Committee: Nothing reported.

Finance Committee: As of January 30th,

- 212 homes have not paid their January Assessments.
- 3 Homes are eligible to be sent to the attorney for collections.
- 45 Homes being handled by the attorney for collections of past assessments.
- 3 Homes in bankruptcy.
- Golf Club Committee:
- Nothing Reported. Keith Faunce will be chairing this committee. A total of four people have signed up for this committee.

Lakes - Landscaping Committee:

Kelly Papineau gave a brief overview of the Landscaping Request For Proposal and recommended that Austin Outdoor be awarded the contract. Austin was the low bidder and very qualified to do the work. Austin is expected to start work on or about March 6th.

Lakes/Landscape committee is in need of volunteers. Anyone interested should contact Tim Scholl.

MOTION: Motion by Derek to award the Landscaping contract to Austin Outdoors. Paul Andruzzi seconded the motion. All in favor. Motion passed 5 - 0.

Rules and Regulations Committee: Nothing reported

RV and Boat Storage Committee: There was an informal meeting of this new committee on Monday night, Feb. 3rd. Derek Cioffi, the committee chair has scheduled a meeting for Wednesday, Feb. 5th at 5:30 at the RV and Boat storage yard

Security Committee: Paul Andruzzi reported that one youth has admitted to doing the vandalism at the Amenity Center. The vandalism included damage to some doors and equipment in the ladies room and also threw chairs into the pool. The youth will be doing six hours of community service here at SH and will apologize to the board. The parent has agreed to pay for all damages.

All residences are reminded to report any suspicious activity by calling the Sheriffs Department's non emergency number: 904.834.8034. For emergencies call 911

Cameras in Community: The committee met with a contractor who submitted a proposal to install cameras at the entrances to SH. The \$8,000 proposal included eight high-resolution cameras. No further action to occur at this time.

St. John's Sheriff: more marked cars are patrolling our neighborhood.

Social Committee: The 2014 calendar year was discussed in regards to potential events for both families and adults. The lack of amenity facilities and lack in participation from residents to coordinate these events continues to be an issue. We anticipate and are hopeful that when our new facility is built the interest for such events will return.

Linda Bolger has volunteered to coordinate some really fun activities for children and families with the Golf Club. The first event will be a Pictionary night held on Saturday, March 1st. More details will be coming out via email blasts to the community so be on the lookout for that. If this event is a success, the plan would be to have one event like this for families on a monthly basis. The Social Committee is also going to partner with the Club this year to make the Easter Brunch an even BIGGER event with carnival type game stations and a bigger and better egg hunt for the children of the community. More details on that will be coming via the email blast and South Hampton Living.

If you have any questions regarding the Social Committee or how you can be part of the planning and fun, please email Heather Hill, our Lifestyles Director with First Service Residential at heather.hill@fsresidential.com.

South Hampton Living Magazine Committee: Kelly Papineau has agreed to be the Publisher/editor of this committee. She is asking for people to submit articles for the magazine. This is one of the main ways to communicate with South Hampton Residence.

Old Business: 1444 Tintern - Derek reported after reviewing all available documents the owner did receive the necessary approval from last year's Architectural Review Committee (ARC) to build the Recreation Building as well as a shed. The question was asked why did the ARC approve the building when the Board disapproved it. Derek explained that this board or this year's ARC was not involved therefore he could not answer that.

This year the ARC will review the applications and make a recommendation to the Board for their approval on all major project applications.

New Business: None

No other comments or questions.

MOTION: Derek made a motion to adjourn the meeting. Dan seconded the motion. All in favor. Meeting adjourned at 7:15 PM

Respectfully submitted,
Paul Lentine Secretary,
South Hampton HOA Board



Keep it Clean and End Pollution

You should be Committed for Life

By Inga Horton Brown

What would you say if someone asked: "Do you wash your car in your driveway"? If you do, you'd say yes, right. How about if he asked what you did with the soapy/oily water waste? You might say: "I let it run into the street and go into the sewer" like most of us probably would. But what if you knew better, and it seemed like the person asking was an environmental activist? Would you feel compelled to say something else? "I added the soapy/oily water waste to a special container designed specifically for home hazardous liquids removal, and took it to the water treatment plant." Right. Who has that level of commitment?

POP QUIZ ON BEER

To understand your level of commitment to reduce pollution, read the following quiz statements and answer true or false. First statement: "Sometimes I see a beer can in the bushes and I stop my car to pick it up. Later I put it in the recycling bin at home." If you answered true, put yourself at the high commitment level—The Pollution Proactive Squad if you will. Next statement, true or false: "Sometimes I see a beer can in the bushes and I speed up so it looks like a blurred object. Doing so helps me rationalize the blurry object as a bunny rabbit hiding Easter eggs." You didn't answer true, did you? Put yourself at the bottom level—on the I'm Using Excuses Not to Notice Team.

Quit the excuses team by replying to the original car wash question like this. "No, I did not wash my car myself in my driveway, thank you very much." Tell that environmental activist that it's better to use facilities specifically designed for such tasks, like an automatic car washer and services that the professionals offer at a car wash or detailing company. These facilities use less water, have EPA safety regulations, dispose of and recycle chemicals and its less work for you. Conversely, if the car is washed at home with chemical water waste flowing to the sewer, it directly washes to your local waterways. Ways like the Saint Johns River, Mill Creek, Trout Creek, Julington Creek and beyond.

THE FISH KNOCKED IT OVER

If you think it's too hard to practice good pollution reduction habits or you feel unmotivated to help, powerless to change, try this easy fix. Simply put the lid of the garbage can on securely every time you use it. A tight lid stays on and keeps wildlife from smelling the trash that deer, dogs, cats, birds, fish want to eat. (Maybe not fish, but if its in the water they will eat it.) When something knocks over the can and the lid is not on or loose, it spills, getting dragged into places where people live and play and it's not only unsightly but also unhealthy for all of us. Even the animals can get sick or seriously injured and die.

It's not fair to be apathetic but it is easy and if you like the phrase "don't sweat the small stuff", you may not like the next sentence. Small stuff (paying bills, doing homework, washing the car) or any daily task turns into big stuff when ignored for too long. The something big tends toward the something worse and its silly to assume someone else will keep things clean. Everyone has to prioritize, make time to deal with and be responsible for reducing pollution. For those who did not like that last statement, here is an alternate plan. Invite Mom over and tell her to take care of everything while you watch TV. Tell her you can't turn down the music or pick up the trash that spilled into the street after garbage day. If that does not work, call Grandma and tattle on Mom. Grandma can bring cupcakes, clean the garage (so cars can park in there) and then she can put Mom in time out for not doing it for us. Right? Grandma won't be coming over anytime soon.



LISTEN TO YOUR GRANDMA

Ignorance is bliss unless you are sleep deprived by the noise from the incessant barking at 3:00am. That's what Grandma calls noise pollution. More bliss comes when you end up late for work trying to maneuver around 65 cars parked in a neighbor's driveway/street/yard. Grandma calls that traffic pollution. Here is something equally fun, try getting there on time when a car is parked on the wrong side of the road, or at the bus stop with lots of kids around. Top it off with that car blocking the stop sign. Grandma just calls that crazy. Listen to your Grandma and prevent all types of pollution.

Please don't dump anything into the sewers because it causes wide spread water pollution. Prevent noise pollution and don't play or drive with loud music or mufflers at odd hours or in close proximity of your neighbor. Prevent vehicle pollution and park your car in the garage. Prevent garbage pollution and don't let stray trash linger. If you see it, pick it up. Appliances and hazardous materials are garbage that needs special attention and should not be left at the curb. Yard waste needs to be safely put to the curb with clean up of any remaining brush. Pollution comes in many forms and there are easy ways to take responsibility and stop contributing to pollution. It is within your control. Commit to end further pollution. You should be committed for life! 🌱

If you would like to suggest subject matter that is important to you and our surrounding community, please send submissions or ideas to: Heather Hill, SH Lifestyles Director at heather.hill@firstresidential.com or go to our website to find more information at: www.esouthhampton.com

Please get involved and send in ideas or articles. You are an important resident of the best community in North Florida, The Neighborhood of South Hampton.



Keep it Clean and End Pollution

Water Conservation

By Saint Johns County River Keepers

Water is one of the most vital resources on the planet. Humans, plants, and animals all need it to survive. As human activity increases through population, agriculture, and industry growth, so does our water use. Water conservation methods are needed to ensure that this important and defining feature of our planet remains abundant.

Why Conserve?

The majority of Earth is covered in water — so why do we need to conserve this resource? Although more than 70% of the Earth's surface is water, more than 96% is salt water we cannot use. The remaining 2.5% of Earth's water is fresh water, and it is distributed as follows:

More than half is locked up in permanent ice.

30% is held in groundwater.

Only a little over 1.3% is surface water, the main source of water for human use.

This means that out of all the water on Earth, we can only use about 0.01% (this increases to around 1% if you include groundwater).

Florida has a multitude of springs, rivers, and lakes however; our groundwater resources (mainly the Floridian Aquifer) sustain all the surface water. If we use water faster than the aquifer can be recharged through rainfall, we deplete our water resources.

Water Conservation Tips

We all need water for our plants, our animals, more, and ourselves but you can still minimize your water use. As a bonus, you'll find that reducing your water use can also lower your water bills.

Use these quick tips in your home and landscape:

- Find and fix leaks.
- Install low-flow toilets and showerheads.
- Run the dishwasher or clothes washer only when you have full loads.
- Water your lawn only if it needs it.
- Repair and calibrate your irrigation system.
- Follow Florida-Friendly Landscaping™ principles.

Don't forget that not only do we need enough water to use, but it also has to be clean water. Florida's Department of Environmental Protection has tips for keeping pollution out of our water.

Water Conservation Resources

Water conservation is going to be a hot issue for our society as the world's population continues to grow.

The following resources can provide more information:

- Your local county Extension office
- Florida-Friendly Landscaping™ Program
- Florida Water Management Districts
- EPA WaterSense®

Kids Can Do it

Kids seem to have a special connection to our earth. And they don't mind getting dirty or going out of their way to keep things clean either. What can kids do to help reduce pollution? A kid can do most anything that an adult can do. Except for handling dangerous substances and adults should not do that either without taking precaution. Ask your kid what they know about the current condition of our environment. Do they know of the effect we have on our own home, neighborhood and friends when we pollute. Some kids already know but more can be done.

Tips for Kids and Reducing Pollution

Here are a few ideas that parents can use to encourage children to protect our Earth.

- Recycle as much waste as you can
- If you have space, make a compost pile in your back yard, using waste food, such as vegetable peelings. Add dead leaves and plants
- Reduce and reuse, whenever possible
- Shop Green! Check out Earth safe items before you purchase
- By turning off lights, when not in use it not only saves energy cost but also uses less petroleum.
- Leave grass clippings on the lawn, not in bags in the trash. It's good for the lawn
- Don't play by or dump things into sewers or waterways
- Don't fish in ponds that are for collecting used water and retaining it, the water may contain chemicals and the fish help keep greenhouse effects down by eating algae
- Don't play with someone's lawn waste or brush left by the curb. These things are often sharp or have pesticides and chemicals on them



Walking the Dog

By Dan Beasley

Walking is good exercise and the entrance to South Hampton is an excellent place to walk. The entrance is a beautiful area for residents and guests with the Magnolia trees and the two ponds. We as owners are lucky to have such an entrance. I like walking with my dog. I like walking with her beside the pond on the sidewalk between Garrison and the pond. I also like walking along South Hampton Club Way and around/on the sports field adjacent the Amenity Center.

There is one aspect that I do not like. Unfortunately we have some residents who like to leave or throw trash on the sports field, around the basketball courts, and even along the streets when driving into or out of South Hampton. It is amazing to me how some people will throw the empty bottles, trash or paper bags in these areas with no regard for our neighborhood. Wouldn't it be wonderful if the people who toss this trash anywhere they like, would simply use the trash receptacles that are provided next to the basketball

court and next to the child's play yard? We have a maintenance man working for us in South Hampton who works five (5) days a week. As part of his normal routine, he picks up trash and that does help with this problem. However, imagine if all of our neighbors helped five days a week. The maintenance man we pay for would have more time to do maintenance and not trash picking.

When I walk my dog I carry a pooper-scooper for picking up my dog's waste. And if I do not have any dog waste, I will pick up some of the trash that is in my path. Recently, someone has been pulling and destroying the plastic dog waste pouches out of the dog pouch container that is provided for residence to use for picking dog waste. If this continues some people walking their dog may not be able to pick up their dogs waste.

I believe it is up to all of us to encourage everyone to pick up his or her own trash. I for one enjoy walking my dog and do not mind picking up my dog's waste. I just wish all of our guests and residents would show a little pride and put their waste in the trash receptacles. 🐾





Keep it Clean and End Pollution

Your Body is affected

By Florida Department of Environmental Protection

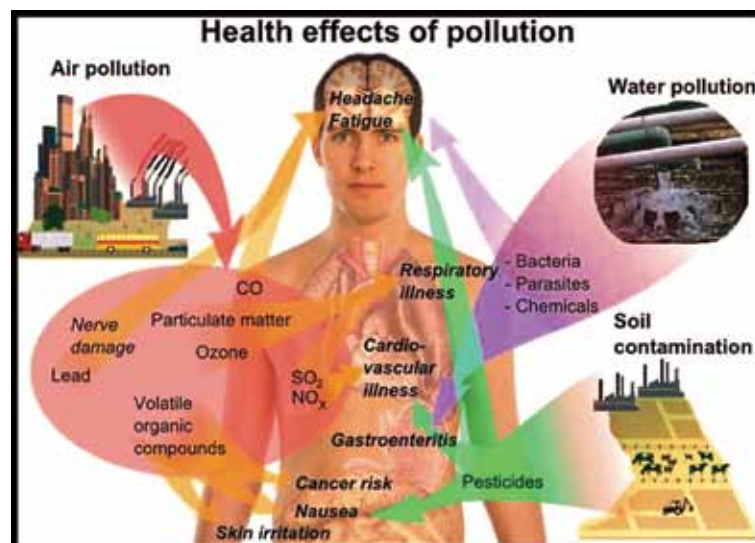
Many of us don't think about what happens in our bodies when we have daily exposure to pollutants. All are major organs are affected in various adverse ways. But you can control some of the polluted resources that go into our bodies. Drinking water is one of our most precious resources. By taking some simple steps in your home or community, you can play a part in protecting our drinking water sources.

Make it a point of duty

- Dispose of household and other chemicals properly. That is, don't pour chemicals on the ground or down the sink drain, toilet or storm drain.
- Take used motor oil to the recycling center.
- Use only recommended amounts of fertilizers and pesticides.
- Have your unused wells properly closed.
- Pump and inspect your septic tank regularly.
- Plant vegetation on bare spots of soil, particularly on slopes. This will prevent erosion and excessive runoff of sediments into nearby water bodies.
- Become involved in drinking water protection activities in your community.

Further Community Protection


There are a wide array of different source water protection methods to prevent contamination of their drinking water supplies. One option involves regulations, such as prohibiting or restricting land uses that may release contaminants in critical source water areas. Along with regulations, DEP encourages communities to hold local events and distribute information to educate and encourage citizens and businesses to recycle used oil, limit their use of pesticides, participate in watershed cleanup activities and other prevention activities. Another aspect of a source water protection program can be the purchase of land or creation of conservation easements to serve as a protection zone near the drinking water source. For an effective protection program, communities should consider using a variety of prevention measures.



Businesses Can Help Protect Drinking Water

The SWAPP assessments will provide essential information to help communities make better decisions on how to protect drinking water. Check to see if your business is located in a drinking water protection area and whether it is a potential source of pollution. If so, your local water supplier will help you to be sure you are taking the necessary precautions to protect drinking water.

Here are some tips that businesses can use to help protect the water supply:

- Train employees to reduce the use of toxic chemicals.
- Use the least hazardous chemicals available.
- Inspect vehicles regularly. Watch for leaks.
- Don't store chemicals on grass, use concrete or another impervious material.
- Cover chemical containers stored outside.
- Keep storage containers (both underground and above ground) in good working order.
- Don't discharge harmful substances or waste products into floor drains or sinks that lead onto or into the ground. 

MULTIPLE BARRIER APPROACH

DEP has created four major barriers to protect our source water from contamination.

Whether your tap water comes from surface or ground water, all drinking water sources are vulnerable to a variety of contaminants from a variety of activities. The origin of contaminants might be in your neighborhood or many miles away. When rain falls, it picks up and carries away pollutants, depositing them into lakes, rivers, wetlands, and coastal and even underground sources of drinking water. Because we know these activities have the potential to contaminate the source of our drinking water, we have created four major barriers to protect our source water from contamination. Preventing pollution is critical to protecting drinking water from contamination and reducing the need for costly treatment. Community involvement and individual action is key to providing a safe supply of drinking water.

Risk Prevention Barrier

The best way to protect drinking water is to keep contaminants from entering source water. Multiple federal, state, and local laws, programs and individual actions help communities identify the sources of drinking water and potential threats. This work enables communities to take appropriate steps to protect the watershed.

Risk Management Barrier

The public water system is the first line of defense to reduce or eliminate contaminants in source water. The Safe Drinking Water Act, which regulates these systems, develops standards and guidance to help them reach the goal of providing safe and reliable drinking water. They must collect and treat water, hire trained and qualified operators and have an emergency response plan in case of natural disaster or terrorist attack.

Risk Monitoring and Compliance Barrier

Dealing effectively with risks to drinking water requires constant evaluation of the water quality. Water is monitored at the source; at the treatment plant, after it has been treated and disinfected; at the distribution system, which delivers water through pumps and pipes to your home; and in some cases, at the consumer's tap. If systems have difficulty meeting regulations and providing safe, reliable drinking water, assistance can be provided to help them. If all this fails, enforcement action can be taken against the system.

Individual Action Barrier

Constant vigilance to protect water before it becomes your drinking water is essential and involves all of us. An informed, involved and supportive public is the foundation of drinking water protection. What we do in the watershed can directly impact the quality of water that arrives at the treatment plant. The more you know about drinking water, the better equipped you are to help protect it.



Social Committee Report

By Jacci Easterling

Kids Rule!

What a blast! The kids had their own night out! South Hamptons first ever... kids Pictionary competition held at the Golf Club. All ages enjoyed food prizes and fun! Thank you to Linda Bolger and all of the South Hampton Social Committee for making sure all of our residents (even the kids) get what they deserve. Fun!

The South Hampton Social Committee is proud to announce the upcoming activities and events for 2014! The South Hampton Golf Club management has graciously assisted with the coordination of these events. Mark your calendar for the following events: (more details to come as the dates draw closer)

- April 12th: Egg Hunt with Donuts & Coffee (Soccer Field)
- Rain date: April 19th
- May/June: Family fun event (TBA)
- June 24th: Adult BINGO (Golf Club) Lots of prizes
- July/August: Movie Night (TBA)
- September: Family fun event (TBA)
- September 20th: Themed Adult Event (Theme TBA)
- November: Adult BINGO (Golf Club)
- December: Brunch With Santa (Golf Club)

Your HOA at work, your participation is greatly appreciated!
Social Committee: Jacci Easterling, Tina Perez, Linda Bolger, Kara Heldenbrand, Eileen Cress, Danielle Jennings

NOTES FROM OUR LAST MEETING

Social Committee Kick off meeting Monday, February 3rd 6pm at the Golf Club

In attendance: Jacci Easterling-Committee Co-Chair. Tina Perez-Committee Co-Chair Kara Heldenbrand-Resident Volunteer, Linda Bolger-Resident Volunteer, Paul Lentine-HOA Board member, Heather Hill-Lifestyle Director, FirstService Residential

The 2014 calendar year was discussed in regard to potential events for both families and adults. The lack of amenity facilities and lack in participation from residents to coordinate these events continues to be an issue. We anticipate and are hopeful that when our new facility is built the interest for such events will return.

Tina and Jacci are planning to coordinate an adult function in September that will be held up at the Golf Club. More details and the theme will be determined at a later date.

Linda Bolger has volunteered to coordinate some really fun activities for children and families with the Golf Club. If this event is a success, the plan would be to have one event like this for families on a monthly basis. The Social Committee is also going to partner with the Club this year to make the Easter Brunch an even BIGGER event with carnival type game stations and a bigger and better egg hunt for the children of the community. 🍪

Please contact Heather Hill at Heather.Hill@fsresidential.com if you are interested in being part of the 2014 Social Committee! or go to our website to find more information at: www.esouthhampton.com



Landscapes Committee Report

Submitted by Kelly Papineau, Landscape Committee Chair

The GREAT NEWS is we have a new company to service our most important investment. The beautiful grounds of South Hampton will now be supported by the professionals at Austin Outdoor Landscaping Company. We listened to the neighbors of South Hampton and took action. Get ready for new improved beautiful landscape that you asked for.

The following recommendation was submitted to the board for vote, due to owner complaints with current contractor and that the property suffers from years of neglect and deferred maintenance.

History

November 2013, the landscape committee sent out an request for proposal (RFP) document to seven qualified landscape contractor prospects. Most were selected having verified qualifications, affiliations, certifications from the following industry associations: FNCLA (Florida Nursery, Growers and Landscape Associates) PLANET (Professional Land care Association) Certified Pest Control Operation-Lawn & Ornamental, and University of Florida Best Management Practices Certification.

Discovery

The RFP document contained bid specifics including three option scenarios formatted with three differing parameters to discover/outline-needed details.

Contractors were asked to submit bids formatted to Option A, B, and C specs and provide cost breakdowns. Contractors were invited to recommend additional details and services based their optional site visit. The committee evaluated all bids with exacting criteria. By process of elimination, three bidders were chosen for final consideration as the lowest and best-qualified proposals. Competing contractors were evaluated on:

1. Price
2. Quality
3. Reputation
4. Service/staff
5. Experience
6. Expertise
7. Value

Contractors had differing service levels, such as number of scheduled mowing, trimmings, fertilizations, tree pruning, shrub and bush maintenance, mulch applications, planting of flowers, reporting, inspections and more. The committee asked for value-added services to be included, such as; aeration, over-seeding and pest/insect control. Some contractor's provided feedback after site inspections. Noted:

- Bermuda turf - fair to rough condition throughout the property
- Current mowing practices - questionable need refinement
- Weeds - rampant in all areas
- Fungus/disease activity observed
- Water/irrigation management - questionable in many areas
- Current conditions merit many months of work before community shows improvement

RECOMMENDATION

Committee recommends to the Board of Directors for the SHHOA, Inc. to contract with Austin Outdoor to service South Hampton landscaping needs in 2014

RATIONALE

- Lowest price for best option (B) from three finalist
- (Contractor B \$3,573 higher and Contractor C \$32,409 higher)
- Lowest cost for additional services
- (Contractor B \$2,570 higher and Contractor C \$20,711 higher)
- 8.3% (\$12,518) under 2014 budget including Additional Service
- Top fleet equipment and readiness
- Highly qualified and educated employees using on-going professional development strategy
- Safety high priority
- Thorough, professional proposal package; comprehensive and inclusive of certificates, insurance, sunbiz.org annual report, licenses, resumes, line items
- Face to face meeting (Austin Outdoor corporate office) was professional appearance of facility and staff very clean and well organized
- Proactive communication policy
- Accountability: provide monthly progress reports, attend board meetings included in monthly fee
- Value-Added Benefits
- \$7,500 credit redeemable for additional services/ projects in 2014 season
- \$7,500 credit redeemable additionally if contract renewed
- Statement: No price increase to have renewal in 2015 season
- Landscape Architect design services provided no charge
- Agronomist service provided no charge
- Repair/replace up to 20 broken sprinkler heads per month no charge
- 96% customer renewal
- Proven Reputation
- Clients list include; Florida Blue Corporate Office, Severn Trent Services at their Fleming Island Plantation CDD, Six Mile Creek/King and Bear and Julington Creek Plantation
- Several industry awards recognized state-wide and nationally for achievement and quality
- Staff readied and committed to presenting South Hampton as best in class

Austin Outdoor's Company Mission Statement

Austin Outdoor is a horticultural organization dedicated to creating, building, and maintaining sustainable landscapes. Through our knowledgeable professionals and innovative approach, we provide a wide range of services that enhance client's investments and improve the quality of life. ☞





IT IS TIME FOR YOU TO GET INVOLVED!

THESE COMMITTEES ARE LOOKING FOR VOLUNTEERS:

Clubhouse and Recreational

This committee gives ideas and opinions to the Board on all aspects of our amenities. This committee needs a Chairperson.

RV and Boat Storage

This NEW committee is looking for a few good men and women to provide feedback as it relates to this community amenity that is in high demand.

Security

This committee is looking for some more EYES AND EARS for the community at large. Very little time is required to be a part of this committee but it is crucial that we have a broad range of members as it pertains to their homes location in South Hampton.

Social

Along with ideas, this committee needs willing participants to coordinate and CHAIR events throughout the year.

South Hampton Living

Contributors wanted who are capable of gathering or writing articles from the residents, schools, and businesses in our community to keep our newsletter relevant to South Hampton and an interesting read.

IF YOU WOULD LIKE TO BE PART OF ONE OR MORE OF THESE COMMITTEES PLEASE EMAIL HEATHER HILL AT Heather.Hill@fsresidential.com.



Thursday Nights

7:00pm to 9:00pm

Dinner

6:00pm to 8:00pm

**Food, Fun and Facts!
Open to the Public!**



THE FUN FACTOR is in town

Reviews, Popular Opinion; Goods, Services, Culture of the South Hampton area

What is your favorite

OKAY! So did everyone vote on the website???
What are we talking about, you say?

Well, it just so happens that the March issue of South Hampton Living started our newest column, the fun factor. It's about our town and the best that CR210 (and beyond) has to offer. These are the cultural happenings, goods and services being offered to you and now being rated by you! Yes you, the stars of CR210, and the residents of South Hampton Neighborhood Association. Each month we have restaurant reviews, opinions of events or topics that concern you and a chance to vote on your favorites. The things you like most about living here. This is your big chance to submit a review of something you care about. Send reviews or ideas of topics to Heather Hill, our community lifestyle director, at First Service Residential email Heather.Hill@fsresidential.com. Don't miss your opportunity and the chance to contribute or get more information on this great place we call home.

Results are in!

Last Months Community Survey Question: "What is your favorite place for pizza?"

And the winner is...

BENITOS PIZZA!

Congratulations Benito's and thank you to all that participated.

By the way, someone's vote for favorite pizza was from a place called Gil's Piazza in Baltimore, Md. That is wonderful. But we are talking about places closer to your home in Saint Augustine Florida.

This months April survey question is: What is your #1 favorite Place to Shop for Groceries?

Look for the results to the question in our next printing of South Hampton Living. Or to get the insider scoop, find it first on our website. The survey is meant to be unscientific and mostly just for fun. Look for the "Vote For Your Favorite" button - there you will find a question and a place to write in an answer. The answers that have the most votes will show up in the newsletter in this section. Community members will have the opportunity to interact via our web site and vote on their favorite best of-s: "Best Pre K ", "Best Surf Shop" ... you get the idea. The topics will change each month.

February/March Restaurant Review

Best = 4 stars **** Worst = 1 star *

Restaurants are judged on: Location, Atmosphere, Cleanliness, Service, Taste or Quality of Food, Price

The Julington Creek Fish Camp

Type: Casual Dining Local Flavors

Size: Mid to Large Size Restaurant in a Marina setting on the water

Where: Julington Creek, Holiday Marina, CR13, (across from Metro Diner)

Outer Appearance: Bright new, clean, easy to see looking past boats

The description:

Open for Lunch and Dinner, this is a great place for family and for grown ups of all ages. There are some TVs in here but it's really all about the view. Windows reveal the marina, boats, bridge, water and outdoor patio and every table has a view. It has a full service bar located opposite the marina side but one negative was it did not face the windows. The Julington Creek Fish Camp restaurant has another area for dinner downstairs named the Oar House as well as alfresco dining. We assumed it could be rented for parties or groups but check with the manager if you are interested.

Review Specifics:

Location: =***


Beautiful views of water, boats and good for South Hampton residents who don't want to drive too far. Accessible to find and park (they offer valet), however our guests noted they would prefer a different method to enter. It seems to pop up immediately after crossing the Julington Creek Bridge.

Atmosphere: =***

Pretty much nailed the low country cottage theme. Nice high ceilings with beams. Colors are muted but bright and fresh; whites, greens, blues. It feels connected to locals; it portrays the history of the area all around, inside and out. The finishes include old pictures of orange groves in mandarin and people fishing off piers 100 years ago. We saw framed historical documents and beautiful water color paintings of the area also hung. Another nice feature was the rustic fishing gear placed throughout. One big negative was it was very crowded soon after we got there. Good tip: Get there early and or make a reservation.

Cleanliness: ****

This place is clean. The bathrooms, tables, chairs, windows all of



it was clean. Even the landscaping was good.

Service: **

We arrived for an early lunch around 11:15am and despite us being only 4 of a few guest already there, it took a long time for us to be seated. The two hostesses were preoccupied with taking phone reservations and we could not get a booth (even though there was vacancies) because they were reserved. The windows were next to where they seated us but the table was very small. Too small and it was packed in with another table next to us that was small even for 2 diners. Our waitress was good. She knew her food and specials and could recommend and describe what we might like with confidence. She was attentive and knew just when to show up. They had others come and go to bring plates and food too. We were only there an hour but it went fast and it got VERY crowded, VERY fast.

Taste or Quality of Food: =****

We did not have children with us for lunch, but there was a menu that had fine (mostly fish) selections for kids. The main menu was a manageable size, and it had basically the same for lunch and dinner. But there were so many good specials to choose from as our waitress described them. It would have been better for us to have a print out of them after she left so we could remember. We had the Buttermilk Pan Fried Chicken Breast with Grits, Collard Greens & Tasso Gravy, and the Clam Strips Basket, Baja Style Fish Tacos with Tomato Salsa Fresca, Fried Green Tomatoes and Shrimp Roll with Old Bay Fries. We all agreed the collard greens could have been better with vinegar.

Price: ***

Fair pricing for everything.

Overall Recommendation = ****



South Hampton April Garden Notes

Lettuce Introduce the Greens

How to Grow Lettuce and Popular Salad Greens

By Marianne Lipanovich

Leaf, butterhead, crisphead or romaine — lettuce is best harvested in the cool weather of spring and fall is more than the iceberg variety of diner dinner salads. In fact, even iceberg lettuce (also known as crisphead) is no longer that familiar. The lettuce family is huge and rapidly growing. Lettuce itself is still a standard for salads, but it can also be added to sandwiches, used as a wrap for a filling or cooked. (Look for darker leaves to get the most nutrition out of the leaves.) And despite its prevalence in summer salads, it is a true cool-season crop.



Planting and care:

Sow seeds in rows about 1/8 to 1/4 inch deep or by broadcasting; cover lightly with soil. Thin leaf lettuces to about 1/4 to 3/4 of a foot apart. Butterhead and romaine lettuces should be 6 to 8 inches apart. Crispheads need the most space; allow at least a foot.

Fertilize the soil when you plant and about a month and a half later. Keep the soil consistently moist and weed carefully around the plants. Pests and diseases are usually not a problem, but some of the usual suspects aphids, leaf miners, snails, mildew and wilt — as well as birds, deer and rabbits can make inroads on your crop.

Lettuces are generally divided into four different types:

Leaf lettuces are easy to grow and quick to mature; you may have greens as early as a month after planting. They're also pretty in the garden, with leaves ranging in color from bronze to red to dark green. Butterhead lettuces are small and cream colored, with a delicate flavor. Romaine varieties are upright rather than round and spreading. Crisphead lettuces are the familiar iceberg varieties and Batavian lettuces, which resemble a blend of iceberg and leaf lettuces. They tolerate heat the best, but iceberg varieties in particular can bolt quickly. Within all of these groups, there are different rates of maturity and levels of heat tolerance. Look for lettuces that will do well in your climate.

1. **Batavian:** Cherokee, Nevada, and Sierra
2. **Butterhead:** Bibb, Buttercrunch, Deer's Tongue, Marvel of Four Seasons, Rouge d'Hiver, Sangria, Tom Thumb, Winter Marvel
3. **Romaine:** Blushed Butter Cos, Crisp Mint, Little Gem (a dwarf variety), Parris Island, Parris White
4. **Crisphead:** Great Lakes, Red Iceberg, Reine de Glace, Summertime
5. **Leaf:** Australian Yellow, Black Seeded Simpson, Lolla Rossa, Oak Leaf, Red Sails, Red Salad Bowl, Salad Bowl

Harvest:

Though you usually see heads of lettuce for sale in groceries and at markets, you can harvest individual leaves of leaf, romaine and Batavian lettuces. In fact, a common method is to sow a mix of these seeds, allow them to grow, then cut leaves off about 1/2 inch above the crown. They'll quickly regenerate, and you'll have an ongoing source for lettuce. You can also eat the thinning and young leaves of butterhead and iceberg lettuce, then wait until the entire head forms and harvest the entire plant.

How to Grow Salad Greens

From arugula to radicchio, greens have taken a top spot on the table and in fall and winter gardens. See how to start growing them now greens have been edging lettuce out of the culinary spotlight for some time, finding a place not only in everyday salads but also in sandwiches and main dishes. The good news is that while they may still be a little expensive in the grocery store or at the farmer's market, they're easy to grow and long lasting in the cool-season garden.

These greens are great in the garden proper, but they also grow very well in containers. Consider planting a mix, both for color and for variety. If you do grow several different greens in a single

What to Plant in April

Annuals: New varieties of coleus do well in sun or shade and provide vivid colors and patterns for months. This is an ideal time to plant many bulbs. Consider planting blood lily, caladium, or cannas. Louisiana iris makes a beautiful cut flower and thrives in most soil types although they prefer moist soils with a high organic matter content. It's a good time to plant heat-loving herbs, including basil, oregano, sage, Mexican tarragon, and rosemary. Vegetables: Continue planting warm season crops. And plant okra and cucumber. Use a large amount of Mulch to prevent weeds and provide irrigation if rainfall is lacking.

What to Do in April

Pests: Monitor landscape plants weekly for aphids on tender new growth. Divide perennials and bulbs. Divide clumps of bulbs, ornamental grasses, or herbaceous perennials to expand or rejuvenate garden beds or to pass-along to friends.

Lawn Problems: Many cultural lawn problems such as lack of water mimic insect damage. Insects are causing check the damage making sure it before applying a pesticide. Shrubs: Planting season is here and there are a wide variety of shrubs that can be added to the landscape now. Trees: Many beautiful trees are in bloom. Consider planting fringe tree, Carolina Silver bell, or redbud. Fertilize lawns. Apply fertilizer no sooner than mid-April

after new growth has started. Choose one with no or very little phosphorus unless a soil test indicates a need for it. A fertilizer containing slow release nitrogen will give longer lasting results.

What to Do Every Month

Adjust irrigation based on rainfall.

Deadhead flowers to encourage new blooms.

Monitor the garden for insects and disease.

Plant trees, shrubs, and perennials and water until established.

Mow lawns at recommended heights:

- St. Augustine & Bahia: 3-4"
- Centipede: 1.5-2.0"
- Dwarf St. Augustine: 2.5"

container, let them crowd together and don't worry about spacing.

Popular Salad Greens

Arugula also called roquette or rocket is one of the premier greens. Its peppery taste adds a tangy flavor to a sandwich. Because of its sharpness, it's often mixed with lettuce in a garden salad or packaged with other greens as part of a mesclun mix. If left on its own to grow, it can easily reach 3 feet high, but you'll want to pick the greens early for the best taste. It's generally sold simply as arugula, but you may also find varieties labeled Apollo, Astro and Sylvestra.

The chicories comprise a large component of salad greens, but some are more popular than others with home gardeners. Leaf chicory, which includes both red and green varieties, is grown like leaf lettuce. Favorites include Sweet Trieste.

Endive is technically another chicory. It's also known as frisée, a fitting name considering the often frilly leaves. It can be grown like leaf lettuce. Favorites include Frizz E., Galla Frisée, Tres Fine Maraichere, Salad King and Totem. Escarole, which is often grouped with endive, has broader leaves and a white center. Broadleaf Batavian, Coral and Natacha are favorites.

Radicchio is defined by its well-formed head that generally turns a distinctive dark, almost maroon, red. Favorites include Castelfranco, Chioggia, Giulio, Red Verona, Rossana and Treviso.

Mustard greens, as befits the name, are the hottest of the common salad greens. Within this broad category, you'll find several options; mizuna is one of the most familiar. Mustard greens come in a range of sizes, from low growing to tall; colors, from light green to red to purple; and leaf shapes, from small, cupped and crinkly to broad and smooth. Favorites include Florida Broadleaf, Garnet Giant, Giant Curled, Golden Frills, Golden-Streaked Mizuna, Green Wave, Osaka Purple, Purple Wave, Red Giant, Ruby Streak (a mizuna), Savanna Southern, Tatsui and Tendergreen.

When to plant: Fall to winter (in mild-winter climates); early spring elsewhere. Radicchio is best when sown in mid to late summer, though some slow-bolt varieties can be sown in spring.

Days to maturity:

25 to 40 (arugula, leaf chicory);

35 to 65 (mustard greens);

65 to 90 (endive, escarole); up to 90 (radicchio)

Light requirement: Full sun to partial shade

Water requirement: Regular

Planting and care: Sow arugula seeds 1/2 inch deep and 2 inches apart or scatter them over a garden bed. Add a complete fertilizer at planting time. Once the seedlings have developed at least four leaves, thin to 6 inches apart. (You can eat the thinnings.) Keep the soil moist and free of weeds. Arugula reseeds freely and is fairly resistant to pests.

Sow leaf chicory about 1/4 inch deep and 2 inches apart; thin to 6 to 8 inches apart. You can also scatter seeds over a garden bed. Cover with a fine layer of soil and keep moist until seedlings form. Continue to supply regular water and keep the bed weed free. Pests include slugs and snails, aphids, cabbage loopers, cutworms, flea beetles, leafhoppers and leaf miners; downy mildew and fusarium wilt are

Yard of the Month



Congratulations to **Leon and Cheri Moberg of 645 Pelham Road** for being selected for the Yard of the Month.

possible diseases.

Sow endive and escarole as you would leaf lettuce or leaf chicory. Thin to 1/2 to 1 foot apart. They will last into warm weather but may become even more bitter. Blanch them for two to three weeks by tying the outer leaves around the center. Don't let the leaves get wet during this period.

Radicchio is best started in mid or late summer. Thin from 8 inches to 1 foot apart. Heads will begin to form as the plants reach maturity; if they don't, harvest the leaves and see if a head will form.

Mustard greens like fertile and well-drained soil, and do best if you don't plant them where cabbage crops have grown. Sow seeds 1/4 inch deep and 1 to 2 inches apart. Keep the soil moist, and when the plants reach between 4 and 5 inches high, thin them to 4 to 6 inches apart. (You can eat the thinnings.) Leave more space if you want to grow plants to their mature size before harvesting. Keep the soil moist and weed regularly. The only pest problems may be aphids, cabbage loopers and flea beetles. Downy mildew might also be a problem.

Sow arugula, baby mustards, escarole and endive every two weeks to ensure a continual crop until weather causes the plant to bolt or die back.

Harvest: It's best to harvest arugula 25 to 40 days after sowing seeds, before the leaves get too large and bitter. Remove the entire plant while the leaves are young. You can also harvest just the leaves from the center of the plant to encourage a second crop.

Pull individual chicory leaves from the outside of the plant or pull up the entire plant. You can remove the outer leaves of endive and escarole for a continuous harvest or simply harvest the entire plant.

Harvest radicchio when the heads are full. In warm-winter climates, cut 1 to 2 inches above the soil level; plants may regrow.

Harvest mustard greens by cutting off the leaves and leaving the stems or by removing the outer leaves once they reach 6 to 8 inches long. You can also pull up the entire plant.

"Cut and come again" harvest methods work well for arugula, endive, escarole and many mustard greens. Simply cut off the tops of all the leaves about an inch above the center and wait for more leaves to grow. ❧



Ideas for Better Living

Saving the Daylight

By Megan Williams, MPH

Although daylight saving time has already begun, morning and evening light haven't caught up yet. For runners, walkers and bikers the dim light of early spring and winter mornings and evenings can be a potentially dangerous time.

Recently while driving to work around 6 am, I encountered runners and walkers in the street, wearing dark clothing with nothing reflective and no lighting of any kind. Since I couldn't see these people until I was very close, I was alarmed at how little time I had to react and move over. If someone were distracted while driving, the short reaction time could result in serious injury for the exerciser.

South Hampton is active with exercisers at all times of the day, and as a runner myself, I want to stay safe, and know that my neighbors are. Remember that even though we live in a low traffic neighborhood with low speed limits, exercising in the dark still puts you at risk.

Here are a few tips for safety:

1. **Carry a Light:** It's easy to find a small handheld or wearable light made for runners and bikers. A small steady or flashing light makes you visible to drivers and easy to spot from far away.

2. **Wear Brightly Colored Clothing and Reflective Gear:** Make yourself highly visible with neon clothing and reflectors. Running shirts and pants now come with a small section reflective material on them, but if you regularly exercise in the early or late hours, invest in a reflective belt or vest.
3. **Exercise with a Buddy:** A partner is a second set of eyes to any dangers around you, and can act if something were to happen, and makes it enjoyable!
4. **Stay on the Sidewalk or Hug the Curb:** If possible, exercise on the sidewalk. When running with a partner, run in a line or stay close to the curb if you are in the road. At even small turns in the road, the dim light makes it hard to spot people in the street. Stay safe by keeping as out of the way as possible.
5. **Remember that the Same Rules apply to your Pet:** Keep your pet safe by purchasing reflective collars and leashes before they head out in the dark with you. Keep them close to your side and out of the road so they can stay fit and healthy too!
6. **Above All, Be Alert and Pay Attention to your Surroundings:** Be a responsible exerciser and do everything in your power to stay safe. And remember to be on the lookout when you're driving to keep our neighborhood safe and healthy for everyone! 🚗

***You can purchase lights, reflective gear and neon exercise clothes online, or pick one up at any of the local running or sporting stores.**

South Hampton Newsletter Committee Report

Calling all College Journalism Students!

Your participation in our community will help your dream of being a journalist and writer become a reality! Join the South Hampton Living Newsletter Committee.

As a volunteer contributor you will: write articles, plan content and learn valuable skills to add to your graduation portfolio.

Having your work published and distributed is a HUGE reason to volunteer. By doing this it will give you validated practical experience, to use on a resume. Employers look someone who is a go-getter; the student with initiative gets the job! What better way to reel in that job interview than to have a winning resume?

Move Your Career in the Right Direction!

Don't miss one of the best opportunities presented to you this year!

PLEASE EMAIL HEATHER HILL AT Heather.Hill@fsresidential.com for details on how you can participate.

Newcomers of North St. Johns County

By Mona Jensen

450th Anniversary Celebration

Newcomers of North Saint Johns (NNSJ) will hold its April luncheon meeting on Tuesday, April 15, 11:00 am at Bonefish Grill in Mandarin, located at 10950 San Jose Boulevard, Jacksonville, FL. Please join us.

The program speaker will be Mr. Charlie Seraphin, Marketing Strategist for the Anniversary Celebration. He will provide an overview of St. Augustine's founding and events leading up to the 2015 anniversary. He will bring handouts of the events planned for the year.

The menu will include a Bang Bang Shrimp appetizer, salad, choice of Lily's Chicken or Grilled Tilapia, garlic whipped potatoes, and macadamia nut brownie for dessert. A cash bar will be available and door prizes and raffles will be offered.

The total cost is \$23.00, including tax and tip. Reserve early since space is limited. The first 100 reservations will be accepted. All reservations must be received by April 7, no refunds. Please address checks to NNSJ, indicate your menu choice and mail to Susan Ott, 1000 Inverness Drive, St. Augustine, FL 32092.

Become a Member!

NNSJ invites any resident of North St. Johns County who has moved here recently, is experiencing a life change or just wants to become acquainted with some new friends. We offer a wide variety of activities for you to get acquainted and have fun, including lunch groups, wine socials, golf, Mah Jongg, holiday parties, day trips, and cultural activities. If you are interested in NNSJ membership information or to request a newsletter about other upcoming events, contact Sue Aird at sjaird@comcast.net. 🏠



Helping Hands of St. Johns County

By Jackie Valyou

Easter Egg Hunt

Helping Hands of St. Johns County will meet on Friday, March 28th at 11AM at Faith Community Church on CR210 next to Cimarrone. The "Rippers" will meet at 10AM. They are still retrofitting clothing for our wounded men and women who fought for our country and have been wounded and are in military hospitals. This project is under the umbrella of Sew Much Comfort a national organization.

This month's project will be preparation for the Easter Egg Hunt for Special Needs Children in County. This free event will take place on Saturday, April 12th from 10-2 at Faith Community Church Community Center and will be held indoors. Wheelchair accessible. Last year's event was a huge success and Helping Hands members are looking forward to welcoming the children again. There will be an Adopt a Bunny station, Easter Egg Hunt, Crafts for Kids, and prizes for everyone attending. First Florida Credit Union will have popcorn stand, and food and refreshments will be available free of charge. Any child is welcome to attend. Troop 280 Boy Scouts have constructed elevated bunny houses and Easter Egg hiding places so the children have easy access to the goodies. Troop 280 has been very helpful and helped tremendously with the garage sale for 16yr old, Alex Fast who was in need of a liver transplant. This young man received his liver transplant on February 5th in Pittsburgh and is recovering there. We are grateful to the family who gave this most precious gift of organ donation.

A February's meeting, the group filled Birthday Bags for area children in need. At each meeting, members were asked to bring a gift for a deserving child who shared their birthday month. Through a large donation of toys, books, games from an anonymous donor, the group was able to fill 56 gift bags so a parent could give their child a gift on their birthday. Donations of any NEW toys, books etc will be gladly accepted contact jacqphil@aol.com for more information.

The group continues to meet on Tuesdays at First Florida at 10AM-12 to work on items for craft fair to be held in early fall, with proceeds to benefit K'9s for Warriors which matches, provides and trains a dog to help a returning soldier suffering from PTSD or TBI's. This wonderful organization has been nationally recognized for its work. Soldiers and dog get to know one another over a 3 week period of training in Ponte Vedra. 95% of the dogs that are trained are from rescue shelters. Anyone is welcome to come to help, all supplies are provided and the group has come up with beautiful, innovative items to sell.

Helping Hands is a volunteer group that meets last Friday of the month to do a small project to benefit the community. There are no dues, officers or stress, members come when they can and do what they can to help others. The group relies solely on donations of goods and services. membership is always open. contact jacqphil@aol.com for more information.

Helping Hands is a volunteer organization that has no dues, officers or stress. Members come when they can and do what they can with what is donated. The group relies solely on donations of goods and services from the community. Membership is always open contact us for more information.

161

Fishing In Retention Ponds

By Charles Aquatics Company

The South Hampton Homeowners Association has posted signs around each of the retention ponds in South Hampton stating that fishing in these ponds prohibited. The ponds in our neighborhood were designed as part of the storm water system. They also serve as an aesthetically pleasing addition to the community, but their primary purpose is as a replacement for wetlands and to control storm water runoff, ultimately protecting our natural lakes and rivers and drinking water.

When storm water runoff flows into a retention pond, it traps sediment and pollutants from yards and roadways such as bacteria, heavy metals, fertilizers, pet waste, petroleum products, and more in the bottom of the pond. These pollutants are not safe for human or animal consumption or contact. The St. Johns River Water Management District states that these types of ponds are not designed for recreational activities such as boating, swimming or fishing.

The Homeowners Association pays to have grass carp placed in retention ponds as a biological approach to aquatic weed control. The Florida Fish and Wildlife Commission oversees the placement and permitting of these type of fish. These carp should not be fished even as catch and release, as it is unlawful to harm or remove these types of fish. Catch and release can ultimately cause harm to the carp and other types of fish, which may be in the ponds, and because one cannot pre-determine which type of fish will be caught, all fishing has been prohibited.

In summary, "No Fishing" signs have been posted because: Fishing causes harm to the fish. This eventually harms the quality of the water in the pond and causes the community more money to replace the fish and restore the ponds to a healthy level.

The Homeowners Association asks that all residents abide by the posted "No Fishing" rules to help keep our ponds healthy and help keep our HOA fees low.



Don't Forget!

The Spring Community Garage Sale is April 19



Easter Brunch

Sunday, April 20th

Brunch: 11:00am to 2:00pm Egg Hunt: 1:00pm

Join us for some great food, and a special appearance by The Easter Bunny!



Brunch Buffet Selections

Spring Mix of Fresh Greens / Caesar Salad / Potato Salad / Fresh Fruit

Omelet Station / Waffle Station / Applewood Smoked Bacon

Sausage / Hash Browns / Grits / Biscuits & Gravy

Honey Glazed Ham / Roast Beef with Creamy Horseradish

Margarita Lime Sauce Chicken / Tilapia Francese / Green Beans & Corn

Oven Roasted New Potatoes / Assortment of Fresh Breads, Rolls & Muffins

Grand Dessert Display / Coffee & Juice

Adults: \$16.95 / Children: \$7.95 (ages 4 to 11)

Children 3 and under Free

(prices are per person, and do not include tax or gratuity)

Reservations are required for this Special Event!

904.230.8463